

# Syllabi

Community and Human Services (Undergraduate Courses)

Rikkyo University

Course Title	Seminar in Wellness as Human Service		
Instructor	Kiji Masahiko/Nigorikawa Takashi		
Semester	Summer Session	Credit	2 Credits
Course Number	CMX1300	Language	Japanese

# Course Objectives

The "healing" experience in today's stressful society is a very important element in considering the improvement of wellness. Here students will experience about healing through nature experience and workshops and learn the know-how that leads to healing.

# Course Contents

Experience healing through woods, trees, stars, wind, rivers, lakes, as well as through scents, food or contemplation. In addition, examine the effects of healing and analyze the ways in which these activities can change us as individuals, through personal reflection and psychological and physiological indicators.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Normalization		
Instructor	Shigeta Fumie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1110	Language	Japanese

# Course Objectives

 $\label{eq:contemporary} Understand the \ contemporary \ significance \ of \ the \ origins \ and \ development \ process \ of \ Normalization.$ 

Consider the practices and issues for realizing the symbiotic society that today's society is aiming for.

# Course Contents

Introduces and considers the perspective of the symbiosis principle, which is the background of Normalization. Towards the realization of a symbiotic society based on the concept of Normalization in the community (regional society), we will learn and discuss social issues and cultural welfare relations from guest speakers and videos that are working on social welfare activities today.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Information Processing 1		
Instructor	Matsuo Takeshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1500	Language	Japanese

#### Course Objectives

Acquire data processing skills that are useful not just for campus life, but also for welfare purposes or in society at large, using different document creation techniques, the internet, spreadsheets or elementary statistical processing. Also learn about basic typing skills and campus system mail and file management.

#### Course Contents

Divided into five broad categories to aid study and deeper understanding, and the acquisition of the required skills.

(1) Touch typing for keyboard input and faster typing;

(2) Understanding campus systems, files and folders;

(3) Using search engines and handling copyright;

(4) Creating reports and business documents in MS Word;

(5) Creating tables and using analytic functions in Excel.

Class attendance is required because training and instruction is involved.

Students who miss any classes will need to study and handle topics and themes on their own.

Check the campus mail for details.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Information Processing 2		
Instructor	Matsuo Takeshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1500	Language	Japanese

#### Course Objectives

Learn about creation of slides and presentation techniques for conveying information to others, and about images and videos than can be used to express information. In addition, as smartphone usage becomes increasingly widespread, students will improve their understanding of the use of cloud and other internet services, as well as being aware of the use of images and videos which are easily accessible sources of information.

Course Contents

Divided into five broad categories to aid study and deeper understanding, and the acquisition of the required skills.

(1) Using the cloud and information sharing;

(2) Understanding and using copyright;

(3) Understanding and creating images as a way of expressing information;

(4) Understanding and shooting / editing video as a way of expressing information;

(5) Creating slides as the basis for presentation techniques.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Career Development 1		
Instructor	Maruyama Akira		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1100	Language	Japanese

#### Course Objectives

Learn from social welfare practitioners how the study of social welfare can be put into practice after graduation and identify how your own career will develop.

#### Course Contents

How can social welfare be put into practice and what career development paths are there in social welfare? Engage in practical discussions on the practice of social welfare and career development with social workers who work with children, people with disabilities, seniors, and the local community, as well as psychiatric and medical workers. Create your own career path through life, and then monitor and evaluate your progress from lectures through to practical implementation. The order of the lesson plan may change, depending on the availability and schedule of guest speakers. Details will be provided in class when available.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Career Development 2		
Instructor	Kikuchi Hiroko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1200	Language	Japanese

# Course Objectives

Look at your present and create a vision for your future as learning the experiences of others.

# Course Contents

This class considers how university life and faculty and course studies are related to your own career through lectures, workshops and group sessions covering various ways of living and working with different guest speakers.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Wellness as Human Service		
Instructor	Nigorikawa Takashi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1310	Language	Japanese

# Course Objectives

Understand what wellness is and consider it in depth from various points of view as it relates to the topic "How can I live a better life?"

#### Course Contents

Wellness is an integrated approach to maximizing an individual's underlying potential in the specific environment in which he or

she lives. The community and environment surrounding the individual have an important relationship in the practice of wellness. Sensitivity to a fulfilling way of life rooted in an appreciation of the meaning of life has an important role to play. In this class, we study the basic elements of wellness, namely (1) an appreciation of the meaning of life; (2) health; (3) the living environment. We consider specific approaches for practicing wellness as it relates to welfare.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Christian Anthropology		
Instructor	Wakabayashi Akihiko		
Semester	Fall Others	Credit	2 Credits
Course Number	CMX1210	Language	Japanese

# Course Objectives

We will study Christian thought, which is alien to Japanese culture, and at the same time it will reveal the characteristics of Japanese thinking. We will also look for hints in the Bible and Christian thought to help us solve the various problems we face today.

# Course Contents

part 1: History of Judaism and Christianity

part 2: Christanity and contemporary issues (Gender issues, Family issues, Diversity of values, Environmental issues, Bioethics)

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Community Welfare and Christian Communities		
Instructor	Kanai Yoshihiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1200	Language	Japanese

# Course Objectives

Learn from the Bible and Christian history that the practice of welfare is a fundamental intent of Christianity.

#### Course Contents

It can be said that Christianity is the source of community welfare. Therefore, we will study the establishment of Christianity and its subsequent development, focusing in particular on the writings of the Bible, and learn what role this religion has played in community welfare. Visual materials will also be used.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Methods of Social Research		
Instructor	Fukaya Taro		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1190	Language	Japanese

#### Course Objectives

Acquire the basic knowledge related to the meaning, background, and methods of social research.

Acquire the prerequisite knowledge for carrying out research in seminars and graduate research projects.

#### Course Contents

In this class, we explain the basic knowledge related to the meaning, background, and methods of social research to students who are looking to study social research in earnest in the future. We explain various social research methods, data collection and analysis processes, the history of social researches, and research ethics, taking actual examples of researches into account. At the same time, the objective of the course is for students to acquire the ability to interpret government statistics and data from existing qualitative and quantitative surveys.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Methods of Social Research		
Instructor	Atobe Chisato		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1190	Language	Japanese

#### Course Objectives

• Acquire the basic knowledge related to the meaning, background, and methods of social research.

•Acquire the prerequisite knowledge for carrying out research in seminars and graduate research projects.

#### [Social Researcher]

This subject is equivalent to Social Researcher Certification Course A , and is an introductory part of the related subject. Taking this course with Research Methods 1, Course B will enable students to master the basics of social research.

#### Course Contents

In this class, we explain the basic knowledge related to the meaning, background, and methods of social research to students who are looking to study social research in earnest in the future. We explain various social research methods, data collection and analysis processes, the history of social researches, and research ethics, taking actual examples of researches into account. At the same time, the objective of the course is for students to acquire the ability to interpret data from existing qualitative and quantitative surveys.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Human Rights		
Instructor	Yanagihara Yui/Ito Sojiro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1210	Language	Japanese

#### Course Objectives

In our daily life, there are few issues which require an awareness of human rights. However, knowing what human rights actual ly are is a necessary part of going out into society and protecting our own rights and the rights of those we deal with (It is not simply a case of knowing your rights so you can protect them. If you do not know what human rights are, you will not recognize when these are infringed upon.) Also, commonly accepted thinking and majority opinion in Japanese society can be suppressive for the rights of those people who may be viewed as a minority, such as patients, people with disabilities, foreigners, and members of the LGBT community. Lack of awareness can be hurtful to others.

The goal of Human Rights is to acquire the basic knowledge and ability to think critically through class learning and to acquire an approach that enables one to consider and appreciate one's own rights and the rights of others.

#### Course Contents

We will look at cases and social problems to consider:

• How and for what purpose has the concept of Human Rights been established in history?

• What kinds of rights are Human Rights today, and what is the basis for this?

• In contemporary Japan, what kinds of situations related to Human Rights can lead to issues and problems?

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <ur>

Course Title	Social Research for Social Work (Basic)		
Instructor	Kawamura Gakuto		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1190	Language	Japanese

# Course Objectives

•Acquire the basic knowledge related to the meaning, background, and methods of social welfare research.

•Acquire the ability to interpret government statistics and data from existing qualitative and quantitative surveys.

•Acquire the prerequisite knowledge for carrying out research in seminars and graduate research projects.

#### Course Contents

In this class, we explain the basic knowledge related to the meaning, background, and methods of social welfare research to students who are looking to study social welfare research in earnest in the future. We explain various social welfare research methods, data collection and analysis processes, taking actual examples of researches into account.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Methods of Social Research		
Instructor	Atobe Chisato		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1190	Language	Japanese

#### Course Objectives

• Acquire the basic knowledge related to the meaning, background, and methods of social research.

•Acquire the prerequisite knowledge for carrying out research in seminars and graduate research projects.

#### [Social Researcher]

This subject is equivalent to Social Researcher Certification Course A , and is an introductory part of the related subject. Taking this course with Research Methods 1, Course B will enable students to master the basics of social research.

#### Course Contents

In this class, we explain the basic knowledge related to the meaning, background, and methods of social research to students who are looking to study social research in earnest in the future. We explain various social research methods, data collection and analysis processes, the history of social researches, and research ethics, taking actual examples of researches into account. At the same time, the objective of the course is for students to acquire the ability to interpret data from existing qualitative and quantitative surveys.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Cultures in Human Services		
Instructor	Baba Kiyoshi		
Semester	Fall Others	Credit	2 Credits
Course Number	CMX1110	Language	Japanese

# Course Objectives

Students will be able to have their own opinions on the actual status and background of Japan's "welfare culture" (especially negative welfare culture), and on the direction of problem solving.

#### Course Contents

In this lecture, we will look at what is happening in the field of welfare through a filter called "culture". Then, we consider the ideal way of the welfare culture and the direction for creating a new welfare culture.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Lifetime Sports		
Instructor	Kudo Yasuhiro		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1300	Language	Japanese

# Course Objectives

(1) Understand the current state of lifetime sports in Japan.

(2) Explain the history, theory and background of lifetime sports.

(3) Explain the significance of sports for children, adolescents, middle-aged and elderly people, women, and people with disabilities.

#### Course Contents

Confirm the necessity and importance of lifetime sports, and deepen knowledge and understanding about it. After that, learn about various issues for realizing a lifetime sports society. Understand the current state of Japan's lifelong sports society from the perspectives of "to play," "to watch," and "to support". In particular, learn about the current situation and challenges of sports implementation in children, adolescents, middle-aged and elderly people, women, people with disabilities, and communities.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Social Security Methodology		
Instructor	Oyama Norihiro		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1190	Language	Japanese

# Course Objectives

Learn about the history of the creation and development of the social security system, and further understand the nature, function, philosophy and framework of social security.

#### Course Contents

It is no exaggeration to say that the history of social security has evolved with the development of capitalism. First, we learn from the history of social security how its development has been supported by a wide range of citizen and worker movements. Next, we trace the development of the philosophy of social security, study its significance, and learn about social exclusion and challenges related to social trends.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Life Ethics		
Instructor	Maegawa Kenichi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2210	Language	Japanese

# Course Objectives

Examine the concept of inochi (life in general) from the perspectives of seimei (a measurable concept in biology, medicine, philosophy, and other fields), seikatsu (livelihood) and jinsei (human life), understand the problems surrounding modern living, and address them in one's own words.

# Course Contents

The College of Community and Human Services upholds a basic philosophy summed up in the motto "Vita dignitati (For the dignity of life)". While mainly referencing discussions of bioethics and environmental ethics, the students shall critically probe the current situation surrounding life in general and learn by looking at concrete, alternative proposals via class discussions.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Information Management 3		
Instructor	Banshou Kazumasa		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX2500	Language	Japanese

#### Course Objectives

As is common with assignments involving specific work and study related to the field of welfare, the purpose of these lectures is to help students master software and computer network skills in an MS-Windows environment.

#### Course Contents

With the advent of the advanced information society we need to have the knowledge and skills to use information technology in all aspects of our lives. In the welfare field, the mindful and proactive distribution and utilization of welfare information such as needs, services and treatment becomes ever more important against the backdrop of material changes in the way in which we use these services from "initiatives and measures" to "contracts". In these lectures, students will study the following items in

order to acquire these skills:

1) Search and retrieval of information: Efficient, effective collection of relevant information through browsing the internet. Collection, organization and use of information sources.

2) Reception and distribution of information: Reception and distribution of information to specified and non-specified groups and individuals using e-mail, website creation software, etc.

3) Document creation: Creation of concise and easy-to-understand documents using word processing software. Creating, editing and saving fixed format documents.

4) Sharing of information: Information sharing processes via email, website creation and database software; creation of an appropriate environment; rule setting.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Information Management 4		
Instructor	Banshou Kazumasa		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2500	Language	Japanese

#### Course Objectives

As is common with assignments involving specific work and study related to the field of welfare, the purpose of these lectures is to help students master software and computer network skills in an MS-Windows environment.

#### Course Contents

With the advent of the advanced information society we need to have the knowledge and skills to use information technology in all aspects of our lives. In the welfare field, the mindful and proactive distribution and utilization of welfare information such as needs, services and treatment becomes ever more important against the backdrop of material changes in the way in which we use these services from "initiatives and measures" to "contracts". In these lectures, students will study the following items in

order to acquire these skills:

1) Converting data and creating databases: Input, editing and management of information via spreadsheets, database software, etc.

2) Data processing: Processing and utilization of data using spreadsheets, word processing software, etc.

3) Statistical analysis: Analysis of data and utilization of results using spreadsheets, statistics software, etc.

4) Presentations: Editing and transmitting information using presentation software.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Gerontology		
Instructor	Ando Takatoshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2110	Language	Japanese

#### Course Objectives

The aim of this class is to acquire basic knowledge on the aging society, understanding what kind of society the aging society is, and relating this to our future lives through considering the framework of the aging society on a near-future. This subject is one of the faculty common subjects which form the core of our faculty's philosophy and purpose.

#### Course Contents

In addition to identifying the issues involved with a transition to a society with a high percentage of elderly people (aged society, super-aging society), we consider what kind of people will be elderly people in the near future, and what measures and systems need to be implemented for these people. For this class, lectures will be given using textbooks and supporting materials (including video materials). Students will be asked to submit feedback forms with impressions and comments on lectures and materials on each occasion.

# Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Gender Problems		
Instructor	Shimazaki Yuko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2110	Language	Japanese

#### Course Objectives

Interpret the structure of modern society from the perspective of gender. Consider the societal backdrop created by having the Male and Female gender, together with a binary system of gender and heterosexuality, as social norms. The purpose of these lectures is to foster these perspectives in our everyday lives and to make us "stop and think" more deeply on these issues.

#### Course Contents

Our society has created a gender system (social and cultural) based on physical differences in physicality. From an objective standpoint on commonly accepted ways of thinking as they relate to male and female gender distinctions, we will consider how this "common wisdom" has been maintained and reproduced through the use of case studies. Gender is about more than just

"Maleness" or "Femaleness". It includes a framework of the way in which human beings relate to each other. We also consider social institutions that have historically been defined exclusively in a heterosexual context, such as family, love, marriage, partnerships and so on.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	System Theory of Aging Society		
Instructor	Ando Takatoshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2110	Language	Japanese

#### Course Objectives

The aim of this class is to acquire basic knowledge on the aging society, understanding what kind of society the aging society is, and relating this to our future lives through considering the framework of the aging society on a near-future. This subject is one of the faculty common subjects which form the core of our faculty's philosophy and purpose.

#### Course Contents

In addition to identifying the issues involved with a transition to a society with a high percentage of elderly people (aged society, super-aging society), we consider what kind of people will be elderly people in the near future, and what measures and systems need to be implemented for these people. For this class, lectures will be given using textbooks and supporting materials (including video materials). Students will be asked to submit feedback forms with impressions and comments on lectures and materials on each occasion.

# Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Introduction to the Study of Disabilities		
Instructor	Kurikawa Osamu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2110	Language	Japanese

#### Course Objectives

The goal of disability studies is to "reexamine existing knowledge about disability. In this class, we aim to question students' own "existing knowledge" (how they have viewed disability and people with disabilities) by examining a variety of themes related to disability.

# Course Contents

This class will revolve around online lectures. The first five sessions will cover the basic concepts of disability studies. Students will be asked to submit a mid-term report as a summary of this general discussion. This will be followed by a series of eight individual essays on the theme of "disability and \_\_\_\_," and a conclusion. Students are welcome to ask questions via e-mail or other reaction papers as needed. The final report is expected to demonstrate the process of "questioning" based on the students' own experiences and research.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Sociology in Family		
Instructor	Nagayama Satoko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX2110	Language	Japanese

# Course Objectives

"The family" is the social structure that is the most familiar to us. That is why it is difficult to recognize the state of the specialty of own "family" and other "families". It is necessary to plunge "a family" into scientific context to catch them, and to lend it it. After that, I stare at "the family" along each theme to treat by a lecture again and aim for having you make a base when you think about own life design and social structure.

# Course Contents

In order to understand the modern family, we consider it against the background of various aspects of gender, kinship and family relationships in a historical context, as well as considering the issues and possibilities that arise in each case. Please note the schedule is subject to change.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Social Security Methodology		
Instructor	Oyama Norihiro		
Semester	Spring Semester	Credit	2 Credits
Course Number		Language	*

# Course Objectives

Learn about the history of the creation and development of the social security system, and further understand the nature, function, philosophy and framework of social security.

#### Course Contents

It is no exaggeration to say that the history of social security has evolved with the development of capitalism. First, we learn from the history of social security how its development has been supported by a wide range of citizen and worker movements. Next, we trace the development of the philosophy of social security, study its significance, and learn about social exclusion and challenges related to social trends.

# Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	English for working in a globalsociety 1		
Instructor	Paydon Steven		
Semester	Spring Semester Credit 2 Credits		
Course Number	CMX2403 Language Others		

# Course Objectives

In this course, students will be able to:

- Develop a deeper understanding of their own cultural identity and consider alternate views
- Develop a deeper understanding of intercultural communication
- Build confidence in expressing personal opinions and experiences
- Develop a clear understanding of personal identity
- Write an English essay
- Make a presentation
- Understand the elements of visual design
- Develop autonomy, creativity, critical thinking, and collaboration skills.

# Course Contents

This course develops student confidence to use English to express themselves on a deeper and more meaningful level. Understanding a foreign culture helps us to understand our own culture and ourselves. In this course we will practice expressing ourselves through discussion, presentation, and writing, as we develop a clear understanding of our own identity and values.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	English for working in a globalsociety 2		
Instructor	Paydon Steven		
Semester	Fall Semester Credit 2 Credits		
Course Number	CMX2403 Language Others		

# Course Objectives

In this course, students will learn to:

- Develop a deeper understanding of their own cultural identity and consider alternate views
- Develop a deeper understanding of intercultural communication
- Build confidence in expressing personal opinions and experiences
- Write a report
- Make a presentation
- Understand the elements of visual design
- Develop their autonomy, creativity, critical thinking, and collaboration skills.

#### Course Contents

This course develops student confidence to use English to express themselves on a deeper and more meaningful level. Understanding a foreign culture helps us to understand our own culture. In this course, we will practice expressing ourselves through discussion, presentation, and writing, as we develop a clear understanding of our own identity and values.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	The Structure and Dynamism of the Psyche		
Instructor	Musulin Ilja		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX2200 Language Japanese		

#### Course Objectives

In this course we aim to deepen our understanding of human psychology by thinking about religion: what it is, why it exists, why humans need it, etc. The main objective of the course is to enable students to acquire basic knowledge on psychology of religion and basic understanding of scholarly thinking and methodology. Another goal is to try to have students develop the ability and habit of thinking about issues pertaining to religion from different points of view.

#### Course Contents

In this course we will take up the history of the psychology of religion and discuss various issues relating to human psyche and religion. Concretely, we shall examine the thinking on religion of W. James, S. Freud, C.G. Jung, E. Eriksson and others. and analyze how these psychologists have viewed the functioning and the reasons behind the existence of religious beliefs, as well as the relationship between religion on one side and meaning, personality or identity on the other

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Japanese Culture and Thought		
Instructor	Musulin Ilja		
Semester	Spring Semester Credit 2 Credits		
Course Number	CMX2200	Language	Japanese

#### Course Objectives

In this course, by studying the history of Japanese religious thought, we shall examine the role that various, diverse religious beliefs and practices played in the formation of Japanese culture.

The main goal of this course is acquiring basic knowledge of Japanese religious thought and how it has shaped and influenced Japanese culture. The course also aims to help students develop the ability to think of social and cultural issues pertaining to religion from different angles, and to encourage them to foster an attitude of understanding and respect for different worldviews and value systems.

# Course Contents

In this course we will study about religions in Japan (Shinto, Buddhism, Taoism , Confucianism, Christianity) and their influence on Japanese culture.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Human Development and Aging		
Instructor	Maruyama Yusuke		
Semester	Fall Semester Credit 2 Credits		
Course Number	CMX2310	Language	Japanese

#### Course Objectives

Students will deepen their knowledge of topics such as: growth and development in relation to gender and individual differences; relationship with exercise; children's issues today; physical changes that accompany the maturing process; changes of functions and capabilities; developmental disorders; dementia.

#### Course Contents

Learn about the physical and psychological characteristics of the three different periods of our lives and about the characteristics of disability: development through expansion of our body parts, tissues and organs as we mature; development through functional changes with the passage of time, such as actions, movements, and motor skills; aging as represented by the process of getting old and the changes that occur after we reach maturity.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Sexology		
Instructor	Ushitora Kaori		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX3110	Language	Japanese

# Course Objectives

In this class, we think about human gender from various points of view and consider the meaning of broad sexual expression to help us develop our own sexual personalities as sexual beings.

#### Course Contents

Sexology is the scientific understanding of human sexuality and human relationships in respect of sexuality. Specifically, it comprises: 1) Lectures on the minimum essence of the theory of human sexuality; 2) The reality of health and human rights in relation to human sexuality; 3) The raising of questions in relation to current issues of human sexuality.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Community and Peace Studies		
Instructor	Gon Anri		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2200	Language	Japanese

# Course Objectives

Why do we want to be part of a "Community"? What is the history of this? What is "Community Peace"? What are the issues around this? Without taking our community for granted, we consider the significance and topics of community from a fresh perspective.

#### Course Contents

What is the condition or state that is implied by the word "peace" as used in everyday language? If there is no war or conflict, does that mean that peace exists? Why do we want peace in a community? Why do we need a community anyway? From these points of view, we first consider "community peace" through examination of changes in the view of the community in Japan. Second, we consider the current situation and issues of the community with specific examples related to globalization, security, exclusion, discrimination and so on.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Basic Family Psychology		
Instructor	Minakawa Kuniko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2200	Language	Japanese

#### Course Objectives

Each individual is surrounded by family, and each family syncs with the time, culture, and society.

This course is designed to understand the diversity of family psychology through;

1. today's societal problems

2. family's life cycle

3. historical/cultural contexts and comparisons with other countries

4. young people's well-being, future's families

# Course Contents

Students will think about family psychology along with the family's life cycle

Students will think about family psychology along with today's societal problems, e.g.,gender, declining birth rate, increasing aging society, caring aged parents, attachment, Hikikomori, DV, poverty, euthanasia.

Students will watch DVDs regarding families and discuss them online.

Students will read articles regarding families and write their impressions.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Facilitation Studies		
Instructor	Sasaki Kaoru		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2200	Language	Japanese

### Course Objectives

Learn the background theory of facilitation and practice that promotes consensus-building and cooperation in order to create emergent groups, organizations, and communities that draw out the individuality and abilities of each member to engage in activities voluntarily. Students will learn how to facilitate by exploring "new solutions and approaches" required in a modern society where the environment is volatile through experiencing both participants and planners/implementers.

### Course Contents

After lectures on basic knowledge about facilitation, the types and techniques of facilitation will be introduced. Through the experiences, students will notice changes in themselves, relationships, and group dynamics, and based on that, think about required skills and attitudes as a facilitator. In the second half of the course, they will have opportunities to plan and implement facilitation. Students' growth is expected through the process of discovering the world of facilitation.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Psychology of Life Cycle		
Instructor	Kiuchi Rie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX2200	Language	Japanese

## Course Objectives

The goal is to understand the development process of the human mind through the life cycle and the methods of support for this from the viewpoint of clinical psychology.

### Course Contents

We learn about the development of the human personality through factors such as society, environment, and the relationships surrounding individuals, in addition to the development of biological abilities. We learn about issues relating to development at each age stage of our lives, especially up to adolescence, and consider problems with the mind and pathological conditions that can occur easily. We consider methods of support based on clinical psychology.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Study of Contemporary Community and Human Service A		
Instructor	Paydon Steven		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX2101	Language	English

## Course Objectives

This course aims to teach students how lifelong learning programs benefit Japanese society.

- Students will be able to research and discuss the history, policy and theory that supports lifelong learning in Japan.
- Students will be able to effectively review research sources.
- Students will be able to write an essay based on their research.
- Students will develop their autonomy, creativity, critical thinking, and collaboration skills.

#### Course Contents

This course focuses on lifelong learning in Japan. Students are required to develop a research question connected to an area of lifelong learning that they are interested in. They are then required to research their question and write an essay based on their findings. In this way, the course prepares students for applied research in the following semester. Students who continue in the second semester will be able to develop their essay for publication in Manabiai.

## Others

"Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Study of Contemporary Community and Human Service B		
Instructor	Paydon Steven		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX2101	Language	English

## Course Objectives

This course aims to teach students how lifelong learning programs benefit Japanese society.

- Students will be able to research and discuss the history, policy and theory that supports lifelong learning in Japan.
- Students will be able to understand the importance of lifelong learning programs in Japanese society.
- Students will be able to conduct research and write a research report.
- Students will develop their autonomy, creativity, critical thinking, and collaboration skills.

#### Course Contents

This course builds on the theory and content about lifelong learning in Japan that students studied in the first semester. In the fall semester, students will work in groups to apply that theory in a field research project, and further develop their understanding of the important role lifelong learning plays in Japan's aging society. In addition, students will be required to

present their findings and write a research report. Finally, students should end with a paper that will qualify for publication in Manabiai.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Grief Study		
Instructor	Kawakami Yumi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX3110	Language	Japanese

### Course Objectives

Through confronting the grief of death in old age and through studying the thoughts and sensitivities that can help us cope with the problems of modern life, we aim to cultivate a rich view of humanity and to deepen our insights thereof.

#### Course Contents

The pain and suffering with which the field of grief care is involved consists of events such as unforeseen accidents, illnes ses, failures, betrayals, poverty, war, disasters, or the death of loved ones. These can happen to anyone, regardless of lifestyle or any efforts made to the contrary, and however unreasonable they may seem.

Above all, how we accept the inevitability of death has been a problem for human beings ever since ancient times. These days medical interventions and complicated social situations are additional considerations which mean that we and those who are bereaved have an increased range of choices and decisions to make in this respect.

This kind of grief is not a "personal issue." The aim is for students to have an opportunity to consider the topic as a group on the premise that it is common suffering for everyone.

#### Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	The Varieties of Religious Culture in Asia		
Instructor	Musulin Ilja		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX3200	Language	Japanese

## Course Objectives

The main goal of this course is acquiring basic knowledge on various Asian religions. The course also aims to help students develop the ability or habit to think of social and cultural issues concerning religion from various viewpoints.

### Course Contents

In this course, with a focus on East Asia, we will learn about various Asian religions and explore the role that diverse religious beliefs and practices have played in the formation and historical transformations of Asian cultures. The course will focus on Taoism, Buddhism, Confucianism and Shinto.

Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Historical Development of S.W. 2		
Instructor	Hashimoto Ayako		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX3150	Language	Japanese

## Course Objectives

1. Through studying history, students will develop the ability to visualize and sympathize with people's hardships and difficulties, and understand how they are trying to solve them.

2. In terms of the social welfare issues facing Japan today, students will learn the background to their development, and how they have been addressed, and acquire the ability to explain these from both the point of view of the principles of thought and the system.

This course is strongly related to "integration of practical ability and research ability" among the learning outcomes in the Diploma Policy and Curriculum Development Policy.

## Course Contents

It is important to have knowledge of the historical background and ideology that formed the framework of the current social welfare system and practice.

In this class, we will review the historical background and philosophy of social welfare from the Meiji, Taisho, and early Showa periods (until the end of World War II) and from 1945 to the present, using video materials and primary sources. Classes are basically lecture-style, but students may be asked to give their opinions and engage in discussion.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Risk Management		
Instructor	Yoshida Naruto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX3310	Language	Japanese

## Course Objectives

Understand the basic concept of risk management at sports venues, and learn first aid resuscitation and treatment for sports injuries.

### Course Contents

Risk management at sports sites principally consists of the actions and measures taken to ensure the safety of players and athletes. Learn about the role played by sports first-aider through lectures on topics such as emergency resuscitation, first aid treatment for sports injuries and determining the severity of an injury.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Psychological Theory and Support		
Instructor	Maruyama Miho		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1230	Language	Japanese

## Course Objectives

①Understand the basic mechanism and function of the human mind, and understand the psychological reactions that occur in the interaction with the environment.

2 Understand the psychological issues peculiar to each stage of human growth and development

3 Understand the relationship between daily life and mental health

4 Understand the method of assessment and the support based on the theory of psychology

## Course Contents

1 Psychological perspective

- 2 Basic mechanism and function of human mind
- 3 Development process of human mind
- 4 Daily life and mental health

(5) Basics of assessment and support based on psychological theory

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	General Philosophy		
Instructor	Gon Anri		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX3200	Language	Japanese

### Course Objectives

To deepen understanding of "the public". To gain knowledge of the variations of Public Philosophy. To gain knowledge of the postwar history of the public in Japan. To learn how to think philosophically, and in a principled manner about coexistence with others.

#### Course Contents

A subject called "public studies" was offered in social studies in the high-school curriculum. It may be possible to create a new subject from the present situation and demands of society, but "the public" will be what? Also, in recent years, the academic field of "Public Philosophy", which differs from conventional philosophy has attracted attention, but why? What are its features? In this lecture, we will consider "the public" as an area of coexistence with others, examining the principles and history of the public, and of Public Philosophy.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Social Theory and Systems		
Instructor	Katagiri Masayoshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1230	Language	Japanese

## Course Objectives

To be able to do sociological thinking that is the minimum necessary to study social welfare.

## Course Contents

This is not welfare but "social" welfare. This meaning is considered from the viewpoint of sociology. Acquire the ability to consider what social welfare premised on this actually is.

To that end, students study a wide range of topics, such as family, cities, population change, medical treatment and care.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Law 1		
Instructor	Ono Yoshinori		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

# Course Objectives

## (1) Purpose of class

The purpose of this lecture is to understand the essence of the Japanese Constitutional Law. Students will learn the necessary essence of the Constitution. Specifically, the aim is for the class to progress explaining the various constitutional issues, constitutional precedents, and various theories for students to understand. In addition, we will consider the development of educated university students, as well as measures for the teacher recruitment exam.

(2) Acquiring the ability to learn.

Acquisition and understanding of systematic knowledge related to the Japanese Constitutional Law (knowledge and understanding).

(3) Class objectives

The goal of this class is gaining essential knowledge of the Japanese Constitutional Law. For this, we need to understand the origins of the Constitution, and how it is enacted. In addition, what is "consensus" in interpreting the statute, and how would one interpret "correctly" to arrive at a final answer on "what is constitutional law" or "what is the Japanese Constitutional Law"? Furthermore, the aim is for students to express their own words regarding this question.

#### Course Contents

The class overview is, firstly, the historical development of the constitution (constitutional history, history of enactment, including the legislative process etc.), secondly, we examine Japanese Constitutional Law focusing on its three major principles: sovereignty of the people, pacifism, and respect for basic human rights, and thirdly, we will consider what influence the Japanese Constitutional Law has had on Japanese society in reality.

In addition, in the course of classes, tutors will keep language simple and maintain interactive dialogues.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others

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Course Title	Law 2		
Instructor	Ono Yoshinori		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

# Course Objectives

## (1) Purpose of class

The aim of this class is to understand the essence of law and legislature. Students will learn the necessary elements for understanding the essence of law and legislature. Specifically, class will progress outlining the various fields of law, while mixing legal issues, judicial precedents and theories for the purpose of student understanding. In addition, we will consider the development of educated university students, as well as measures for the teacher recruitment exam. (2) Acquiring the ability to learn.

Gaining systematic knowledge of law and legislature (knowledge and understanding).

#### (3) Class objectives

The goal of this class is gaining essential knowledge of law. In addition, students will cultivate the ability to find what the legal issue is when conflict occurs in daily life. For this, we need to understand the origins of law, and how it is enacted. In addition, what is "consensus" in interpreting the statute, and how would one interpret "correctly" to arrive at a final answer on "what is

law" or "what is study of law"? Furthermore, the aim is for students to express their own words regarding this question and acquire fundamental skills to independently proceed their study of law as needed in the future as well as to foster the legal concepts and perspectives.

#### Course Contents

The law is in fact familiar to us (details explored in class). Furthermore, this subject is an essential part of the introductory stage for studying criminal, civil and commercial law. This class is for students to understand the kind of influence law and legislation has in the real world.

The class will progress in according to the following "Class Plan", and so please refer to this: In this class, as well as examining domestic laws such as public law (constitutional, penal and administrative law etc.), we will deepen our understanding of the whole of law, also outlining private law and social law (Labor Law, Social Security Law etc.) in addition to international law. In addition, in the course of classes, tutors will keep language simple and maintain interactive dialogues.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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- 47 -

Course Title	Political Science		
Instructor	Dendo Shinichiro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

## Course Objectives

The aim of this lecture is to gain a better understanding of current politics by learning and considering the basics of political science.

# Course Contents

In this lecture, we will review the basics of political science to understand current politics. In addition, Japanese history and politics are good case studies, so I will refer to them.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Economics		
Instructor	Ishii Yuko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

## Course Objectives

The aim is to read and understand the current situation and issues in the globalizing international economy.

#### Course Contents

Now that the world is globalizing, it is very important to deepen our understanding of the international economy. Therefore, we will examine the basic theory of international economics, the actual situation, institutional frameworks, and various issues, focusing mainly on trade and investment, deepening our understanding of the globalizing economy.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sociology 1		
Instructor	Irie Kimiyasu		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1690	Language	Japanese

## Course Objectives

Acquiring a comprehensive view of society. Grasping the image of sociology.

(In addition, it is preferable that "Sociology 1" and "Sociology 2" are taken in order so that lectures can advance progressively.

### Course Contents

While introducing the basic concepts and thinking methods of sociology, we will gain perspectives to grasp contemporary society. "Society" has not always been as it is now, and a history exists. We will consider modern society based on such changes in "society".

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Sociology 2		
Instructor	Irie Kimiyasu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1690	Language	Japanese

### Course Objectives

In order to grasp modern society, we will examine what kind of sociology, social thought, and social philosophical perspectives are needed.

(Note, it is preferred for students to take "Sociology 1" in advance of "Sociology 2, as the lectures progress building on each other.)

## Course Contents

Lectures will progress, providing the opportunity to grasp "modern society" from the various angles necessary, using relatively new sociology and socio-philosophical methodologies. We will read and understand "contemporary society" in consideration of politics, social movements, dynamism, diversity of values, social structures, and their changes in society. In particular, we will focus on points such as "violence" and "power", attempting to trace back to so-called abstract social philosophy.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur></

Course Title	Psychology 1		
Instructor	Kondo Ikuyo		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1690	Language	Japanese

#### Course Objectives

Humans are said to be social animals. We interact with others in various groups and organizations, such as family, friends, in school and in company relationships. And so, in order to get along with others better, which perspectives help us to understand people? In this class, we will introduce "development", "social" and "clinical" approaches from the fields of psychology, with the aim of cultivating the ability to objectively understand humans.

## Course Contents

Psychology is the study that aims to understand human behavior and the psychological processes behind it. In these lectures, we will discuss human developmental processes (interpersonal relationships, personality formation, cognitive development etc.), factors affecting relationships with others and groups, as well as approaches to interpersonal support, and study how to understand and relate to others.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Psychology 2		
Instructor	Shiraishi Satoko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1690	Language	Japanese

## Course Objectives

The aim is to acquire basic knowledge of psychology, such as personality and understanding and supporting psychological problems, so that these can be of practical use in daily life.

### Course Contents

Learn psychology's view of the personality, that is, "who and how a person is", through the various theories in a variety of fields

of psychology. As well as deepening understanding of the various aspects of personality development, and personality bias. In addition, you'll study about familiar psychological problems, together with understanding and support from the findings of clinical psychology.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Geography 1		
Instructor	Nakayama Daichi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

## Course Objectives

The goal of this course is to understand the relationship between the natural environment of the Japanese Islands, including topography, hydrology, and climate, and the people who live there.

### Course Contents

The lecture will focus on the interaction between humans and the natural environment surrounding the Japanese archipelago, using spatial scales from the global to the regional level. Visual lectures will be given using PowerPoint and Google Earth. Some work will be done using maps to deepen understanding. Discussions with participants on geographic events that can be read from the materials will be included.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Geography 2		
Instructor	Nakayama Daichi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

## Course Objectives

Introduce the history of maps and learn about various analytical methods using maps.

# Course Contents

In addition to the lecture, work with the map

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <URL>

Course Title	Japanese History 1		
Instructor	Takaesu Masaya		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

### Course Objectives

We will equip you with the knowledge to understand the development and characteristics of Japanese society through historical methods, providing an overview of the modern history of Japan, from the end of the Edo period up until the Asia-Pacific War, from the perspective of political diplomatic and popular history

However, instead of simply memorizing matters in chronological order, try to find a historical way of thinking that "enriches awareness of the current situation while interacting with history."

#### Course Contents

In this lecture, we will follow the flow of a complex history by following various "establishment and development" processes such as the movement of the formation of a modern state for restoration reform from the end of the Tokugawa shogun ate and the Restoration period, the movement from the promulgation of the Imperial Constitution to the establishment of the imperial constitution system from the ordinary road of constitutional government, and the formation of a colonial empire by foreign war. The image of modern Japanese history can be regarded as a tenno-based state(Emperor system nation) or a nation-state, but in this lecture, modern history is considered in the framework of "nationalization" and "subjectification". There may be changes in the content of the class plan depending on the flow of the class and the interest of the students.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Japanese History 2		
Instructor	Takaesu Masaya		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

### Course Objectives

With an overview of Japan's modern history since the Asia-Pacific War, from the perspective of political, diplomatic history as well as social history, we will understand why Japan advanced to war, how control and mobilization were constituted, the overall picture of war and its legacy.

As in Japanese history 1, try to find a historical way of thinking that "enriches awareness of the current situation while interacting with history," rather than simply memorizing matters in chronological order.

#### Course Contents

In this lecture, regarding the modern history of Japan during the Empire of Japan, we will confirm the collapse process of the empire, that is, the expansion policy to mainland China, the cooperative relationship with the great powers, the entry into the Asia-Pacific War, and the trends in the 1930s to the 1940s and the development of postwar society. The society after the war that the present age history deals with is thought as a problem of the inheritance of the all-out war system. Moreover, the present age history is thought by the frame of "Compelling self-sacrifice" and "Respect for individual human rights". In addition, the problem of the war ruins and the war outlook is treated in the class. The content of the class plan may be changed depending on the flow of the class and the interest of the students.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	World History 1		
Instructor	San−o Masayo		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

## Course Objectives

Broadening outlooks on the world, and recognizing that its regions are interconnected.

## Course Contents

In this lecture, we will introduce concrete examples showing these various connections between the histories and cultures of the regions and ethnic groups of the world, using textual sources, photographs and video materials.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	World History 2		
Instructor	Shikano Mie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

### Course Objectives

Through the history of the British Empire since the modern era, we will study basic knowledge of modern British and imperial history. The content of this lecture is focused on the British Empire, with consideration of the significance of historical findings on life in modern Japan.

Dealing with a wide variety of empires, allows a grasp of details as well as an overview, without being confined to detailed individual cases.

#### Course Contents

Learning is mainly in the form of lectures on the British Empire since early modern period. In order to understand the British Empire, it may sometimes be necessary to return to the history of Britain in ancient times, as well as to the middle-ages. Centering on the modern and contemporary history of Britain, examining examples of major colonies, we will study the diverse and multifaceted nature of empire. In addition, we will approach politics, society and economics from multiple angles.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Regional Geography		
Instructor	Kamei Keiichiro		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1610	Language	Japanese

## Course Objectives

The purpose of this course is to acquire knowledge and education of Geography and Regional Geography as general knowledge, and to learn how to think geographically. Students will also be able to understand maps accurately and have an accurate understanding of the region.

## Course Contents

This course will focus on the Regional Geography of Japan. We will first give a lecture on the relationship between Geography and Regional Geography, and how to understand regions. Next, lectures will be given on the territory of Japan, various regional divisions of Japan, the Kanto region and the Tokyo metropolitan area, and Edo / Tokyo.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Introduction to Lifelong Education 1		
Instructor	Sato Akiko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1680	Language	Japanese

## Course Objectives

•To discuss the principle, history, theory, and system related to lifelong learning and to be able to understand those basic matters.

•Students will be able to associate and understand lifelong learning and social education into their daily lives.

Based on the above, we will study the concept and the role of social education/lifelong learning in modern society.

## Course Contents

During the course, we will explain basic matters related to the principle, history, theory, and system of lifelong learning. Also, lectures will be given using specific examples of people's diverse educational and learning activities, and the facilities and organizations that support them. In addition, the students will be required to research cases of lifelong learning and social education, and present their reports.

#### Others

"Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Introduction to Lifelong Education 2		
Instructor	Sato Akiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1680	Language	Japanese

## Course Objectives

•To understand the learning needs, including their social background, that arise from each life stage and social roles.

·To understand various aspects of people's diverse educational and learning activities from various angles.

•Based on the above, we will consider the significance, issues, and possibilities of lifelong learning and social education in modern society.

### Course Contents

Based on the basic learning in Introduction to Lifelong Education I, we will examine lifelong learning from a practical point of view. In modern society, various learning needs arise depending on each life stage and social role. Lectures will be given using specific examples of actual educational/learning activities aimed at problem solving, and in addition, explanation of it's social background will be given. This course mainly deals with issues related to "children", "youth", and "child-rearing". Also, students will be required to conduct research on social issues that the students themselves are interested in from the perspective of lifelong learning and social education, and make a mid-term presentation and report.

#### Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Study of Policy and Practice for Lifelong Learning 1		
Instructor	Horikawa Shuhei		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1680	Language	Japanese

#### Course Objectives

In this class, we will focus on the "learners" who receive lifelong learning support, and develop the ability to relativize and recognize the problems of various learners. Classes are recommended for the purpose of learning the principles of establishment and development of various activities (social movement / education / learning activities) by these students. The goal is to be able to explain various theories related to lifelong learning while being aware of the diverse characteristics of learners and participatory learning / facilitation techniques.

#### Course Contents

The outline of this class is as follows. Allows you to think about the problems faced by different learners. We will systematically explain the transition of various activities for the acquisition of human rights, and explain the development of various activities.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Study of Policy and Practice for Lifelong Learning 2		
Instructor	Horikawa Shuhei		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1680	Language	Japanese

### Course Objectives

This class focuses on the "educators" and "learning supporters" who are involved in lifelong learning support, and aims to develop the ability to select effective learning support approaches for diverse learners. The goal is to be able to create learning programs that lead to problem-solving and revitalization of the region, while being aware of the diverse characteristics of learners and participatory learning / facilitation techniques.

### Course Contents

The outline of this class is as follows. We will systematically explain the transition of the learning support approach and the advantages / disadvantages of the approach itself, and explain these activities. Discrimination against race / ethnicity, gender, and social education facilities, and contemporary issues such as international trends in human development and discrimination will be examined by showing concrete cases. Conduct a case study based on the learning support approach that you actually learned in class.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Adult and Community Education Management 1		
Instructor	Yonezawa Tomohide		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMX1680 Language Japanese		

### Course Objectives

This course aims to revitalize community and social education administration and to deliver the knowledge and skills required to link learning outcomes to joint community and school problem solving activities. Students will also learn social education administration, imbibe knowledge of management strategies in cooperation with various stakeholders, actually evaluate local public relations strategies, promote social education by forming regional networks, and apply management strategies for social education facilities.

Students will be expected to understand the diversity of areas wherein emergent "social educators" can play active roles.

Thus, the objectives of this course are as follows:

• to make students understand the role of social education administration and the possibility of regional revitalization from a management perspective

• to help students apprehend the structure of a social education plan and comprehend the basics of the plan

•to facilitate students to recognize and analyze local needs and learning tasks

• to raise awareness of social education administration in residents and local governments

### Course Contents

The course will incorporate the following points:

- (1) What is social education administration and how is it related to regional revitalization?
- 2 The structure of the "plan" that forms the basis of administrative measures
- 3 Regional situation analysis and grasp of learning issues
- (4) Broad strategic public relations

Since social education is a practical initiative, participatory learning will be encouraged through activities such as workshops and group discussions. (The deployment method may change depending on the number of participants.) While it is commendable to desire to operate an NPO in the future, a grasp of the basics of management is pivotal to independence. Essentially, students must understand how government works. Learners seeking positions as civil servants or teachers instead of being employed in private organizations after graduation are encouraged to take this course.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

### <ure>

Course Title	Adult and Community Education Management 2		
Instructor	Yonezawa Tomohide		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMX1680	Language	Japanese

### Course Objectives

This course aims to revitalize community and social education administration and to deliver the knowledge and skills required to link learning outcomes to joint community and school problem solving activities. Students will also learn social education administration, imbibe knowledge of management strategies in cooperation with various stakeholders, actually evaluate local public relations strategies, promote social education by forming regional networks, and apply management strategies for social education facilities.

Students will be expected to understand the diversity of areas wherein emergent "social educators" can play active roles.

Thus, the objectives of this course are as follows:

• to make students understand the role of social education administration and the possibility of regional revitalization from a management perspective

• to help students apprehend the structure of a social education plan and comprehend the basics of the plan

•to facilitate students to recognize and analyze local needs and learning tasks

· to raise awareness of social education administration in residents and local governments

### Course Contents

This course highlights the following ideas:

 ${f 1}$  What authority is needed to foster local human resources and how they can be nurtured through social education

2 Regional network formation as a learning outcome

③Formation of regional networks centered on the cooperation between the region and its schools

(4) Different forms and management mechanisms in social education facilities

(5)A system generating operational funds for NPOs

Since social education is a practical initiative, participatory learning will be encouraged through activities such as workshops and group discussions. (The deployment method may change depending on the number of participants.)

While it is commendable to desire to operate an NPO in the future, a grasp of the basics of management is pivotal to independence. Essentially, students must understand how government works. Learners seeking positions as civil servants or teachers instead of being employed in private organizations after graduation are encouraged to take this course.

Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URI >

Course Title	Basic Seminar		
Instructor	Full Time Teacher		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1310	Language	Japanese

### Course Objectives

Think about and prepare for independent learning at university. Master basic learning skills. Understand the features and expertise of the department, and consider its future design.

#### Course Contents

An academic adviser (teacher) takes 20-25 people.

Each academic adviser develops their lectures to make the most of their expertise to achieve the above goals. Students are expected to participate and study for themselves in order to do the following.

1) To facilitate your start at Rikkyo University in university life, learn about the university, make friends and gain a sense of belonging.

2) Deepen your understanding of basic learning techniques (how to study independently, report writing, discussions, presentations, etc.) and learn to use the various functions of the university for yourself, such as the library and media center.3) After understanding the features of the faculties and departments, you will be able to plan your studies for the next four years and think about what you will do after graduation.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Social Welfare:Principles and Policies 1		
Instructor	Goto Hiroshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1300	Language	Japanese

## Course Objectives

·Understand the meaning and philosophy of the welfare system in modern society and its relationship to welfare policy.

•Understand theory and philosophy of the principles of welfare.

•Understand the issues of welfare policy.

•Understand the components of welfare policy (including the roles of government, market, family and individuals in relation to welfare policy).

• Understand the relationship between welfare policy and related policies (including education, housing, and labor policies).

•Understand the relationship between social work and welfare policy.

## Course Contents

This is a basic subject in the study of social welfare. Understand the transformation process and current state of Japanese society, and the kind of concepts and systems offered by social welfare. Consider the issues that arise as a result. The class plan may change depending on the students' level of understanding and progress.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Introduction to Social Work		
Instructor	Iimura Fumie		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1100	Language	Japanese

## Course Objectives

Students make use of fundamental learning skills acquired from university in Basic Seminar to learn about the various activities being developed in the practice of social welfare. This forms the basis for future studies in the Department of Social Work.

#### Course Contents

1) Classes 1 to 2 are conducted in a basic seminar class.

By sharing volunteer experiences during summer vacation assigned in Basic Seminar, students will understand the meaning and method of learning in the field.

2) Classes 3 to 13 are conducted as joint classes.

3) In Class 3, students learn about course structure and academic learning methods.

4) In Classes 3 to 13, full-time teachers of Department of Social Work lecture on their area of specialization.

5) Class 14 is a summary of the course in Basic Seminar.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur></

Course Title	Modern Society and Welfare 1		
Instructor	Goto Hiroshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

## Course Objectives

·Understand the meaning and philosophy of the welfare system in modern society and its relationship to welfare policy.

•Understand theory and philosophy of the principles of welfare.

•Understand the issues of welfare policy.

•Understand the components of welfare policy (including the roles of government, market, family and individuals in relation to welfare policy).

• Understand the relationship between welfare policy and related policies (including education, housing, and labor policies).

·Understand the relationship between social work and welfare policy.

## Course Contents

This is a basic subject in the study of social welfare. Understand the transformation process and current state of Japanese society, and the kind of concepts and systems offered by social welfare. Consider the issues that arise as a result. The class plan may change depending on the students' level of understanding and progress.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Modern Society and Welfare 1		
Instructor	Goto Hiroshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

## Course Objectives

·Understand the meaning and philosophy of the welfare system in modern society and its relationship to welfare policy.

•Understand theory and philosophy of the principles of welfare.

•Understand the issues of welfare policy.

•Understand the components of welfare policy (including the roles of government, market, family and individuals in relation to welfare policy).

• Understand the relationship between welfare policy and related policies (including education, housing, and labor policies).

•Understand the relationship between social work and welfare policy.

## Course Contents

This is a basic subject in the study of social welfare. Understand the transformation process and current state of Japanese society, and the kind of concepts and systems offered by social welfare. Consider the issues that arise as a result. The class plan may change depending on the students' level of understanding and progress.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Welfare:Principles and Policies 1		
Instructor	Goto Hiroshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

## Course Objectives

·Understand the meaning and philosophy of the welfare system in modern society and its relationship to welfare policy.

•Understand theory and philosophy of the principles of welfare.

•Understand the issues of welfare policy.

•Understand the components of welfare policy (including the roles of government, market, family and individuals in relation to welfare policy).

• Understand the relationship between welfare policy and related policies (including education, housing, and labor policies).

·Understand the relationship between social work and welfare policy.

## Course Contents

This is a basic subject in the study of social welfare. Understand the transformation process and current state of Japanese society, and the kind of concepts and systems offered by social welfare. Consider the issues that arise as a result. The class plan may change depending on the students' level of understanding and progress.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Welfare:Principles and Policies 1		
Instructor	Goto Hiroshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

## Course Objectives

·Understand the meaning and philosophy of the welfare system in modern society and its relationship to welfare policy.

•Understand theory and philosophy of the principles of welfare.

•Understand the issues of welfare policy.

•Understand the components of welfare policy (including the roles of government, market, family and individuals in relation to welfare policy).

• Understand the relationship between welfare policy and related policies (including education, housing, and labor policies).

•Understand the relationship between social work and welfare policy.

## Course Contents

This is a basic subject in the study of social welfare. Understand the transformation process and current state of Japanese society, and the kind of concepts and systems offered by social welfare. Consider the issues that arise as a result. The class plan may change depending on the students' level of understanding and progress.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Introduction to Social Work		
Instructor	Iimura Fumie		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1140	Language	Japanese

## Course Objectives

Students make use of fundamental learning skills acquired from university in Basic Seminar to learn about the various activities being developed in the practice of social welfare. This forms the basis for future studies in the Department of Social Work.

#### Course Contents

1) Classes 1 to 2 are conducted in a basic seminar class.

By sharing volunteer experiences during summer vacation assigned in Basic Seminar, students will understand the meaning and method of learning in the field.

2) Classes 3 to 13 are conducted as joint classes.

3) In Class 3, students learn about course structure and academic learning methods.

4) In Classes 3 to 13, full-time teachers of Department of Social Work lecture on their area of specialization.

5) Class 14 is a summary of the course in Basic Seminar.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Intersectionality in Social Problems		
Instructor	Kawamura Gakuto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2940	Language	Japanese

## Course Objectives

•Understanding the complexity of people's categories and social positions.

•Raising awareness of the situation of socially oppressed people.

·Understanding the various ways of practicing to improve social problems

## Course Contents

Class 1: Learn about the concept of intersectionality as a perspective on social issues.

Classes 2-13: Learn about the various ways of practicing to improve social problems.

Classes 14-15: Consider how to make use of what you have learned in the future.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work Seminar		
Instructor	Full Time Teacher		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2330	Language	Japanese

## Course Objectives

In this class, you will understand and practically acquire knowledge, skills, value norms, ethics and attitudes about social work required as Certified Social Worker and Psychiatric Social Worker.

#### Course Contents

This class is a designated subject for the National Examination for Certified Social Worker and Psychiatric Social Worker, and is compulsory subject for those who wish to take Fieldwork in Social Work and Psychiatric Social Work.

You will learn the value and ethics of social work, basic communication skills and interview techniques through exercises centered on practical instruction (role playing, etc.) assuming specific support situations.

In order to understand the practical process of social work, we will use cases to provide practical guidance assuming a specific social work process from case discovery to aftercare.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Basic Seminar		
Instructor	Yamada Keiko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1390	Language	Japanese

### Course Objectives

Think about and prepare for independent learning at university. Master basic learning skills. Understand the features and expertise of the department, and consider its future design.

#### Course Contents

An academic adviser (teacher) takes 20-25 people.

Each academic adviser develops their lectures to make the most of their expertise to achieve the above goals. Students are expected to participate and study for themselves in order to do the following.

1) To facilitate your start at Rikkyo University in university life, learn about the university, make friends and gain a sense of belonging.

2) Deepen your understanding of basic learning techniques (how to study independently, report writing, discussions, presentations, etc.) and learn to use the various functions of the university for yourself, such as the library and media center.3) After understanding the features of the faculties and departments, you will be able to plan your studies for the next four years and think about what you will do after graduation.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Information Processing 1		
Instructor	Matsuo Takeshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2320	Language	Japanese

### Course Objectives

Acquire data processing skills that are useful not just for campus life, but also for welfare purposes or in society at large, using different document creation techniques, the internet, spreadsheets or elementary statistical processing. Also learn about bas ic typing skills and campus system mail and file management.

#### Course Contents

Divided into five broad categories to aid study and deeper understanding, and the acquisition of the required skills.

- (1) Touch typing for keyboard input and faster typing;
- (2) Understanding campus systems, files and folders;
- (3) Using search engines and handling copyright;
- (4) Creating reports and business documents in MS Word;
- (5) Creating tables and using analytic functions in Excel.

Class attendance is required because training and instruction is involved.

Students who miss any classes will need to study and handle topics and themes on their own.

Check the campus mail for details.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Information Processing 2		
Instructor	Matsuo Takeshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2320	Language	Japanese

### Course Objectives

Learn about creation of slides and presentation techniques for conveying information to others, and about images and videos than can be used to express information. In addition, as smartphone usage becomes increasingly widespread, students will improve their understanding of the use of cloud and other internet services, as well as being aware of the use of images and videos which are easily accessible sources of information.

Course Contents

Divided into five broad categories to aid study and deeper understanding, and the acquisition of the required skills.

(1) Using the cloud and information sharing;

(2) Understanding and using copyright;

(3) Understanding and creating images as a way of expressing information;

(4) Understanding and shooting / editing video as a way of expressing information;

(5) Creating slides as the basis for presentation techniques.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Child Well-Being Studies		
Instructor	Kang Eunhwa		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2210	Language	Japanese

### Course Objectives

In this class, to deepen their basic understanding of child and family welfare, students will learn about the basic principles of and legal system related to child and family welfare, changes in the environment in which children grow up, organizations that provide the relevant services, and the contents of these services.

#### Course Contents

In today's society, where the needs for childrearing support are diversifying, professionals working with children are expected to provide direct support for children and their families. In this class, students will learn about the changes in the way children are perceived and the issues surrounding children and families, as well as about child and family welfare policies and practices from the perspective of children's rights.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Normalization		
Instructor	Shigeta Fumie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2100	Language	Japanese

## Course Objectives

 $\label{eq:contemporary} Understand the \ contemporary \ significance \ of \ the \ origins \ and \ development \ process \ of \ Normalization.$ 

Consider the practices and issues for realizing the symbiotic society that today's society is aiming for.

## Course Contents

Introduces and considers the perspective of the symbiosis principle, which is the background of Normalization. Towards the realization of a symbiotic society based on the concept of Normalization in the community (regional society), we will learn and discuss social issues and cultural welfare relations from guest speakers and videos that are working on social welfare activities today.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work and Career Development		
Instructor	Maruyama Akira		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2100	Language	Japanese

### Course Objectives

Learn from social welfare practitioners how the study of social welfare can be put into practice after graduation and identify how your own career will develop.

#### Course Contents

How can social welfare be put into practice and what career development paths are there in social welfare? Engage in practical discussions on the practice of social welfare and career development with social workers who work with children, people with disabilities, seniors, and the local community, as well as psychiatric and medical workers. Create your own career path through life, and then monitor and evaluate your progress from lectures through to practical implementation. The order of the lesson plan may change, depending on the availability and schedule of guest speakers. Details will be provided in class when available.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Practical Theories on Child Well-Being		
Instructor	Nagano Saki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2140	Language	Japanese

## Course Objectives

Understand a basic view of the practice of child well-being (social work related to children's home welfare)

·Understand the diversity of family and bringing up children

•Gain a perspective on supporting children's lives

## Course Contents

Handle various problems arising in relation to children and the home and the support of these problems.

In particular, learn that there are diverse families and ways of bringing up children, focusing on the area of social care. A mong these, consider the principles of supporting lives based on listening to feedback from the parties concerned.

The course mainly takes the form of lectures, but incorporates video materials, group work, and discussions, as required.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Social Work Issues Surrounding Families		
Instructor	Yamada Keiko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2200	Language	Japanese

### Course Objectives

This course will discuss different aspects and welfare needs of diversified modern families. We will understand the need of supporting the family and the significance of family welfare. Additionally, in this course we will capture the family in relation to the structure of society, and deepen the consideration of family principles.

#### Course Contents

The time when the family took child care and elderly care for a long time. However the welfare function of the family has declined due to the present-day trend toward nuclear family and small family, and various living problems have been highlighted. In this course, we will confirm the changes in modern society and the transformation of the family. After that, we will take up various problems faced by modern families in the light of the family cycle and consider the reality and prospects of family welfare.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Modern Society and Care Systems		
Instructor	Lim Saeah		
Semester	Spring Semester	Credit	2 Credits
Course Number	СМВ2200	Language	Japanese

## Course Objectives

(1) Understand the social circumstances surrounding the lives of the elderly.

(2) To be able to acquire knowledge that will serve as the basis for specific practical activities, such as an overview of the outline of the Long-Term Care Insurance System and the system of services, their contents and procedures.

(3) To be able to describe how to support the elderly through multidisciplinary cooperation with professionals.

### Course Contents

With the advent of a declining birthrate, the number of elderly people in need of care is increasing rapidly.

In April 2000, the Long-Term Care Insurance Act was enacted, creating the Long-Term Care Insurance System, a structure that provides mutual support for Long-Term Care throughout society.

In addition, the Certified Social Worker and Certified Care Worker Act was passed in 1987 and significantly revised in 2007. In order to respond to the demand for Long-Term Care due to the increase in the number of elderly people in Long-Term Care and the prolongation of Long-Term Care due to the progress of aging, we are facing an era in which highly specialized professionals with knowledge and skills are needed.

In this class, you will gain a multifaceted understanding of the phenomena and issues surrounding the lives of the elderly, as well as learn about the main Long-Term Care insurance Act and Long-Term Care insurance systems to support them. Students will also deepen their understanding of the role of social welfare professionals in contemporary society and care systems.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Family Welfare		
Instructor	Yamada Keiko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1240	Language	Japanese

#### Course Objectives

This course will discuss different aspects and welfare needs of diversified modern families. We will understand the need of supporting the family and the significance of family welfare. Additionally, in this course we will capture the family in relation to the structure of society, and deepen the consideration of family principles.

#### Course Contents

The time when the family took child care and elderly care for a long time. However the welfare function of the family has declined due to the present-day trend toward nuclear family and small family, and various living problems have been highlighted. In this course, we will confirm the changes in modern society and the transformation of the family. After that, we will take up various problems faced by modern families in the light of the family cycle and consider the reality and prospects of family welfare.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Social Work Theory and Methods 1		
Instructor	Sugiyama Akinobu		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2100	Language	Japanese

## Course Objectives

This subject is appropriate for the Certified Social Worker course and the Mental Health Social Worker course, "Social work

Theory and Methods". The goal is to consider and understand the social work practice provided by social workers.

## Course Contents

After outlining the ways of thinking, content and methods of practicing social work, the course introduces locations for the practice of social work according to the theme of each session. Based on this, students will consider what the social work practice provided by social workers actually is.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Mental Health and Social Work		
Instructor	Sugiyama Akinobu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2100	Language	Japanese

## Course Objectives

The subject is appropriate for the Mental Health Social Worker course, "Basics of Social Work Profession in Mental Health

(Advanced)". The goal is to understand the target persons and the substance of social work practice provided by mental health social workers.

### Course Contents

After outlining the ways of philosophy and content of practicing mental health social work, the course introduces locations for the practice of social work according to the theme of each session. Based on this, students will deepen their understanding of the social work practice provided by mental health social workers, living conditions, of clients, advocacy, social inclusion and so on.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Engineering and Human Services		
Instructor	Suzuki Makoto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1240	Language	Japanese

## Course Objectives

Understand assistive technology which is important for the lifestyles of the elderly and people with disabilities. Acquire a wide range of basic knowledge, from widely used equipment to the application of advanced technology.

#### Course Contents

Lectures are organized on a wide range of fields, including equipment used by people with disabilities, tools used at home by elderly people with reduced physical strength, accessibility of information devices, barrier free and universal design. Students will fill out a feedback form on each session to summarize their opinions and deepen their own reflections.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Basic Social Work and Profession 1		
Instructor	Matsuyama Makoto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2100	Language	Japanese

### Course Objectives

Based on the definition of social work (International Federation of Social Workers 2014), deeply understand the idea, value, target, scope, methodology, history, etc. of social work. In addition, understand the values and ethics of social work. By understanding the foundations of these social works, you will be interested in social issues and will be able to think about future career choices.

### Course Contents

This is a course that corresponds to the certified social worker. Acquire the basic knowledge to study social work. Based on the Definition of SocialWork (IFSW2000, 2014), we will delve into the concept, philosophy, value, object, scope, method, role, etc. of social work. In addition, understand the values and ethics of social work.

In addition, by studying the social work education that the Faculty of Community Welfare aims for and its subject system, it is possible to think about the goals and directions of learning by oneself, and to think in connection with learning and practical training by area after the second year.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Basic Social Work and Profession 2		
Instructor	Kakegawa Naoyuki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2100	Language	Japanese

Course Objectives

This course will enable the students to:

 $\mbox{\cdot}\mbox{understand}$  the concepts and a range of social work.

 $\cdot understand \ social \ work \ at \ micro, \ meso \ and \ macro \ levels, \ and \ furthermore, \ understand \ their \ linkages.$ 

•understand the role of certified social worker and its occupational fields, and furthermore, explain them.

•understand the significance and the contents with regard to comprehensive inclusive practices , and furthermore, understand Interprofessional Work.

## Course Contents

In this course, the students are going to understand the concepts of social work, and then learn about a tangible social work practice at micro, meso and macro levels. And the students are going to discuss with the significance with regard to social work and certisified social worker in modern sociaety.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur></

Course Title	Social Work Theory and Methods 1		
Instructor	Sugiyama Akinobu		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1110	Language	Japanese

## Course Objectives

This subject is appropriate for the Certified Social Worker course and the Mental Health Social Worker course, "Social work

Theory and Methods". The goal is to consider and understand the social work practice provided by social workers.

## Course Contents

After outlining the ways of thinking, content and methods of practicing social work, the course introduces locations for the practice of social work according to the theme of each session. Based on this, students will consider what the social work practice provided by social workers actually is.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Method of Social Work 1		
Instructor	Sugiyama Akinobu		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1110	Language	Japanese

## Course Objectives

This subject is appropriate for the Certified Social Worker course and the Mental Health Social Worker course, "Social work

Theory and Methods". The goal is to consider and understand the social work practice provided by social workers.

## Course Contents

After outlining the ways of thinking, content and methods of practicing social work, the course introduces locations for the practice of social work according to the theme of each session. Based on this, students will consider what the social work practice provided by social workers actually is.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Method on the Health and Welfare for Mentally Handicapped Person		
Instructor	Sugiyama Akinobu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1120	Language	Japanese

## Course Objectives

The subject is appropriate for the Mental Health Social Worker course, "Basics of Social Work Profession in Mental Health

(Advanced)". The goal is to understand the target persons and the substance of social work practice provided by mental health social workers.

### Course Contents

After outlining the ways of philosophy and content of practicing mental health social work, the course introduces locations for the practice of social work according to the theme of each session. Based on this, students will deepen their understanding of the social work practice provided by mental health social workers, living conditions, of clients, advocacy, social inclusion and so on.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Principles of Mental Health 1		
Instructor	Sugiyama Akinobu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1120	Language	Japanese

## Course Objectives

The subject is appropriate for the Mental Health Social Worker course, "Basics of Social Work Profession in Mental Health

(Advanced)". The goal is to understand the target persons and the substance of social work practice provided by mental health social workers.

### Course Contents

After outlining the ways of philosophy and content of practicing mental health social work, the course introduces locations for the practice of social work according to the theme of each session. Based on this, students will deepen their understanding of the social work practice provided by mental health social workers, living conditions, of clients, advocacy, social inclusion and so on.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Introduction to Care Work		
Instructor	Tanaka Yumiko		
Semester	Spring Others	Credit	2 Credits
Course Number	CMB1250	Language	Japanese

## Course Objectives

1) Students can understand care, long-term care insurance services and circumstances of them for the elderly.

2) Based on knowledge learned in class , they can develop the ability to imagine, think and express one's opinion.

### Course Contents

1) Using case studies and source documents as teaching materials, students will learn care, long-term care insurance services and circumstances of them for the elderly.

2) Students will promote better understanding about questions by expressing one's opinion.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Social Work Theory for the Child and Family		
Instructor	Kang Eunhwa		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2200	Language	Japanese

## Course Objectives

In this class, to deepen their basic understanding of child and family welfare, students will learn about the basic principles of and legal system related to child and family welfare, changes in the environment in which children grow up, organizations that provide the relevant services, and the contents of these services.

#### Course Contents

In today's society, where the needs for childrearing support are diversifying, professionals working with children are expected to provide direct support for children and their families. In this class, students will learn about the changes in the way children are perceived and the issues surrounding children and families, as well as about child and family welfare policies and practices from the perspective of children's rights.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work Theory for the Elderly		
Instructor	Nagakura Masumi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2200	Language	Japanese

## Course Objectives

Understand the characteristics of elderly people, problems of low birth rate and the aging society. Learn about laws, systems, services, organizations and methods for supporting elderly people based on historical changes.

#### Course Contents

Learn about laws and systems for elderly people and specific services from the perspective of protecting the lives and human rights of the elderly. In addition, deepen understanding of the characteristics and conditions of elderly people and an aging society with a low birth rate, the problems that elderly people and their families have, and their background. Learn with specific examples on resolving problems and supporting individuals.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Introduction to Medicine		
Instructor	Kato Haruyasu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

### Course Objectives

In the Japanese society which advances to an aging society, many people often have multiple diseases. Therefore, it is important for social workers to get medical knowledge in the future. You should understand basic knowledge of medicine, social and mental function, body structure, and outline of various diseases and disorders required for social workers to perform social work and care management.

#### Course Contents

You should understand medical knowledge; the underlying knowledge is human embryology, anatomy and physiology. After your understanding this knowledge, I will briefly introduce cardiovascular, endocrine, respiratory, digestive and urinary diseases. In addition, I also introduce the definition of some physical and mental disorders..

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Social Work Theory for the Mentally/Physically Challenged		
Instructor	Yuki Toshiya		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2200	Language	Japanese

## Course Objectives

Learn the concepts and philosophy of disability welfare as required for practicing welfare for people with disabilities in the modern society. Understand types of disabilities and the current status of people with disabilities, outline of systems and policies, and their issues.

#### Course Contents

Understand the outline of laws, systems, measures and services related to people with disabilities in relation to the history and concept of disability and disability welfare in modern society, as well as the current status of people with disabilities and the measures being taken to help them. This course aims to develop an awareness of people's disabilities and of what concrete steps can be taken to support them.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Security Methodology		
Instructor	Oyama Norihiro		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2200	Language	Japanese

## Course Objectives

Learn about the history of the creation and development of the social security system, and further understand the nature, function, philosophy and framework of social security.

### Course Contents

It is no exaggeration to say that the history of social security has evolved with the development of capitalism. First, we learn from the history of social security how its development has been supported by a wide range of citizen and worker movements. Next, we trace the development of the philosophy of social security, study its significance, and learn about social exclusion and challenges related to social trends.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Theory of Developmental Disorders		
Instructor	Yamazaki Kouji		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1240	Language	Japanese

### Course Objectives

Acquire basic knowledge on developmental disorders and learn about current support for these. Furthermore, gain an understanding on the principles of inclusive support and education. In addition, whatever one's point of view, whether citizen,

friend, family member, supporter, policymaker, colleague in the workplace or manager, develop a basic knowledge that can be applied whenever necessary.

# Course Contents

Lectures are given on the basics of understanding and support for topics such as intellectual disability, autism spectrum disorder, attention deficit/hyperactivity disorder, learning disabilities. In recent years, questions have been raised once a gain over the means of understanding disability and the principles of support. This course will also cover these trends.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work 1		
Instructor	Matsuyama Makoto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1130	Language	Japanese

### Course Objectives

Based on the definition of social work (International Federation of Social Workers 2014), deeply understand the idea, value, target, scope, methodology, history, etc. of social work. In addition, understand the values and ethics of social work. By understanding the foundations of these social works, you will be interested in social issues and will be able to think about future career choices.

### Course Contents

This is a course that corresponds to the certified social worker. Acquire the basic knowledge to study social work. Based on the Definition of SocialWork (IFSW2000, 2014), we will delve into the concept, philosophy, value, object, scope, method, role, etc. of social work. In addition, understand the values and ethics of social work.

In addition, by studying the social work education that the Faculty of Community Welfare aims for and its subject system, it is possible to think about the goals and directions of learning by oneself, and to think in connection with learning and practical training by area after the second year.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

https://sy.rikkyo.ac.jp/web/preview.php?nendo=2023&kodo\_2=IB150

IB150

Course Title	Basic Social Work and Profession 1		
Instructor	Matsuyama Makoto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1130	Language	Japanese

### Course Objectives

Based on the definition of social work (International Federation of Social Workers 2014), deeply understand the idea, value, target, scope, methodology, history, etc. of social work. In addition, understand the values and ethics of social work. By understanding the foundations of these social works, you will be interested in social issues and will be able to think about future career choices.

### Course Contents

This is a course that corresponds to the certified social worker. Acquire the basic knowledge to study social work. Based on the Definition of SocialWork (IFSW2000, 2014), we will delve into the concept, philosophy, value, object, scope, method, role, etc. of social work. In addition, understand the values and ethics of social work.

In addition, by studying the social work education that the Faculty of Community Welfare aims for and its subject system, it is possible to think about the goals and directions of learning by oneself, and to think in connection with learning and practical training by area after the second year.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work 2		
Instructor	Kakegawa Naoyuki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1110	Language	Japanese

Course Objectives

This course will enable the students to:

 $\mbox{\cdot}\mbox{understand}$  the concepts and a range of social work.

•understand social work at micro, meso and macro levels, and furthermore, understand their linkages.

•understand the role of certified social worker and its occupational fields, and furthermore, explain them.

•understand the significance and the contents with regard to comprehensive inclusive practices , and furthermore, understand Interprofessional Work.

## Course Contents

In this course, the students are going to understand the concepts of social work, and then learn about a tangible social work practice at micro, meso and macro levels. And the students are going to discuss with the significance with regard to social work and certisified social worker in modern sociaety.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

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Course Title	Basic Social Work and Profession 2		
Instructor	Kakegawa Naoyuki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1110	Language	Japanese

Course Objectives

This course will enable the students to:

 $\mbox{\cdot}\mbox{understand}$  the concepts and a range of social work.

 $\cdot understand \ social \ work \ at \ micro, \ meso \ and \ macro \ levels, \ and \ furthermore, \ understand \ their \ linkages.$ 

•understand the role of certified social worker and its occupational fields, and furthermore, explain them.

•understand the significance and the contents with regard to comprehensive inclusive practices , and furthermore, understand Interprofessional Work.

## Course Contents

In this course, the students are going to understand the concepts of social work, and then learn about a tangible social work practice at micro, meso and macro levels. And the students are going to discuss with the significance with regard to social work and certisified social worker in modern sociaety.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Modern Society and Welfare 2		
Instructor	Kawamura Gakuto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

## Course Objectives

To understand the significance of examining social welfare in principle by placing it in the context of contemporary society.

To understand the life problems that appear in modern society and the factors behind them.

To understand the trends and issues of social welfare policies and related policies for solving life problems.

#### Course Contents

In this class, we will first understand the significance of examining social welfare in principle.

Next, we will gain an understanding of the perspectives from which life problems in modern society are viewed, and the background factors that explain why such life problems are occurring. We will then examine the necessity of solving these problems socially.

Then, we will focus on policy responses to life problems and examine ways to distribute social resources efficiently and fairly.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Psychological Theory and Psychological Support		
Instructor	Maruyama Miho		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

## Course Objectives

①Understand the basic mechanism and function of the human mind, and understand the psychological reactions that occur in the interaction with the environment.

2 Understand the psychological issues peculiar to each stage of human growth and development

3 Understand the relationship between daily life and mental health

4 Understand the method of assessment and the support based on the theory of psychology

## Course Contents

1 Psychological perspective

- 2 Basic mechanism and function of human mind
- 3 Development process of human mind
- 4 Daily life and mental health

(5) Basics of assessment and support based on psychological theory

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur><ur>URL>

Course Title	Social Theory and Systems		
Instructor	Katagiri Masayoshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

## Course Objectives

To be able to do sociological thinking that is the minimum necessary to study social welfare.

## Course Contents

This is not welfare but "social" welfare. This meaning is considered from the viewpoint of sociology. Acquire the ability to consider what social welfare premised on this actually is.

To that end, students study a wide range of topics, such as family, cities, population change, medical treatment and care.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Legal System of Social Welfare		
Instructor	Yajima Rie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

## Course Objectives

This course aims to develop basic skills for analyzing problems in social welfare law and making concrete proposals for solving them.

### Course Contents

In this course, students will understand the overall picture of the social welfare law, such as the purpose, history, and the ory of the social welfare law, and learn the basics of each social welfare law.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work Theory for the Child and Family		
Instructor	Kang Eunhwa		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1210	Language	Japanese

## Course Objectives

In this class, to deepen their basic understanding of child and family welfare, students will learn about the basic principles of and legal system related to child and family welfare, changes in the environment in which children grow up, organizations that provide the relevant services, and the contents of these services.

#### Course Contents

In today's society, where the needs for childrearing support are diversifying, professionals working with children are expected to provide direct support for children and their families. In this class, students will learn about the changes in the way children are perceived and the issues surrounding children and families, as well as about child and family welfare policies and practices from the perspective of children's rights.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work Theory for the Elderly		
Instructor	Nagakura Masumi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB1210	Language	Japanese

## Course Objectives

Understand the characteristics of elderly people, problems of low birth rate and the aging society. Learn about laws, systems, services, organizations and methods for supporting elderly people based on historical changes.

#### Course Contents

Learn about laws and systems for elderly people and specific services from the perspective of protecting the lives and human rights of the elderly. In addition, deepen understanding of the characteristics and conditions of elderly people and an aging society with a low birth rate, the problems that elderly people and their families have, and their background. Learn with specific examples on resolving problems and supporting individuals.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work Theory for the Mentally/Physically Challenged		
Instructor	Yuki Toshiya		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB1230	Language	Japanese

## Course Objectives

Learn the concepts and philosophy of disability welfare as required for practicing welfare for people with disabilities in the modern society. Understand types of disabilities and the current status of people with disabilities, outline of systems and policies, and their issues.

### Course Contents

Understand the outline of laws, systems, measures and services related to people with disabilities in relation to the history and concept of disability and disability welfare in modern society, as well as the current status of people with disabilities and the measures being taken to help them. This course aims to develop an awareness of people's disabilities and of what concrete steps can be taken to support them.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Legal System of Social Welfare		
Instructor	Yajima Rie		
Semester	Spring Semester	Credit	2 Credits
Course Number		Language	Japanese

## Course Objectives

This course aims to develop basic skills for analyzing problems in social welfare law and making concrete proposals for solving them.

## Course Contents

In this course, students will understand the overall picture of the social welfare law, such as the purpose, history, and theory of the social welfare law, and learn the basics of each social welfare law.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Public Assistance		
Instructor	Goto Hiroshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

# Course Objectives

1 Understanding the concept of poverty.

OUnderstanding the living conditions of people in poverty in relation to social structure.

3 Understanding the history of poverty issue and changes in the view of poverty.

(4) Understanding the legal system and support system in relation to poverty.

## Course Contents

In this lecture, Based on understanding the concept of poverty and the actual living conditions of people in poverty, learn about the support systems for people in poverty: the public assistance system and the Self-Reliance Support system of the needy.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work Theory for the Poverty and Needy		
Instructor	Goto Hiroshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

# Course Objectives

1 Understanding the concept of poverty.

O Understanding the living conditions of people in poverty in relation to social structure.

3Understanding the history of poverty issue and changes in the view of poverty.

(4) Understanding the legal system and support system in relation to poverty.

## Course Contents

In this lecture, Based on understanding the concept of poverty and the actual living conditions of people in poverty, learn about the support systems for people in poverty: the public assistance system and the Self-Reliance Support system of the needy.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Welfare for the Elderly		
Instructor	Nagakura Masumi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2210	Language	Japanese

## Course Objectives

Understand the characteristics of elderly people, problems of low birth rate and the aging society. Learn about laws, systems, services, organizations and methods for supporting elderly people based on historical changes.

#### Course Contents

Learn about laws and systems for elderly people and specific services from the perspective of protecting the lives and human rights of the elderly. In addition, deepen understanding of the characteristics and conditions of elderly people and an aging society with a low birth rate, the problems that elderly people and their families have, and their background. Learn with specific examples on resolving problems and supporting individuals.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Practical Social Welfare for the Elderly		
Instructor	Nagakura Masumi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2140	Language	Japanese

# Course Objectives

Organize specific assistance and approaches for elderly welfare and learn about the details and current status of aid practice in various fields.

#### Course Contents

Learn the principles of welfare for the elderly, the needs of users, the institutional aspects of current welfare, the ethics and professional expertise required by helpers. Then, learn how specific support is provided in various organizations that support the elderly, and understand the practice of welfare for the elderly. If appropriate, invite a helper who practices in the field.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Welfare of Handicapped Persons		
Instructor	Yuki Toshiya		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

## Course Objectives

Learn the concepts and philosophy of disability welfare as required for practicing welfare for people with disabilities in the modern society. Understand types of disabilities and the current status of people with disabilities, outline of systems and policies, and their issues.

#### Course Contents

Understand the outline of laws, systems, measures and services related to people with disabilities in relation to the history and concept of disability and disability welfare in modern society, as well as the current status of people with disabilities and the measures being taken to help them. This course aims to develop an awareness of people's disabilities and of what concrete steps can be taken to support them.

### Others

"Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Theory of Community Welfare 1		
Instructor	Toyoda Munehiro		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

## Course Objectives

1) Understand the historical development and regional characteristics of community welfare.

2) Understand community welfare as required by residents and people who need it; community welfare as provided by social workers; community welfare provided by local government as a policy initiative; community welfare in the context of social welfare laws. Understand the different ways of thinking about community welfare as demonstrated by different practitioners.
3) Explain to others what the requirements are for community welfare.

4) Understand that it is easy for a recipient of welfare services to become passive about receiving these services.

5) Understand the need for comprehensive life support and networks.

## Course Contents

Community welfare is about resolving the lifestyle issues of local residents with lifestyle rights and fulfilling their lifestyle problems. It is the process of putting together services and activities based on the region. In addition, it can be viewed as the construction and operation of a framework to secure this process. Review the historical development of community welfare and how its ideas and practices have been formed and spread. In addition, understand the details of the elements that make up community welfare through examining practical cases. In this way, students themselves consider what community welfare is.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Theory of Community Welfare 2		
Instructor	Toyoda Munehiro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2130	Language	Japanese

## Course Objectives

1) Understand the concept of community work and community social work.

2) Understand the characteristics of different practitioners of community welfare.

3) Understand the background and factors of various events surrounding community welfare.

4) If you can predict future life problems that may arise in this area to some extent, you can then envision how to respond.

5) Gain an interest in events related to overseas community welfare overseas and explain the significance to others.

### Course Contents

Learn the organizational features of community welfare promotion entities, examine practical cases, and review the content of community work and community social work to understand how to create a community that supports people with lifestyle problems, such as the elderly, people with disabilities, children, parents raising children or resident foreigners. Consider the contemporary issues that community welfare promotion bodies deal with . Through these, consider the future principles of community welfare. In addition, pay attention to the circulation of welfare information.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social work and Gender		
Instructor	Yuzawa Naomi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2240	Language	Japanese

### Course Objectives

This subject is one of a group of subjects for deepening the understanding of theory, system, and services required for social workers specializing in interpersonal support. Understand the current situation of women's issues based on sexual discrimination and elucidate the role of social welfare for solving them from the perspective of women's welfare. In addition, acquire skills necessary for supporters of community welfare.

### Course Contents

Discrimination suffered by women, social disadvantage, and various problems arising from this are collectively referred to as "women's issues." At present, efforts are being made on a global basis to resolve these issues. These lectures review the

current status and future of women's welfare, as well understanding of modern society where women's welfare is required. Students will consider a society without violence and consider ways for living happily.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Practice of Care Work		
Instructor	*		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2140	Language	Japanese

## Course Objectives

(1) Understand the social circumstances surrounding the lives of the elderly.

(2) To be able to acquire knowledge that will serve as the basis for specific practical activities, such as an overview of the outline of the Long-Term Care Insurance System and the system of services, their contents and procedures.

(3) To be able to describe how to support the elderly through multidisciplinary cooperation with professionals.

### Course Contents

With the advent of a declining birthrate, the number of elderly people in need of care is increasing rapidly.

In April 2000, the Long-Term Care Insurance Act was enacted, creating the Long-Term Care Insurance System, a structure that provides mutual support for Long-Term Care throughout society.

In addition, the Certified Social Worker and Certified Care Worker Act was passed in 1987 and significantly revised in 2007. In order to respond to the demand for Long-Term Care due to the increase in the number of elderly people in Long-Term Care and the prolongation of Long-Term Care due to the progress of aging, we are facing an era in which highly specialized professionals with knowledge and skills are needed.

In this class, you will gain a multifaceted understanding of the phenomena and issues surrounding the lives of the elderly, as well as learn about the main Long-Term Care insurance Act and Long-Term Care insurance systems to support them. Students will also deepen their understanding of the role of social welfare professionals in contemporary society and care systems.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Psychiatry 1		
Instructor	Tani Masayuki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2220	Language	Japanese

## Course Objectives

Understand the concepts, symptoms, examinations, treatments and supports of mental disorders. Aim to acquire the psychiatric knowledge necessary for professional occupations such as psychiatric social workers.

#### Course Contents

At first, learn the basics of psychiatry, in general terms, including psychiatric concepts, symptoms, diagnosis and treatment. In each section, deepen understanding of the concepts, symptoms, examinations and treatments of various mental disorders (dementia, schizophrenia, mood disorders, neurotic disorders, stress-related disorders, substance-related disorders, developmental disorders).

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Psychiatry 2		
Instructor	Kurosawa Kenzo		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2220	Language	Japanese

## Course Objectives

The purpose of this course is to obtain basic knowledge about symptomatology and diagnostics of mental disorder. To be able discuss psychosocial and physiological side of mental disorder.

### Course Contents

This course will introduce students to a number of real cases of mental patients, and give students a basic understanding of main mental disorders. We will deepen understanding about the psychosocial side of mental patients on seeing movies and videos which featured the theme of mental disorder.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Psychiatric Social Work 1		
Instructor	*		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2220	Language	Japanese

## Course Objectives

Understand the background and outline to the support of the mental health care and welfare, and consider this in relation to the practice of social work.

#### Course Contents

On the subject of "Principles of Mental Health," classes are based on concrete examples linked to social work practices,

focused on(1) Social exclusion and social barriers, (2) Background of qualification of "mental health social worker" and principles and principles of mental health and welfare, (3) Function and role of "mental health social worker". In addition, this class is a required designated subject for certification for the national psychiatric social worker examination. But To develop the ability to keep thinking about the relationship between people, regardless of the qualification of a "mental health social worker"

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Psychiatric Social Work 2		
Instructor	Kitamori Megumi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2220	Language	Japanese

## Course Objectives

Understand the background and outline of the legal system related to the support of the mental health care and welfare, and consider this in relation to the practice of social work.

#### Course Contents

On the subject of "System and services in relation to mental health welfare," classes are based on concrete examples linked to

social work practices, focused on (1) Transition of measures and legal systems of mental health and medical welfare, (2) Systems and services that persons with mental illness can utilize (3) Business and legal system of psychiatric social workers. In addition, this class is a required designated subject for certification for the national psychiatric social worker examina tion.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Living Assistance System for Mentally Handicapped Person		
Instructor	*		
Semester	Spring Semester	Credit	2 Credits
Course Number		Language	*

Course Objectives

This lecture course is aimed understand the basic knowledge and skills of the "Living Assistance System for Mentally

Handicapped Person".

# Course Contents

Students will learn the counselling support, as well as about the systems for housing and employment support, the role and function of each specialized organization related to mental health and welfare.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Residential Environment and Personal Social Services		
Instructor	Ito Shuko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2250	Language	Japanese

## Course Objectives

Learn about the regional principles, housing and welfare facilities, and take into consideration the systems and policies related to the construction of social systems and welfare in a super-aged society. Deepen understanding of issues concerning residential environment and community design.

#### Course Contents

Based on the current situation in Japan and the construction of social systems, such as Long Term Care Insurance, lectures are given on the importance of environmental maintenance including aspects of architectural design, in accordance with the perspectives of the elderly. Topics are introduced and explained using PowerPoint with specific examples.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Principles of Mental Health 2		
Instructor	Aoki Ayaka		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2220	Language	Japanese

## Course Objectives

Understand the background and outline to the support of the mental health care and welfare, and consider this in relation to the practice of social work.

#### Course Contents

On the subject of "Principles of Mental Health," classes are based on concrete examples linked to social work practices,

focused on(1) Social exclusion and social barriers, (2) Background of qualification of "mental health social worker" and principles and principles of mental health and welfare, (3) Function and role of "mental health social worker". In addition, this class is a required designated subject for certification for the national psychiatric social worker examination. But To develop the ability to keep thinking about the relationship between people, regardless of the qualification of a "mental health social worker"

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Mental Health and Welfare Systems		
Instructor	Kitamori Megumi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2220	Language	Japanese

## Course Objectives

Understand the background and outline of the legal system related to the support of the mental health care and welfare, and consider this in relation to the practice of social work.

### Course Contents

On the subject of "System and services in relation to mental health welfare," classes are based on concrete examples linked to

social work practices, focused on (1) Transition of measures and legal systems of mental health and medical welfare, (2) Systems and services that persons with mental illness can utilize (3) Business and legal system of psychiatric social workers. In addition, this class is a required designated subject for certification for the national psychiatric social worker examination.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Introduction to Medicine		
Instructor	Kato Haruyasu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

### Course Objectives

In the Japanese society which advances to an aging society, many people often have multiple diseases. Therefore, it is important for social workers to get medical knowledge in the future. You should understand basic knowledge of medicine, social and mental function, body structure, and outline of various diseases and disorders required for social workers to perform social work and care management.

### Course Contents

You should understand medical knowledge; the underlying knowledge is human embryology, anatomy and physiology. After your understanding this knowledge, I will briefly introduce cardiovascular, endocrine, respiratory, digestive and urinary diseases. In addition, I also introduce the definition of some physical and mental disorders..

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Medical Social Work		
Instructor	Matsuyama Makoto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

### Course Objectives

Learn the knowledge necessary to understand social work practice in the medical field. First, understand trends, policies, systems, and services in health care. On top of that, learn the roles, duties, and ideals of social workers in medical care and hospitals.appropriate support and their roles, and also collaboration and cooperation.

#### Course Contents

Focusing on hospitals, we will explain in detail the practice of medical social work and the trends and policies of health care that are the background. In particular, I will explain in detail the "5 Diseases and 5 Project" and the medical fee system, which have a great impact on people's lives and social work work in hospitals. In particular, I would like to explain the background behind the promotion of discharge of inpatients and the promotion of undesired home care. On top of that, we will consider the role and ideal state of socialwork in medical care and hospitals.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Health Care and Welfare Systems		
Instructor	Matsuyama Makoto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

### Course Objectives

Learn the knowledge necessary to understand social work practice in the medical field. First, understand trends, policies, systems, and services in health care. On top of that, learn the roles, duties, and ideals of social workers in medical care and hospitals.appropriate support and their roles, and also collaboration and cooperation.

#### Course Contents

Focusing on hospitals, we will explain in detail the practice of medical social work and the trends and policies of health care that are the background. In particular, I will explain in detail the "5 Diseases and 5 Project" and the medical fee system, which have a great impact on people's lives and social work work in hospitals. In particular, I would like to explain the background behind the promotion of discharge of inpatients and the promotion of undesired home care. On top of that, we will consider the role and ideal state of socialwork in medical care and hospitals.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Practice of Psychiatric Social Work 1		
Instructor	Suzuki Aoi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2120	Language	Japanese

## Course Objectives

Students will learn the theory and practice of social work related to supporting people with mental disabilities and mental health issues, and will be able to understand the underlying perspectives and values.

#### Course Contents

(1) To introduce theories and core concepts of social work necessary to support people with mental disabilities and mental health issues.

(2) The perspectives, values, and philosophies that form the foundation of social work will be explained in connection with practice.

(3) The class will then proceed in a way that students can acquire a way to understand people and society based on social work expertise by assuming specific situations and role-playing along the development process of the case. The class will be conducted with discussions among students as needed.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work Theory and Methods(Mental Health) 1		
Instructor	Suzuki Aoi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2120	Language	Japanese

## Course Objectives

Students will learn the theory and practice of social work related to supporting people with mental disabilities and mental health issues, and will be able to understand the underlying perspectives and values.

#### Course Contents

(1) To introduce theories and core concepts of social work necessary to support people with mental disabilities and mental health issues.

(2) The perspectives, values, and philosophies that form the foundation of social work will be explained in connection with practice.

(3) The class will then proceed in a way that students can acquire a way to understand people and society based on social work expertise by assuming specific situations and role-playing along the development process of the case. The class will be conducted with discussions among students as needed.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Clinical Psychology of the Family		
Instructor	Katou Shouko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2250	Language	Japanese

## Course Objectives

•We explain family issues in recent years from multiple perspectives

•We understand practical knowledge on psychological family support

## Course Contents

It provides an opportunity to learn more about psychosocial support and theory for families facing difficulties and deepens students' understanding of issues encountered in psychological family support.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Finance,Administration and Plan of Social Welfare		
Instructor	Ishigaki Chiaki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

## Course Objectives

To understand administration, finance, and plan on social welfare

## Course Contents

Every time I will give lectures on the following topics. Students will understand how local governments work for social welfare policy in terms of administration and finance.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Employment Support Services		
Instructor	Tomita Fumiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2210	Language	Japanese

### Course Objectives

Students who hope to work in this area will learn about the target subjects who require assistance. Acquire basic knowledge about the support services required for a social worker and learn about specifically supporting the needs of job seekers and about how to collaborate with different organizations.

#### Course Contents

Learn about the employment support system and the related legal system, the functions and professions of support agencies and facilities, collaboration with related areas of employment support, and domestic trends on the employment of people with disabilities and future employment support issues. Understand the methods of employment and forms of employment for support of people with disabilities, low income earners or single-parent families.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Criminal Justice and Social Work		
Instructor	Kakegawa Naoyuki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

## Course Objectives

There are three goals of this class.

First, to understand the recent trends in Forensic Socialwork and the mechanisms of various systems.

Secondly, as a social worker, to fully understand the concept of who and for what welfare support is provided to those released from prison.

Finally, students will acquire the basics to be able to provide support for released persons in collaboration with multiple organizations and multiple professions in the clinical welfare field.

### Course Contents

The following topics will be covered in this class.

How are criminals sentenced and how do they return to their communities? What problems do so-called "released persons" face? We will deepen our understanding of the welfare support that may be necessary for them to return to their communities, as well as the people and institutions responsible for that support.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Advocacy and adult guardianship		
Instructor	Iimura Fumie		
Semester	Spring Semester	Credit	2 Credits
Course Number		Language	Japanese

### Course Objectives

Systematically understanding the various issues that occur in the real world related to fundamental issues such as human rights, social justice, human dignity and advocacy that are the foundation of social work.

The purpose of this lecture is to draw abstract concepts into concrete examples, and for students to express in their own words, what rights are, what kind of rights are violated, and who can protect the rights of users etc.

### Course Contents

Based on a basic understanding of rights, I will introduce the specific social backgrounds where advocacy is required, and confirm the image of users who are the subject of social work. In addition, we will learn about the current status and issues in the rights advocacy system, and in the adult guardianship system, while learning the structure of potential abuses that are likely, along with the mechanisms and solutions in instances of abuse. In addition, lectures by guest speakers are planned, so that students can deepen their understanding of practical approaches and issues.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work for Infants with Disabilities		
Instructor	Sayama Tomohiro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2140	Language	Japanese

## Course Objectives

The aim of this course is to acquire the knowledge of way of supports for young children with disabilities comprehensively.

# Course Contents

The characteristics of disabilities, the way of supports for children with disabilities and families, and social supports are introduced. Not only the academic knowledges, but the practical knowledges are provided. You need to be able to think for yourself and solute the problems of children with disabilities.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Method of Social Work 2		
Instructor	*		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2110	Language	Japanese

# Course Objectives

(1) Understand social work and social workers.

(2) To be able to describe the process of social work.

(3) Understand social work practice models and approaches.

## Course Contents

The purpose of this class is to learn about the fundamentals of social work (micro, meso, and macro levels).Mainly, students will deepen their understanding of approaches, practice models, and developments in the social work support process.Students will also understand the significance, purpose, methods, and points to note of case studies, and through case studies of specific support methods, solutions, etc., will be able to understand and consider the process of support practice.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Method of Social Work 3		
Instructor	*		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2110	Language	Japanese

# Course Objectives

Based on the values and ethics of social work, the program aims to enable students to consider today's increasingly diverse and complex issues and to think about what theories, techniques, and methods to use in their practice settings.

### Course Contents

Students will learn about methods of forming helping relationships, networking, and utilizing and developing social resources in social work, and will examine practical examples.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Method of Social Work 4		
Instructor	Iimura Fumie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2110	Language	Japanese

## Course Objectives

With a focus on social work practice developed on a regional basis, the course aims to deepen students' understanding of practical and effective social work theories and methods to respond to increasingly diverse and complex issues. In addition, students will study specific case studies related to support relationships with people in need, development strategies for social resources, and comprehensive and integrated social work support, with the goal of acquiring the significance of case analysis and multifaceted perspectives.

### Course Contents

After confirming the basic matters related to the formation of social work helping relationships, students will understand specific social work practice cases through short case studies and audiovisual materials. The course integrates theory and methodology, while developing creative ways for students to think about the points of focus and key points of support on their own. In addition, I plan to invite guest speakers and provide opportunities to learn about the actual situation in the field where social work practice is developed.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Social Security		
Instructor	Miyake Yudai		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2230	Language	Japanese

# Course Objectives

Understanding social security in Japan and other countries, along with the resources and systems of social security.

Course Contents

Today's social security system is a basic condition for citizens to live their lives. By studying the social security systems of Japan and other countries, we will examine the future of Japan's social security from various perspectives.

Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur><ur>URL>

Course Title	English for foreign studies and internships (Social Work)		
Instructor	Paydon Steven		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2903	Language	Others

# Course Objectives

Students will be able to:

- Identify key psychological, social, and biological factors in happiness
- Understand the relationship between happiness, human connection, and social qualities, such as compassion,

altruism, and gratitude

- Describe the principles behind why specific activities boost happiness
- Apply lessons from positive & social psychology to their own personal lives, enhancing their self-understanding
- Practice research-tested techniques for boosting happiness

### Course Contents

This course studies the science of positive psychology and explores the roots of a happy and meaningful life. Students will engage with some of the most provocative and practical lessons from this science, discovering how to apply key insights from cutting-edge research into their own lives.

The course will zero in on the fundamental finding from positive psychology: that happiness is inextricably linked to having strong social connections and contributing to something bigger than yourself—the greater good. Students will learn about the cross-disciplinary research supporting this view, spanning the fields of psychology, neuroscience, evolutionary biology, and beyond.

Research suggests that up to 40 percent of happiness depends on our habits and day-to-day activities. This course will offer students real-life techniques for nurturing their own happiness.

### Others

"Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Present situation of foreign socialwork in English		
Instructor	Paydon Steven		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2901	Language	English

# Course Objectives

This course aims to teach students to:

- Develop a deeper understanding of wellbeing
- Understand resilience and its benefits
- Develop an understanding of the GEM approach to developing wellbeing and increasing happiness
- Assess the effectiveness of GEM principles
- Build confidence in expressing personal opinions and experiences
- Develop autonomy, creativity, critical thinking, and collaboration skills.

### Course Contents

This course is based on positive psychology. It focuses on resilience and the teaching of GEM (Gratitude, Empathy and Mindfulness) principles in schools, professional sports associations, and in the workplace in Australia and New Zealand. Resilience is what gives people the psychological strength to cope with stress and hardship. It is the mental reservoir of strength that people are able to call on in times of need to carry them through difficult times. GEM has been found to increase happiness and well-being levels in a wide variety of situations and contexts. This course will focus on the theory supporting the GEM benefits and apply the techniques in and out of class to test their effectiveness.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Social Work Theory and Methods 2		
Instructor	Lim Saeah		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB2110	Language	Japanese

# Course Objectives

(1) Understand social work and social workers.

(2) To be able to describe the process of social work.

(3) Understand social work practice models and approaches.

## Course Contents

The purpose of this class is to learn about the fundamentals of social work (micro, meso, and macro levels).Mainly, students will deepen their understanding of approaches, practice models, and developments in the social work support process.Students will also understand the significance, purpose, methods, and points to note of case studies, and through case studies of specific support methods, solutions, etc., will be able to understand and consider the process of support practice.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Social Work Theory and Methods 3		
Instructor	Shinozaki Hikaru		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2110	Language	Japanese

# Course Objectives

Based on the values and ethics of social work, the program aims to enable students to consider today's increasingly diverse and complex issues and to think about what theories, techniques, and methods to use in their practice settings.

### Course Contents

Students will learn about methods of forming helping relationships, networking, and utilizing and developing social resources in social work, and will examine practical examples.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Living Assistance System for Mentally Handicapped Person		
Instructor	Ueda Masashi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3220	Language	Japanese

# Course Objectives

This lecture course is aimed understand the basic knowledge and skills of the "Living Assistance System for Mentally

Handicapped Person".

# Course Contents

Students will learn the counselling support, as well as about the systems for housing and employment support, the role and function of each specialized organization related to mental health and welfare.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Advocacy and adult guardianship		
Instructor	Iimura Fumie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3230	Language	Japanese

## Course Objectives

Systematically understanding the various issues that occur in the real world related to fundamental issues such as human rights, social justice, human dignity and advocacy that are the foundation of social work.

The purpose of this lecture is to draw abstract concepts into concrete examples, and for students to express in their own words, what rights are, what kind of rights are violated, and who can protect the rights of users etc.

## Course Contents

Based on a basic understanding of rights, I will introduce the specific social backgrounds where advocacy is required, and confirm the image of users who are the subject of social work. In addition, we will learn about the current status and issues in the rights advocacy system, and in the adult guardianship system, while learning the structure of potential abuses that are likely, along with the mechanisms and solutions in instances of abuse. In addition, lectures by guest speakers are planned, so that students can deepen their understanding of practical approaches and issues.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Modern Society and Welfare 2		
Instructor	Kawamura Gakuto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3230	Language	Japanese

## Course Objectives

To understand the significance of examining social welfare in principle by placing it in the context of contemporary society.

To understand the life problems that appear in modern society and the factors behind them.

To understand the trends and issues of social welfare policies and related policies for solving life problems.

#### Course Contents

In this class, we will first understand the significance of examining social welfare in principle.

Next, we will gain an understanding of the perspectives from which life problems in modern society are viewed, and the background factors that explain why such life problems are occurring. We will then examine the necessity of solving these problems socially.

Then, we will focus on policy responses to life problems and examine ways to distribute social resources efficiently and fairly.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Long Term Care Insurance		
Instructor	Shibasaki Masumi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB3210	Language	Japanese

# Course Objectives

Students will develop the ability to think about methods of care and welfare for the elderly, while understanding the outline of the long-term care insurance systems, and progress for aging in the future.

## Course Contents

Long Term Care Insurance, created in 2000, was established as a social insurance mechanism to meet the needs of elderly people. Students will learn about and understand the future of the Long Term Care Insurance system, as well as future issues in nursing care for the elderly, as the unprecedented aging of society advances.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Theory of Welfare Management		
Instructor	Iimura Fumie		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB3210	Language	Japanese

## Course Objectives

Deepening understanding of the basic structure of various organizations, such as welfare facilities, organizations and businesses involved in providing social welfare services, and their roles and functions. Learning about today's problems based on examples, and through comparisons of how these organizations differ from organizations organized under other purposes.

### Course Contents

In an era when improvements in the quality of social welfare is necessary, attention is focused on "management", and management functions in the organization. In this lecture, students will learn the basic theory of management including welfare service provider organization and human resource management. In addition, I will provide a program that deepens understanding from both theory and practice, while considering the characteristics of welfare services, with case studies and topics by guest speakers.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Information Technology and Human Services		
Instructor	Kawamori Shigeki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB3250	Language	Japanese

## Course Objectives

Understand the importance of conscious and intentional handling of information in the field of social work. Learn about the use of digital technology to transform social work and improve productivity.

#### Course Contents

Despite the growing importance of information in the field of social work, there is little awareness of the fact that information is handled in the field. Awareness of the need for information in the provision of support and services will enhance the quality of support and services.

Learn about the use of digital technology to transform social work and improve productivity (Digital Transformation of social work and care service).

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Study of the Welfare Industry		
Instructor	Kudome Yoshitake		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3250	Language	Japanese

## Course Objectives

By studying how the promotion and development of the welfare industry (silver service, etc.) contribute to economic functions and effects such as the "safety net function" (life stability, labor force preservation, income redistribution, etc.) and the "total demand expansion function" (job creation function, production inducement function, and fund circulation function) of japan's social security system, we will learn how to contribute to various measures, Contribute to the development of human resources who will lead the next generation of social welfare.

#### Course Contents

In the "General Discussion", based on the development process of social security in Japan, we will examine the history of the promotion of the welfare industry (silver service), the development process of silver services since the long-term care insurance system came into force, and understand the fundamental structural reform of social security through integrated reform of social security and tax. In addition, students will learn about the change in policy phases, such as responding to the increase in the number of elderly people in a declining population and responding to a decrease in the working-age population, while verifying various data from the Ministry of Health, Labour and Welfare and related ministries and agencies. In the "Each Theory", students will learn the current situation, issues, and direction of measures based on the efforts of the Ministry of Health, Labour and Welfare and related ministries and agencies such as AI, ICT, and nursing care robots to improve productivity in the nursing care field, improvement of living environments, securing nursing care personnel, dementia care and healthcare industry, visualization and selection support of nursing care services, comparison with foreign countries, and deployment to overseas markets. Based on the general discussion and learning in each theory, students will deepen their understanding of the relationship between the social security system and the welfare industry.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Theory of Care Management		
Instructor	Nagakura Masumi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3140	Language	Japanese

## Course Objectives

Understanding the basic philosophy and purpose of care management, empowering users, and learning the practical methods of care management that support independence.

## Course Contents

Based on the basic philosophy and purpose of care management, we will explore the processes and specific methods of care management from intake to final outcome. Using various case studies focusing on care management for elderly people, we will consider care management practice methods and issues.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Judicial Social Services		
Instructor	Kakegawa Naoyuki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3210	Language	Japanese

## Course Objectives

There are three goals of this class.

First, to understand the recent trends in Forensic Socialwork and the mechanisms of various systems.

Secondly, as a social worker, to fully understand the concept of who and for what welfare support is provided to those released from prison.

Finally, students will acquire the basics to be able to provide support for released persons in collaboration with multiple organizations and multiple professions in the clinical welfare field.

### Course Contents

The following topics will be covered in this class.

How are criminals sentenced and how do they return to their communities? What problems do so-called "released persons" face? We will deepen our understanding of the welfare support that may be necessary for them to return to their communities, as well as the people and institutions responsible for that support.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Rehabilitation		
Instructor	Ohashi Sachiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB3150	Language	Japanese

# Course Objectives

With the progress of medical care, social and economic change, along with people's sense of values, the concept of

rehabilitation has changed. Rehabilitation is required not only to support the physically disabled, but also to support the lives of children with developmental disabilities, mental disorders and elderly people with dementia. Understand the principles and practices of rehabilitation that modern society requires.

## Course Contents

An overview of the concepts, history, and processes of rehabilitation, providing an introduction to the subject. The focus of the lecture will be the practice of medical rehabilitation for various specific diseases and disorders.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Clinical Psychology of Elderly		
Instructor	Azechi Ryohei		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3150	Language	Japanese

## Course Objectives

This class aims to :

(1) understand the overview of clinical geropsychology.

(2) evaluate the elderly from the viewpoint of psychological assessment (at the beginner's level).

(3) understand what kind of psychological support for the elderly.

### Course Contents

This class consists of three learning contents. One is psychological aging, such as cognitive function, including attention, memory, and intelligence. Two is the assessment of the elderly with psychological knowledge and using the psychological test. Three is the psychological support techniques for the elderly and caregivers. The example includes Reminiscence therapy, Bedside counseling, and Psychological education. In particular, the students will also study the psychological aspects of dementia, a typical mental disorder among the elderly.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Special Studies on Welfare Services		
Instructor	Fukuda Akiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB3240	Language	Japanese

## Course Objectives

Deepening understanding of movements in the field of disability in international social development, and the efforts to realize rights for persons with disabilities. From the perspective of the Convention on the Rights of Persons with Disabilities, we will consider the roles of various supporters and disabled people themselves, and approaches outside of the welfare framework.

### Course Contents

What is development, what is disability (a disabled person), and why are there challenges in dealing with disability -related issues? What kind of approaches are there, and who is development for? What issues does development deny, and what is the present situation and issues in developing countries? These will be investigated in group discussions with solutions and improvements proposed.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Medical Social Work Practice Theory		
Instructor	Sugiyama Akinobu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB3140	Language	Japanese

# Course Objectives

Students will deepen their understanding of the social work practice in the healthcare area. However, keep in mind that this subject is not appropriate for the Certified Social Worker course, "Healthcare and Welfare".

## Course Contents

Learn from the perspective of a social worker about the characteristics of the healthcare area, the role and collaboration of the healthcare professions and medical security system. Students will consider and discuss in seminar format what social workers can do for people with disabilities and diseases.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Mental Health 1		
Instructor	Sato Tokue		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3220	Language	Japanese

## Course Objectives

An overview of mental health. The aim is to learn the basics of working with people.

# Course Contents

If it were yourself? A clinical point of view valued in this manner.

Since the mind-body mechanism has been elucidated, the field is rich in data, and students will learn while organizing knowledge and ideas.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Mental Health 2		
Instructor	Ueda Masafumi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB3220	Language	Japanese

## Course Objectives

Along with treatment, rehabilitation and prevention of mental disorders, we will deepen understanding of how to maintain and improve mental health, together with the various activities, institutions and measures that contribute to it.

#### Course Contents

In order to consider mental health and pathology, it is necessary to grasp multiple aspects, such as individual characteristics, interaction with people and things, social conditions (institutions, prejudice) along with changes over time. We will also discuss support for professionals, such as stress coping, and collaboration among various types of staff and sectors, as well as hearing from guest speakers.

\* Content may be moved in the schedule to accommodate guest speakers.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Practice of Psychiatric Social Work 2		
Instructor	Okada Takashi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2120	Language	Japanese

## Course Objectives

Students will learn the history of mental health welfare, as well as theories related to counseling support. In addition, we will specifically understand how to develop counseling support practices in the community.

### Course Contents

Among the support skills related to mental health and welfare, we will focus on counseling support activities for people with mental illness, as practiced in the community, and about various projects and measures for residents. The teaching method will not be a one-sided lecture, but will be conducted in an interactive manner by utilizing various practical case studies, along with exercises to share opinions. This class is a mandatory subject for the National Psychiatric Social Worker Examination.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Rehabilitation for Psychopathic Case 1		
Instructor	Okamoto Kazuko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2120	Language	Japanese

## Course Objectives

We will consider mental disorder rehabilitation as our own matter, not as someone else's, as a family member, as a fellow hum an being, to restore the lives of people with mental disorders and to restore their human rights. We hope that students will be able to understand the knowledge and skills necessary to achieve this, and to develop the habit of questioning their own views and attitudes, not only in order to work as a mental health worker, but also to live in a symbiotic society in cooperation with others.

# Course Contents

Students will learn the theory of mental disorder rehabilitation systematically and practically.

(1) About mental disorders

2) Treatment of mentally disabled persons and families of mentally disabled persons and history of mental disorder rehabilitation Philosophy, definition, and basic principles of mental disorder rehabilitation

4) Contents and experiences of mental disorder rehabilitation programs

(5) Trend and practice of mental disorder rehabilitation

The lectures will be given mainly using PowerPoint presentations, but will also include many audiovisual materials and hands -on learning experiences. In addition, we plan to have guest speakers who are involved in the case and their family members appear in person or via ZOOM once each, depending on the situation, to directly interact with the participants and conduct classes. In the process, we would like to learn about the hardships caused by having psychiatric disorders and disabilities, and to think together about what we can do to regain our human rights and continue our recovery.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Theory of Rehabilitation for Mentally-Handicapped Challenged		
Instructor	Okamoto Kazuko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2120	Language	Japanese

## Course Objectives

We will consider mental disorder rehabilitation as our own matter, not as someone else's, as a family member, as a fellow hum an being, to restore the lives of people with mental disorders and to restore their human rights. We hope that students will be able to understand the knowledge and skills necessary to achieve this, and to develop the habit of questioning their own views and attitudes, not only in order to work as a mental health worker, but also to live in a symbiotic society in cooperation with others.

# Course Contents

Students will learn the theory of mental disorder rehabilitation systematically and practically.

(1) About mental disorders

2) Treatment of mentally disabled persons and families of mentally disabled persons and history of mental disorder rehabilitation Philosophy, definition, and basic principles of mental disorder rehabilitation

4) Contents and experiences of mental disorder rehabilitation programs

(5) Trend and practice of mental disorder rehabilitation

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### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Human Diversity and Social Justice in Social Work		
Instructor	Fukuda Akiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2101	Language	English

## Course Objectives

1. Students will explore, understand and address issues of human diversity and social justice.

2. Students will demonstrate the knowledge of identity and intersectionality.

3. Students will demonstrate awareness of biases and prejudices and social work practices in multi-cultural settings

## Course Contents

This course will strive to foster interactive environment where each student can reflect on their beliefs and discuss differences of human beings; and critically analyzes how social injustice is manifested in our society. This course will analyze current trends, ethical issues and their implications for promoting social justice and social change.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Rehabilitation for Psychopathic Case 2		
Instructor	Suzuki Aoi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3120	Language	Japanese

## Course Objectives

(1) We can explain the concept of "recovery" that is necessary for those who want to become social workers (Psychiatric

Social Workers and National Certified Social Workers), and citizens supporting the lives of those with mental disabilities. (2) We will learn recovery-oriented support methods for people with mental disabilities and their families, acquiring knowledge and basic skills needed to create a society where we can live together.

(3) Understanding the Psychiatric Social Workers' perspectives, and the foundational theories and various support methods in the rehabilitation of people with mental disabilities, acquiring practical knowledge to participate and collaborate in the formation of welfare communities.

The above aims are related to the integrated acquisition of knowledge and skills for understanding the necessary methods and techniques of assistance for social workers (Psychiatric Social Workers and National Certified Social Workers), who are specialized interpersonal support workers.

### Course Contents

Psychiatric rehabilitation is support for people with mental disorders and for their families to have hope and be able to live. In this class, lectures will be given on practical cases of recovery-oriented specialized support, and the role of professionals, with underlying theories, approaches and thinking. We will give time to think about work experience, and questions as much as possible so that classes are interactive. In questions to the tutor, a presentation will be made with respect to student ideas and feelings. The tutor will explain after we learn from the ideas of other students. We will ask students to share independently, "what do you think?" What is necessary to create a society where people with and without mental disorders live together, thinking from the standpoint of professionals, citizens and society.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Welfare Sociology		
Instructor	Harada Shun		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3250	Language	Japanese

# Course Objectives

The goals of this course are to

(1) Understand basic concepts in welfare sociology.

(2) Raise own awareness of the current and future status of welfare society, applying examples of various welfare issues.

#### Course Contents

In the modern society, where globalization, neoliberalism, declining birthrate and aging population, and personalization are advancing, various welfare issues have emerged, and it is becoming increasingly important to understand the relationship between welfare and society.

In the first half, this course introduces the concepts necessary to understand the welfare society through the theory of sociology. Then, in the second half, this course deals with and explains some important cases for understanding the significance and issues of welfare in modern society. Through these, this course aims to cultivate the abilities necessary to see the future welfare society.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Helping Approach for Family		
Instructor	Kanno Kei		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3250	Language	Japanese

## Course Objectives

Family problems are becoming more diverse, and more difficult to tackle. The aim of this lecture is to deepen the understanding of actual, practical methods of family support, while touching on the problems of in modern society surrounding the family.

## Course Contents

Based on the experience of family support counselors in child welfare institution and educational settings, we will examine casestudies, acquiring knowledge useful for practice. Tackling the mental problems of children and families, developmental disorders and mental illness. Aiming for content that encourages self-directed awareness through VTR viewing etc.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Work and Welfare		
Instructor	Hamada Eriko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3250	Language	Japanese

## Course Objectives

The objective of this course is to understand the inter-relationship between labor policies and social welfare policies and the basic structure of welfare states, thus understanding the basic mechanism of social protection system in advanced industrialized democracies.

### Course Contents

As global market competition accelerates and "new" social risks arise, there is a growing demand and expectation to update the social security system to meet basic needs of the people. However, global economy along with fis cal austerity undermines the state capacity to prevent poverty. Under such circumstances, how do advanced industrialized democracies respond to various risks and needs of its people? The course will aim to answer this question by comparing welfare states and social policy in advanced industrialized democracies, paying attention to the political actors and dynamism behind policy change, as well as the socio-economic context of each nations. By the end of the course, students are expected to be able to explain the emergence, expansion, and restructuring of the welfare state.

### Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Volunteerism and Social Work		
Instructor	Fujii Atsushi		
Semester	Fall Semester 1	Credit	2 Credits
Course Number	CMB3250	Language	Japanese

## Course Objectives

This course aims for comprehensive understanding of volunteers, NPOs, and cooperatives as civil society players, including their definitions, organizational forms, development processes in Japan, social functions, underlying systems, and management characteristics.

#### Course Contents

First, regarding volunteers, we will understand the meaning and role of volunteers from the example of disaster relief volunteers at the time of the Great Hanshin-Awaji Earthquake. Secondly, we will consider NPOs and co-operatives as civil society organizations and the legal system that underpins them. Thirdly, we will focus on their role in creating new communities, and discuss "citizen expertise" as a way of problem solving based on community creation. Fourthly, we will consider the characteristics of management of NPOs and cooperatives, including missions, fundraising, volunteer management, and methods of evaluating social value. And I recommend that participants also take Social Solidarity Economy in the second quarter of the fall semester.

#### Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Mental Management		
Instructor	Endo Shintaro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB3250	Language	Japanese

## Course Objectives

Understand basic knowledge related to stress response and cognitive behavioral theory. Learn about mindsets to ensure stress does not arise, and acquire the ability to cope successfully with stressful situations.

### Course Contents

In general, health and wellness levels will vary among individuals even in similar environment as perceptions of stress vary. Also, changing one's sense of values such as one's view of life, can lead to significant changes internally. In this course, students will acquire basic skills in mental management and learn tips for a better way of life from the ideas of positive psychology and the wisdom of our predecessors.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Legal System for Advocacy		
Instructor	Iimura Fumie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3230	Language	Japanese

## Course Objectives

Systematically understanding the various issues that occur in the real world related to fundamental issues such as human rights, social justice, human dignity and advocacy that are the foundation of social work.

The purpose of this lecture is to draw abstract concepts into concrete examples, and for students to express in their own words, what rights are, what kind of rights are violated, and who can protect the rights of users etc.

## Course Contents

Based on a basic understanding of rights, I will introduce the specific social backgrounds where advocacy is required, and confirm the image of users who are the subject of social work. In addition, we will learn about the current status and issues in the rights advocacy system, and in the adult guardianship system, while learning the structure of potential abuses that are likely, along with the mechanisms and solutions in instances of abuse. In addition, lectures by guest speakers are planned, so that students can deepen their understanding of practical approaches and issues.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Welfare:Principles and Policies 2		
Instructor	Kawamura Gakuto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3230	Language	Japanese

## Course Objectives

To understand the significance of examining social welfare in principle by placing it in the context of contemporary society.

To understand the life problems that appear in modern society and the factors behind them.

To understand the trends and issues of social welfare policies and related policies for solving life problems.

#### Course Contents

In this class, we will first understand the significance of examining social welfare in principle.

Next, we will gain an understanding of the perspectives from which life problems in modern society are viewed, and the background factors that explain why such life problems are occurring. We will then examine the necessity of solving these problems socially.

Then, we will focus on policy responses to life problems and examine ways to distribute social resources efficiently and fairly.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Social Work Theory and Methods 4		
Instructor	Iimura Fumie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMB3110	Language	Japanese

## Course Objectives

With a focus on social work practice developed on a regional basis, the course aims to deepen students' understanding of practical and effective social work theories and methods to respond to increasingly diverse and complex issues. In addition, students will study specific case studies related to support relationships with people in need, development strategies for social resources, and comprehensive and integrated social work support, with the goal of acquiring the significance of case analysis and multifaceted perspectives.

### Course Contents

After confirming the basic matters related to the formation of social work helping relationships, students will understand specific social work practice cases through short case studies and audiovisual materials. The course integrates theory and methodology, while developing creative ways for students to think about the points of focus and key points of support on their own. In addition, I plan to invite guest speakers and provide opportunities to learn about the actual situation in the field where social work practice is developed.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Social Work Theory and Methods(Mental Health) 2		
Instructor	Okada Takashi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB3120	Language	Japanese

# Course Objectives

Students will learn the history of mental health welfare, as well as theories related to counseling support. In addition, we will specifically understand how to develop counseling support practices in the community.

## Course Contents

Among the support skills related to mental health and welfare, we will focus on counseling support activities for people with mental illness, as practiced in the community, and about various projects and measures for residents. The teaching method will not be a one-sided lecture, but will be conducted in an interactive manner by utilizing various practical case studies, along with exercises to share opinions. This class is a mandatory subject for the National Psychiatric Social Worker Examination.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Internship		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3350	Language	Japanese

# Course Objectives

Through practical training (employment) experience, this course aims to deepen the understanding and interest in social problems, and to help students in their future career path selection.

#### Course Contents

From the previous to the current year, students choose their on-site training placement settings based on their major fields of interest or future career hopes, aiming to acquire basic understanding and necessary knowledge through prior training and the spring semester seminar format. In principle, on-site training will be conducted during the summer vacation. The flow of classes is as follows.

[Previous academic year]

Choose 1 of the following placement destinations (fields): government-related, NPO-related, social work-related, company-related, sports-related, or overseas-related. Selection schedule varies by field.

[Current academic year]

1. Guidance.

2. Follow-up learning (in principle every two week).

(1) Seminar on self-expression & manners, (2) Basic understanding of placement location, (3) Gaining systematic and specialist field knowledge related to placement location.

3. On-site training (in principle about 10 days).

4. Follow-up study (in principle every week).

(1) Reflection on on-site training, (2) Presentation, (3) Final report.

# Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Seminar on Fieldwork		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

### Course Objectives

1. Through pre- and post-learning about "practical social work", integrate the knowledge and skills of each subject they have learned so far, and cultivate the practical ability to provide support based on the value and ethics of a social work.

2. Make the necessary preparations for practical social work (creating a training plan, writing training records, receiving supervision, etc.)

3. Understand the necessary procedures (immunization, regular commuting, submission of reports, etc.) for social work training, and carry them out without fail.

4. Gain a concrete and practical understanding of the knowledge and skills related to social work, and acquire the basic skills to demonstrate social work functions.

5. Practically learn comprehensive support through practical training at two locations.

6. Review the training as a whole and systematically understand the knowledge gained in the training as specialized assistance techniques.

7. Based on the learning in related subjects, present what you have understood as social work assistance at the "Practice Report Meeting" and summarize it as a "Summary Report".

## Course Contents

This class is held in parallel with social work practice (240 hours). Throughout the year, pre-learning for the practical training, other preparations, guidance during the practical training, post-learning, preparation and reporting of debriefing sessions, and preparation of reports. Each period is based on "10 contents to be included in education".

In the pre-learning, through individual guidance and group guidance related to social work practice, students will learn concretely and practically how to create a practical training plan and the ethics, knowledge, and skills necessary for consultation assistance, and prepare for practical training.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

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Course Title	Seminar on Fieldwork		
Instructor	Goto Hiroshi		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

#### Course Objectives

1. Through pre- and post-learning about "practical social work", integrate the knowledge and skills of each subject they have learned so far, and cultivate the practical ability to provide support based on the value and ethics of a social work.

2. Make the necessary preparations for practical social work (creating a training plan, writing training records, receiving supervision, etc.)

3. Understand the necessary procedures (immunization, regular commuting, submission of reports, etc.) for social work training, and carry them out without fail.

4. Gain a concrete and practical understanding of the knowledge and skills related to social work, and acquire the basic skills to demonstrate social work functions.

5. Practically learn comprehensive support through practical training at two locations.

6. Review the training as a whole and systematically understand the knowledge gained in the training as specialized assistance techniques.

7. Based on the learning in related subjects, present what you have understood as social work assistance at the "Practice Report Meeting" and summarize it as a "Summary Report".

### Course Contents

This class is held in parallel with social work practice (240 hours). Throughout the year, pre-learning for the practical training, other preparations, guidance during the practical training, post-learning, preparation and reporting of debriefing sessions, and preparation of reports. Each period is based on "10 contents to be included in education".

In the pre-learning, through individual guidance and group guidance related to social work practice, students will learn concretely and practically how to create a practical training plan and the ethics, knowledge, and skills necessary for consultation assistance, and prepare for practical training.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

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Course Title	Seminar on Fieldwork		
Instructor	Maruyama Akira		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

### Course Objectives

1. Through pre- and post-learning about "practical social work", integrate the knowledge and skills of each subject they have learned so far, and cultivate the practical ability to provide support based on the value and ethics of a social work.

2. Make the necessary preparations for practical social work (creating a training plan, writing training records, receiving supervision, etc.)

3. Understand the necessary procedures (immunization, regular commuting, submission of reports, etc.) for social work training, and carry them out without fail.

4. Gain a concrete and practical understanding of the knowledge and skills related to social work, and acquire the basic skills to demonstrate social work functions.

5. Practically learn comprehensive support through practical training at two locations.

6. Review the training as a whole and systematically understand the knowledge gained in the training as specialized assistance techniques.

7. Based on the learning in related subjects, present what you have understood as social work assistance at the "Practice Report Meeting" and summarize it as a "Summary Report".

### Course Contents

This class is held in parallel with social work practice (240 hours). Throughout the year, pre-learning for the practical training, other preparations, guidance during the practical training, post-learning, preparation and reporting of debriefing sessions, and preparation of reports. Each period is based on "10 contents to be included in education".

In the pre-learning, through individual guidance and group guidance related to social work practice, students will learn concretely and practically how to create a practical training plan and the ethics, knowledge, and skills necessary for consultation assistance, and prepare for practical training.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

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Course Title	Seminar on Fieldwork		
Instructor	Nagakura Masumi		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

#### Course Objectives

1. Through pre- and post-learning about "practical social work", integrate the knowledge and skills of each subject they have learned so far, and cultivate the practical ability to provide support based on the value and ethics of a social work.

2. Make the necessary preparations for practical social work (creating a training plan, writing training records, receiving supervision, etc.)

3. Understand the necessary procedures (immunization, regular commuting, submission of reports, etc.) for social work training, and carry them out without fail.

4. Gain a concrete and practical understanding of the knowledge and skills related to social work, and acquire the basic skills to demonstrate social work functions.

5. Practically learn comprehensive support through practical training at two locations.

6. Review the training as a whole and systematically understand the knowledge gained in the training as specialized assistance techniques.

7. Based on the learning in related subjects, present what you have understood as social work assistance at the "Practice Report Meeting" and summarize it as a "Summary Report".

## Course Contents

This class is held in parallel with social work practice (240 hours). Throughout the year, pre-learning for the practical training, other preparations, guidance during the practical training, post-learning, preparation and reporting of debriefing sessions, and preparation of reports. Each period is based on "10 contents to be included in education".

In the pre-learning, through individual guidance and group guidance related to social work practice, students will learn concretely and practically how to create a practical training plan and the ethics, knowledge, and skills necessary for consultation assistance, and prepare for practical training.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

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Course Title	Seminar on Fieldwork		
Instructor	Yuki Toshiya		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

#### Course Objectives

1. Through pre- and post-learning about "practical social work", integrate the knowledge and skills of each subject they have learned so far, and cultivate the practical ability to provide support based on the value and ethics of a social work.

2. Make the necessary preparations for practical social work (creating a training plan, writing training records, receiving supervision, etc.)

3. Understand the necessary procedures (immunization, regular commuting, submission of reports, etc.) for social work training, and carry them out without fail.

4. Gain a concrete and practical understanding of the knowledge and skills related to social work, and acquire the basic skills to demonstrate social work functions.

5. Practically learn comprehensive support through practical training at two locations.

6. Review the training as a whole and systematically understand the knowledge gained in the training as specialized assistance techniques.

7. Based on the learning in related subjects, present what you have understood as social work assistance at the "Practice Report Meeting" and summarize it as a "Summary Report".

## Course Contents

This class is held in parallel with social work practice (240 hours). Throughout the year, pre-learning for the practical training, other preparations, guidance during the practical training, post-learning, preparation and reporting of debriefing sessions, and preparation of reports. Each period is based on "10 contents to be included in education".

In the pre-learning, through individual guidance and group guidance related to social work practice, students will learn concretely and practically how to create a practical training plan and the ethics, knowledge, and skills necessary for consultation assistance, and prepare for practical training.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

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Course Title	Seminar on Fieldwork		
Instructor	Matsuyama Makoto		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

### Course Objectives

1. Through pre- and post-learning about "practical social work", integrate the knowledge and skills of each subject they have learned so far, and cultivate the practical ability to provide support based on the value and ethics of a social work.

2. Make the necessary preparations for practical social work (creating a training plan, writing training records, receiving supervision, etc.)

3. Understand the necessary procedures (immunization, regular commuting, submission of reports, etc.) for social work training, and carry them out without fail.

4. Gain a concrete and practical understanding of the knowledge and skills related to social work, and acquire the basic skills to demonstrate social work functions.

5. Practically learn comprehensive support through practical training at two locations.

6. Review the training as a whole and systematically understand the knowledge gained in the training as specialized assistance techniques.

7. Based on the learning in related subjects, present what you have understood as social work assistance at the "Practice Report Meeting" and summarize it as a "Summary Report".

### Course Contents

This class is held in parallel with social work practice (240 hours). Throughout the year, pre-learning for the practical training, other preparations, guidance during the practical training, post-learning, preparation and reporting of debriefing sessions, and preparation of reports. Each period is based on "10 contents to be included in education".

In the pre-learning, through individual guidance and group guidance related to social work practice, students will learn concretely and practically how to create a practical training plan and the ethics, knowledge, and skills necessary for consultation assistance, and prepare for practical training.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

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Course Title	Seminar on Fieldwork		
Instructor	Yamada Keiko		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

### Course Objectives

1. Through pre- and post-learning about "practical social work", integrate the knowledge and skills of each subject they have learned so far, and cultivate the practical ability to provide support based on the value and ethics of a social work.

2. Make the necessary preparations for practical social work (creating a training plan, writing training records, receiving supervision, etc.)

3. Understand the necessary procedures (immunization, regular commuting, submission of reports, etc.) for social work training, and carry them out without fail.

4. Gain a concrete and practical understanding of the knowledge and skills related to social work, and acquire the basic skills to demonstrate social work functions.

5. Practically learn comprehensive support through practical training at two locations.

6. Review the training as a whole and systematically understand the knowledge gained in the training as specialized assistance techniques.

7. Based on the learning in related subjects, present what you have understood as social work assistance at the "Practice Report Meeting" and summarize it as a "Summary Report".

## Course Contents

This class is held in parallel with social work practice (240 hours). Throughout the year, pre-learning for the practical training, other preparations, guidance during the practical training, post-learning, preparation and reporting of debriefing sessions, and preparation of reports. Each period is based on "10 contents to be included in education".

In the pre-learning, through individual guidance and group guidance related to social work practice, students will learn concretely and practically how to create a practical training plan and the ethics, knowledge, and skills necessary for consultation assistance, and prepare for practical training.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

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Course Title	Practical Training on the Health and Welfare for Mentally Handicapped Person 2		
Instructor	Suzuki Aoi		
Semester	Fall Semester	Credit	1 Credit
Course Number	CMB3320	Language	Japanese

# Course Objectives

Reflecting on the learning gained through specific experiences and activities at Fieldwork in Psychiatric Social Work, we aim for students to achieve an understanding that integrates practice with theory, with the following objectives.

(1) To understand the meaning of Fieldwork in Psychiatric Social Work.

(2) To understand the solid knowledge and skills involved in social work practice, based on the experience of placement training.

(3) To gain the ability to deliver integrated support in social work practice.

## Course Contents

This class is required designated subject for the national psychiatric social worker examination.

In post-placement tutorials, we will reflect on experiences of in-the-field training through the "Fieldwork in Psychiatric Social

Work" with individual and group guidance provided. Furthermore, students will summarize the learning gained in the training,

prepare a training report, and present to the training report session.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Practical Training on the Health and Welfare for Mentally Handicapped Person 1		
Instructor	Sugiyama Akinobu/Suzuki Aoi		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3320	Language	Japanese

## Course Objectives

.Reflecting on the learning gained through specific experiences and activities at Fieldwork in Mental Health Social Work, we aim for students to achieve an understanding that integrates practice with theory, with the following objectives.

(1) To understand the meaning of Fieldwork in Mental Health Social Work.

(2) To understand the solid knowledge and skills involved in social work practice, based on the experience of placement training.

(3) To gain the ability to deliver integrated support in social work practice.

#### Course Contents

Preparative training will be provided on the knowledge, skills, values etc., required for Fieldwork in Mental Health Social Work (on-site training), with individual and group supervision provided throughout. After the training, students will present their impressions, experiences, thoughts and questions from their placements based on their training notes, deepening our learning through discussion with other students.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Psychiatric Social Work Practicum Guidance1		
Instructor	Suzuki Aoi		
Semester	Fall Semester	Credit	1 Credit
Course Number	CMB2320	Language	Japanese

# Course Objectives

Understand the significance of Fieldwork in Psychiatric Social Work, which is necessary to obtain eligibility to take the national examination for mental health workers. To this end, students will understand the roles required of mental health workers, develop a professional attitude based on values and ethics, and acquire the basic skills to perform social work functions for people with mental illness, mental disorders, and mental health issues.

# Course Contents

In addition to learning about the significance of Fieldwork in Psychiatric Social Work, students will conduct preliminary study in preparation for the next year's Fieldwork in Psychiatric Social Work. Specifically, through individual and group guidance, students will learn (1) about the significance of practical training and practical guidance, (2) about the situation and difficulties faced by practical training facilities and users, (3) about the local community and other professions, and (4) about the acquisition and self-awareness of values, ethics, knowledge, and skills necessary for practical training.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar:Consultation Social Work Practice		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310 Language Japanese		

# Course Objectives

Integrate the courses taken up to this point, integrate the knowledge, skills, and values related to social work required of social workers, and learn them practically through exercises. Cultivate the ability to conceptualize, theorize, and systematize as professional assistive technology.

①Practically understand regional assessment and evaluation systems to solve problems based on regional characteristics and issues.

2To conduct case studies and case examinations to gain a deeper understanding of cases through practical training, and to

acquire a concrete understanding of the significance and methods of case studies.

③To systematically understand supervision to improve the quality of social work practice.

# Course Contents

• Understanding the knowledge, skills, and values of social work by studying in relation to the knowledge acquired in the previous courses.

•To gain insight into the self in pursuit of becoming a helping professional and to deepen self-awareness.

•To acquire practical knowledge of comprehensive and integrated support for the complex issues faced by people in need of support.

•To acquire techniques in specific social work situations and processes, using case studies and other examples as material.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar:Consultation Social Work Practice		
Instructor	Kawamura Gakuto		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

Integrate the courses taken up to this point, integrate the knowledge, skills, and values related to social work required of social workers, and learn them practically through exercises. Cultivate the ability to conceptualize, theorize, and systematize as professional assistive technology.

①Practically understand regional assessment and evaluation systems to solve problems based on regional characteristics and issues.

T o conduct case studies and case examinations to gain a deeper understanding of cases through practical training, and to

acquire a concrete understanding of the significance and methods of case studies.

③To systematically understand supervision to improve the quality of social work practice.

# Course Contents

• Understanding the knowledge, skills, and values of social work by studying in relation to the knowledge acquired in the previous courses.

•To gain insight into the self in pursuit of becoming a helping professional and to deepen self-awareness.

•To acquire practical knowledge of comprehensive and integrated support for the complex issues faced by people in need of support.

•To acquire techniques in specific social work situations and processes, using case studies and other examples as material.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar:Consultation Social Work Practice		
Instructor	Shigeta Fumie		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

Integrate the courses taken up to this point, integrate the knowledge, skills, and values related to social work required of social workers, and learn them practically through exercises. Cultivate the ability to conceptualize, theorize, and systematize as professional assistive technology.

①Practically understand regional assessment and evaluation systems to solve problems based on regional characteristics and issues.

2To conduct case studies and case examinations to gain a deeper understanding of cases through practical training, and to

acquire a concrete understanding of the significance and methods of case studies.

③To systematically understand supervision to improve the quality of social work practice.

# Course Contents

• Understanding the knowledge, skills, and values of social work by studying in relation to the knowledge acquired in the previous courses.

•To gain insight into the self in pursuit of becoming a helping professional and to deepen self-awareness.

•To acquire practical knowledge of comprehensive and integrated support for the complex issues faced by people in need of support.

•To acquire techniques in specific social work situations and processes, using case studies and other examples as material.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar:Consultation Social Work Practice		
Instructor	Iimura Fumie		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310 Language Japanese		

# Course Objectives

Integrate the courses taken up to this point, integrate the knowledge, skills, and values related to social work required of social workers, and learn them practically through exercises. Cultivate the ability to conceptualize, theorize, and systematize as professional assistive technology.

①Practically understand regional assessment and evaluation systems to solve problems based on regional characteristics and issues.

2To conduct case studies and case examinations to gain a deeper understanding of cases through practical training, and to

acquire a concrete understanding of the significance and methods of case studies.

③To systematically understand supervision to improve the quality of social work practice.

# Course Contents

• Understanding the knowledge, skills, and values of social work by studying in relation to the knowledge acquired in the previous courses.

•To gain insight into the self in pursuit of becoming a helping professional and to deepen self-awareness.

•To acquire practical knowledge of comprehensive and integrated support for the complex issues faced by people in need of support.

•To acquire techniques in specific social work situations and processes, using case studies and other examples as material.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar:Consultation Social Work Practice		
Instructor	Kakegawa Naoyuki		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310 Language Japanese		

# Course Objectives

Integrate the courses taken up to this point, integrate the knowledge, skills, and values related to social work required of social workers, and learn them practically through exercises. Cultivate the ability to conceptualize, theorize, and systematize as professional assistive technology.

①Practically understand regional assessment and evaluation systems to solve problems based on regional characteristics and issues.

2To conduct case studies and case examinations to gain a deeper understanding of cases through practical training, and to

acquire a concrete understanding of the significance and methods of case studies.

③To systematically understand supervision to improve the quality of social work practice.

# Course Contents

• Understanding the knowledge, skills, and values of social work by studying in relation to the knowledge acquired in the previous courses.

•To gain insight into the self in pursuit of becoming a helping professional and to deepen self-awareness.

•To acquire practical knowledge of comprehensive and integrated support for the complex issues faced by people in need of support.

•To acquire techniques in specific social work situations and processes, using case studies and other examples as material.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar:Consultation Social Work Practice		
Instructor	*		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

Integrate the courses taken up to this point, integrate the knowledge, skills, and values related to social work required of social workers, and learn them practically through exercises. Cultivate the ability to conceptualize, theorize, and systematize as professional assistive technology.

①Practically understand regional assessment and evaluation systems to solve problems based on regional characteristics and issues.

T o conduct case studies and case examinations to gain a deeper understanding of cases through practical training, and to

acquire a concrete understanding of the significance and methods of case studies.

③To systematically understand supervision to improve the quality of social work practice.

# Course Contents

• Understanding the knowledge, skills, and values of social work by studying in relation to the knowledge acquired in the previous courses.

•To gain insight into the self in pursuit of becoming a helping professional and to deepen self-awareness.

•To acquire practical knowledge of comprehensive and integrated support for the complex issues faced by people in need of support.

•To acquire techniques in specific social work situations and processes, using case studies and other examples as material.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar on Health and Welfare for Mentally Handicapped Person (Basic Theory)		
Instructor	Suzuki Aoi		
Semester	Fall Semester	Credit	3 Credits
Course Number	CMB2320	Language	Japanese

# Course Objectives

Students acquire the perspectives and values of social work, knowledge, and skills necessary for practice based on the expertise of mental health workers in a practical manner, and acquire the basic abilities to engage in practical training.

### Course Contents

This course is designated as a subject for the national examination for mental health social workers, and is a required course for students who wish to obtain the national certification as a mental health social worker or take the "Mental Health Social Worker Practicum. In this course, students learn about the perspectives, attitudes, and knowledge required of social workers who work with people with mental illness, mental disorders, and mental health issues, as well as how to interact with clients, families, related organizations, and the community. Students will take up various cases and discuss the development process of social work and the thoughts, judgments, and actions of mental health workers. Role-plays will be conducted to simulate assistance situations, and students will be guided to understand their own strengths and challenges through practical skills instruction.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Psychiatric Social Work Seminar 1		
Instructor	Suzuki Aoi		
Semester	Fall Semester	Credit	3 Credits
Course Number	CMB2320	Language	Japanese

# Course Objectives

Students acquire the perspectives and values of social work, knowledge, and skills necessary for practice based on the expertise of mental health workers in a practical manner, and acquire the basic abilities to engage in practical training.

#### Course Contents

This course is designated as a subject for the national examination for mental health social workers, and is a required course for students who wish to obtain the national certification as a mental health social worker or take the "Mental Health Social Worker Practicum. In this course, students learn about the perspectives, attitudes, and knowledge required of social workers who work with people with mental illness, mental disorders, and mental health issues, as well as how to interact with clients, families, related organizations, and the community. Students will take up various cases and discuss the development process of social work and the thoughts, judgments, and actions of mental health workers. Role-plays will be conducted to simulate assistance situations, and students will be guided to understand their own strengths and challenges through practical skills instruction.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Seminar on Health and Welfare for Mentally Handicapped Person (Advanced Theory)		
Instructor	Sugiyama Akinobu		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3320	Language	Japanese

## Course Objectives

Understanding the lives and challenges of people with mental disorders, while considering the relationship between knowledge of mental health and welfare support, and other skills related disciplines, the aim is to acquire practical knowledge of skills related to counseling support required by social workers, so as to establish a system based on principles.

### Course Contents

This class is a requirement for the National Examination for Mental Health Social Workers, and students wishing to take "Fieldwork in Mental Health Social Work" should attend. In conjunction with practical training, by highlighting counseling support

case-studies with coordination and cooperation with medical care that provided integrated and inclusive counseling support, students will hypothesize on specific support situations, with classes developing in seminar format through individual and group guidance.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Seminar:Social Work Practice3		
Instructor	Yamada Keiko		
Semester	Fall Semester	Credit	1 Credit
Course Number	CMB3310	Language	Japanese

Course Objectives

The aim of this seminar is to reflect experiences of social work practice, and to integrate these experiences into theory of social work:

(1) Understanding the significance of social work practice.

(2) Understanding knowledge and skills related to social work, and acquiring practical skills etc. both individually and in groups.

(3) Acquiring the dispositions, skills, ethics and self-awareness required as a social worker.

(4) Cultivating the ability: that is to conceptualize, theorize and formulate their experiences of social work practice as professional social work skills.

# Course Contents

Based on their individual practical training experiences, utilizing concrete problem-based case-studies, students will learn practical, integrated and inclusive support. Using practical case-studies as examples, students will receive practical instruction on specific counseling support situations, as well as hypothetical past cases.

Students will acquire the practical skills and knowledge related to counseling support, based on their individual experience, incorporating what was learned during placement training, while receiving practical guidance, both individually and in groups. Cultivating the ability to conceptualize, theorize and formulate specific experiences and support activities as specialist support techniques.

# Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Seminar:Career Development		
Instructor	Yuki Toshiya		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3390	Language	Japanese

# Course Objectives

In this course, students will be able to utilize their ability to read and understand social issues in their career development.

# Course Contents

The life problems that social welfare studies have historically dealt with have the characteristics of reflecting contemporary social problems. Therefore, we aim to acquire the ability to understand contemporary social welfare issues from an integrated welfare perspective.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Fieldwork(practicum)		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

1.Integrate the knowledge and skills of each subject necessary for social work practice and develop practical skills to provide support based on values and ethics as a social worker.

To understand the situation of people and communities in need of support, and to grasp the issues (needs) in their daily lives.
 To develop, implement, and evaluate support plans that utilize formal and informal social resources for people in need of support to address their daily living issues (needs).

4. To gain a practical understanding of the role that facilities and institutions play in the community.

5. To understand practically how to cooperate with multiple professions, organizations, and citizens in providing comprehensive and inclusive support, and the specific details of such cooperation.

## Course Contents

1. A total of 240 hours on field training will be provided at two or more facilities of different types.

2. During the field training, trainees learn the following topics under the guidance of a field supervisor.

(1)Basic communication and the formation of smooth relationships with users, family members, facilities, citizens, volunteers, etc.

OForming supportive relationships with users and their families, etc.

③Understanding the situation of users and the community, understanding their daily life issues (needs), and creating,

implementing, and evaluating support plans

(4)Advocacy for users and their families, etc.

5 Understanding of multidisciplinary cooperation and team approach in support

<sup>(6)</sup>Understanding of the role that the training site plays in the local community and specific outreach to the community

⑦Understanding of the formation of cross-disciplinary and cross-industry relationships in the community and the utilization,

coordination, and development of social resources

(8) Practical management of facilities, businesses, institutions, organizations, etc. (Including understanding of team management and human resource management)

Professional ethics as a social worker, roles and responsibilities as a member of an organization, and understanding of regulations related to employment

<sup>(1)</sup>Understanding of skills required for social work practice (outreach, networking, coordination, negotiation, facilitation, presentation, and social action)

3. The social work practicum instructor will communicate and coordinate with the practicum student and field supervisor through round visits, etc., to understand the practicum student's practice situation and provide sufficient individualized guidance.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Fieldwork(practicum)		
Instructor	Goto Hiroshi		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

1.Integrate the knowledge and skills of each subject necessary for social work practice and develop practical skills to provide support based on values and ethics as a social worker.

To understand the situation of people and communities in need of support, and to grasp the issues (needs) in their daily lives.
 To develop, implement, and evaluate support plans that utilize formal and informal social resources for people in need of support to address their daily living issues (needs).

4. To gain a practical understanding of the role that facilities and institutions play in the community.

5. To understand practically how to cooperate with multiple professions, organizations, and citizens in providing comprehensive and inclusive support, and the specific details of such cooperation.

# Course Contents

1. A total of 240 hours on field training will be provided at two or more facilities of different types.

2. During the field training, trainees learn the following topics under the guidance of a field supervisor.

(1)Basic communication and the formation of smooth relationships with users, family members, facilities, citizens, volunteers, etc.

OForming supportive relationships with users and their families, etc.

③Understanding the situation of users and the community, understanding their daily life issues (needs), and creating,

implementing, and evaluating support plans

(4)Advocacy for users and their families, etc.

5 Understanding of multidisciplinary cooperation and team approach in support

<sup>(6)</sup>Understanding of the role that the training site plays in the local community and specific outreach to the community

⑦Understanding of the formation of cross-disciplinary and cross-industry relationships in the community and the utilization,

coordination, and development of social resources

(8) Practical management of facilities, businesses, institutions, organizations, etc. (Including understanding of team management and human resource management)

Professional ethics as a social worker, roles and responsibilities as a member of an organization, and understanding of regulations related to employment

<sup>(1)</sup>Understanding of skills required for social work practice (outreach, networking, coordination, negotiation, facilitation, presentation, and social action)

3. The social work practicum instructor will communicate and coordinate with the practicum student and field supervisor through round visits, etc., to understand the practicum student's practice situation and provide sufficient individualized guidance.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Fieldwork(practicum)		
Instructor	Maruyama Akira		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

1.Integrate the knowledge and skills of each subject necessary for social work practice and develop practical skills to provide support based on values and ethics as a social worker.

To understand the situation of people and communities in need of support, and to grasp the issues (needs) in their daily lives.
 To develop, implement, and evaluate support plans that utilize formal and informal social resources for people in need of support to address their daily living issues (needs).

4. To gain a practical understanding of the role that facilities and institutions play in the community.

5. To understand practically how to cooperate with multiple professions, organizations, and citizens in providing comprehensive and inclusive support, and the specific details of such cooperation.

# Course Contents

1. A total of 240 hours on field training will be provided at two or more facilities of different types.

2. During the field training, trainees learn the following topics under the guidance of a field supervisor.

(1)Basic communication and the formation of smooth relationships with users, family members, facilities, citizens, volunteers, etc.

OForming supportive relationships with users and their families, etc.

③Understanding the situation of users and the community, understanding their daily life issues (needs), and creating,

implementing, and evaluating support plans

(4)Advocacy for users and their families, etc.

5 Understanding of multidisciplinary cooperation and team approach in support

<sup>(6)</sup>Understanding of the role that the training site plays in the local community and specific outreach to the community

⑦Understanding of the formation of cross-disciplinary and cross-industry relationships in the community and the utilization,

coordination, and development of social resources

(8) Practical management of facilities, businesses, institutions, organizations, etc. (Including understanding of team management and human resource management)

<sup>(9)</sup>Professional ethics as a social worker, roles and responsibilities as a member of an organization, and understanding of regulations related to employment

<sup>(1)</sup>Understanding of skills required for social work practice (outreach, networking, coordination, negotiation, facilitation, presentation, and social action)

3. The social work practicum instructor will communicate and coordinate with the practicum student and field supervisor through round visits, etc., to understand the practicum student's practice situation and provide sufficient individualized guidance.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Fieldwork(practicum)		
Instructor	Nagakura Masumi		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

1.Integrate the knowledge and skills of each subject necessary for social work practice and develop practical skills to provide support based on values and ethics as a social worker.

To understand the situation of people and communities in need of support, and to grasp the issues (needs) in their daily lives.
 To develop, implement, and evaluate support plans that utilize formal and informal social resources for people in need of support to address their daily living issues (needs).

4. To gain a practical understanding of the role that facilities and institutions play in the community.

5. To understand practically how to cooperate with multiple professions, organizations, and citizens in providing comprehensive and inclusive support, and the specific details of such cooperation.

## Course Contents

1. A total of 240 hours on field training will be provided at two or more facilities of different types.

2. During the field training, trainees learn the following topics under the guidance of a field supervisor.

(1)Basic communication and the formation of smooth relationships with users, family members, facilities, citizens, volunteers, etc.

OForming supportive relationships with users and their families, etc.

3 Understanding the situation of users and the community, understanding their daily life issues (needs), and creating,

implementing, and evaluating support plans

(4)Advocacy for users and their families, etc.

5 Understanding of multidisciplinary cooperation and team approach in support

<sup>(6)</sup>Understanding of the role that the training site plays in the local community and specific outreach to the community

 ${oldsymbol {\Bbb O}}$ Understanding of the formation of cross-disciplinary and cross-industry relationships in the community and the utilization,

coordination, and development of social resources

(8) Practical management of facilities, businesses, institutions, organizations, etc. (Including understanding of team management and human resource management)

Professional ethics as a social worker, roles and responsibilities as a member of an organization, and understanding of regulations related to employment

<sup>(1)</sup>Understanding of skills required for social work practice (outreach, networking, coordination, negotiation, facilitation, presentation, and social action)

3. The social work practicum instructor will communicate and coordinate with the practicum student and field supervisor through round visits, etc., to understand the practicum student's practice situation and provide sufficient individualized guidance.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Fieldwork(practicum)		
Instructor	Yuki Toshiya		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

1.Integrate the knowledge and skills of each subject necessary for social work practice and develop practical skills to provide support based on values and ethics as a social worker.

To understand the situation of people and communities in need of support, and to grasp the issues (needs) in their daily lives.
 To develop, implement, and evaluate support plans that utilize formal and informal social resources for people in need of

support to address their daily living issues (needs). 4. To gain a practical understanding of the role that facilities and institutions play in the community.

5. To understand practically how to cooperate with multiple professions, organizations, and citizens in providing comprehensive and inclusive support, and the specific details of such cooperation.

### Course Contents

1. A total of 240 hours on field training will be provided at two or more facilities of different types.

2. During the field training, trainees learn the following topics under the guidance of a field supervisor.

(1)Basic communication and the formation of smooth relationships with users, family members, facilities, citizens, volunteers, etc.

OForming supportive relationships with users and their families, etc.

③Understanding the situation of users and the community, understanding their daily life issues (needs), and creating,

implementing, and evaluating support plans

(4)Advocacy for users and their families, etc.

5 Understanding of multidisciplinary cooperation and team approach in support

<sup>(6)</sup>Understanding of the role that the training site plays in the local community and specific outreach to the community

⑦Understanding of the formation of cross-disciplinary and cross-industry relationships in the community and the utilization,

coordination, and development of social resources

(8) Practical management of facilities, businesses, institutions, organizations, etc. (Including understanding of team management and human resource management)

<sup>(9)</sup>Professional ethics as a social worker, roles and responsibilities as a member of an organization, and understanding of regulations related to employment

<sup>(1)</sup>Understanding of skills required for social work practice (outreach, networking, coordination, negotiation, facilitation, presentation, and social action)

3. The social work practicum instructor will communicate and coordinate with the practicum student and field supervisor through round visits, etc., to understand the practicum student's practice situation and provide sufficient individualized guidance.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Fieldwork(practicum)		
Instructor	Matsuyama Makoto		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

1.Integrate the knowledge and skills of each subject necessary for social work practice and develop practical skills to provide support based on values and ethics as a social worker.

To understand the situation of people and communities in need of support, and to grasp the issues (needs) in their daily lives.
 To develop, implement, and evaluate support plans that utilize formal and informal social resources for people in need of support to address their daily living issues (needs).

4. To gain a practical understanding of the role that facilities and institutions play in the community.

5. To understand practically how to cooperate with multiple professions, organizations, and citizens in providing comprehensive and inclusive support, and the specific details of such cooperation.

# Course Contents

1. A total of 240 hours on field training will be provided at two or more facilities of different types.

2. During the field training, trainees learn the following topics under the guidance of a field supervisor.

(1)Basic communication and the formation of smooth relationships with users, family members, facilities, citizens, volunteers, etc.

OForming supportive relationships with users and their families, etc.

3 Understanding the situation of users and the community, understanding their daily life issues (needs), and creating,

implementing, and evaluating support plans

(4)Advocacy for users and their families, etc.

5 Understanding of multidisciplinary cooperation and team approach in support

<sup>(6)</sup>Understanding of the role that the training site plays in the local community and specific outreach to the community

 ${oldsymbol {\Bbb O}}$ Understanding of the formation of cross-disciplinary and cross-industry relationships in the community and the utilization,

coordination, and development of social resources

(8) Practical management of facilities, businesses, institutions, organizations, etc. (Including understanding of team management and human resource management)

Professional ethics as a social worker, roles and responsibilities as a member of an organization, and understanding of regulations related to employment

<sup>(1)</sup>Understanding of skills required for social work practice (outreach, networking, coordination, negotiation, facilitation, presentation, and social action)

3. The social work practicum instructor will communicate and coordinate with the practicum student and field supervisor through round visits, etc., to understand the practicum student's practice situation and provide sufficient individualized guidance.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Fieldwork(practicum)		
Instructor	Yamada Keiko		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

# Course Objectives

1.Integrate the knowledge and skills of each subject necessary for social work practice and develop practical skills to provide support based on values and ethics as a social worker.

To understand the situation of people and communities in need of support, and to grasp the issues (needs) in their daily lives.
 To develop, implement, and evaluate support plans that utilize formal and informal social resources for people in need of

support to address their daily living issues (needs). 4. To gain a practical understanding of the role that facilities and institutions play in the community.

5. To understand practically how to cooperate with multiple professions, organizations, and citizens in providing comprehensive and inclusive support, and the specific details of such cooperation.

## Course Contents

1. A total of 240 hours on field training will be provided at two or more facilities of different types.

2. During the field training, trainees learn the following topics under the guidance of a field supervisor.

①Basic communication and the formation of smooth relationships with users, family members, facilities, citizens, volunteers, etc.

OForming supportive relationships with users and their families, etc.

③Understanding the situation of users and the community, understanding their daily life issues (needs), and creating,

implementing, and evaluating support plans

(4)Advocacy for users and their families, etc.

5 Understanding of multidisciplinary cooperation and team approach in support

<sup>(6)</sup>Understanding of the role that the training site plays in the local community and specific outreach to the community

⑦Understanding of the formation of cross-disciplinary and cross-industry relationships in the community and the utilization,

coordination, and development of social resources

(8) Practical management of facilities, businesses, institutions, organizations, etc. (Including understanding of team management and human resource management)

<sup>(9)</sup>Professional ethics as a social worker, roles and responsibilities as a member of an organization, and understanding of regulations related to employment

<sup>(1)</sup>Understanding of skills required for social work practice (outreach, networking, coordination, negotiation, facilitation, presentation, and social action)

3. The social work practicum instructor will communicate and coordinate with the practicum student and field supervisor through round visits, etc., to understand the practicum student's practice situation and provide sufficient individualized guidance.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Fieldwork in Psychiatric Social Work		
Instructor	Sugiyama Akinobu/Suzuki Aoi		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3320	Language	Japanese

# Course Objectives

With the aim of gaining practical skills and knowledge relating to mental health, welfare and counseling support for people with disabilities, through practical training students will:

(1) Understand the current situation of mentally disabled people, grasping their life situation and life issues through Field work in Mental Health Social Work.

(2) Acquiring integrated support skills such as the temperament, skills, and ethics required by mental health social workers, grasping the issues necessary by oneself.

(3) Acquire practical understanding of integrated and inclusive community living support, and ideal models of cooperation between professionals in related fields, with specific examples.

## Course Contents

To perform practical training for more than 210 hours at 2 placements in the field of mental health and welfare (1. Medical institution, 2. Community organizations other than medical institutions, administrative agencies etc.). During the practical training period, tutors will visit the training placement, giving individual guidance to students, and having set the return date, provide individual and group tutorials at the university. This class is required designated subject for the national mental health social worker examination.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

## <ur>

Course Title	Seminar:Social Work Practice1		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMB2310	Language	Japanese

# Course Objectives

The aim of this seminar is to integrate the knowledge and skills necessary for practicing social work, and to acquire the ability to conceptualize and theorize and systematize as professional social work skills.

(1) Understand the social work value norms required as Certified Social Worker and develop ethical judgment.

(2) Practical understanding of cross-disciplinary, generic, and integrated support, with a focus on people in need of assistance.

(3) Practical understanding of the objects and development processes, practical models and approaches of social work at the micro, mezzo, and macro levels.

## Course Contents

This class is a designated subject for the National Examination for Certified Social Worker, and is compulsory subject for two consecutive classes for those who wish to take Fieldwork(practicum).

Utilize concrete examples to develop appropriate practices in Fieldwork(practicum).

Using case studies, we will conduct practical exercises by role-playing so that we can provide people in need of assistance with cross-disciplinary, generic, and integrated support.

In the case study exercises, students will receive practical instruction assuming specific social work situations and processes, and are instructed to develop appropriate practical models and approaches.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <ur>

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Course Title	Seminar on Graduation Research		
Instructor	Full Time Teacher		
Semester	Full Year Others	Credit	2 Credits
Course Number	CMB4990	Language	Japanese

# Course Objectives

Students will receive instruction and assistance on writing and production of their graduation research project from tutors up to completion.

# Course Contents

The class format is set in accordance with the above-mentioned goals, tutors will take into consideration the situation of students. In principle, they may be conducted regularly / collectively each week, or may be individually through personal instruction. The class content will also follow the situation, and change each time. Details of tutors are published in guidance material distributed the previous year.

# Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Seminar:Social Work Practice2		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	1 Credit
Course Number	CMB2310	Language	Japanese

# Course Objectives

The aim of this seminar is to integrate the knowledge and skills necessary for practicing social work, and to acquire the ability to conceptualize and theorize and systematize as professional social work skills.

(1) Understand the social work value norms required as Certified Social Worker and develop ethical judgment.

(2) Practical understanding of cross-disciplinary, generic, and integrated support, with a focus on people in need of assistance.

(3) Practical understanding of the objects and development processes, practical models and approaches of social work at the micro, mezzo, and macro levels.

## Course Contents

This class is a designated subject for the National Examination for Certified Social Worker, and is compulsory subject for two consecutive classes for those who wish to take Fieldwork(practicum).

Utilize concrete examples to develop appropriate practices in Fieldwork(practicum).

Using case studies, we will conduct practical exercises by role-playing so that we can provide people in need of assistance with cross-disciplinary, generic, and integrated support.

In the case study exercises, students will receive practical instruction assuming specific social work situations and processes, and are instructed to develop appropriate practical models and approaches.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <ur>

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- 212 -

Course Title	Social Work Seminar(Advance)1		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	3 Credits
Course Number	CMB2310	Language	Japanese

# Course Objectives

The aim of this seminar is to integrate the knowledge and skills necessary for practicing social work, and to acquire the ability to conceptualize and theorize and systematize as professional social work skills.

(1) Understand the social work value norms required as Certified Social Worker and develop ethical judgment.

(2) Practical understanding of cross-disciplinary, generic, and integrated support, with a focus on people in need of assistance.

(3) Practical understanding of the objects and development processes, practical models and approaches of social work at the micro, mezzo, and macro levels.

## Course Contents

This class is a designated subject for the National Examination for Certified Social Worker, and is compulsory subject for two consecutive classes for those who wish to take Fieldwork(practicum).

Utilize concrete examples to develop appropriate practices in Fieldwork(practicum).

Using case studies, we will conduct practical exercises by role-playing so that we can provide people in need of assistance with cross-disciplinary, generic, and integrated support.

In the case study exercises, students will receive practical instruction assuming specific social work situations and process es, and are instructed to develop appropriate practical models and approaches.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <ur>

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Course Title	Social Work Practicum Guidance 1		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	1 Credit
Course Number	CMB2310	Language	Japanese

# Course Objectives

The goal is to understand the significance of social work training necessary for acquiring the qualification for the National Examination for Certified Social Workers. Understand the role required of a social worker, develop a professional attitude based on values and ethics, and acquire the basic ability to demonstrate social work functions.

## Course Contents

In this class, you will learn the significance of Fieldwork(practicum) and prepare for the next year's Fieldwork(practicum). Specifically, learn the following contents through individual guidance and group guidance.(1) About the significance of Fieldwork(practicum) and Social Work Practicum Guidance, (2) About welfare facilities and clients, (3) About local communities and other profession, (4) To acquire the values, ethics, knowledge, skills, and self-awareness required for Fieldwork(practicum).

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Social Work Practicum Guidance 2		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

#### Course Objectives

1. Through pre- and post-learning about "practical social work", integrate the knowledge and skills of each subject they have learned so far, and cultivate the practical ability to provide support based on the value and ethics of a social work.

2. Make the necessary preparations for practical social work (creating a training plan, writing training records, receiving supervision, etc.)

3. Understand the necessary procedures (immunization, regular commuting, submission of reports, etc.) for social work training, and carry them out without fail.

4. Gain a concrete and practical understanding of the knowledge and skills related to social work, and acquire the basic skills to demonstrate social work functions.

5. Practically learn comprehensive support through practical training at two locations.

6. Review the training as a whole and systematically understand the knowledge gained in the training as specialized assistance techniques.

7. Based on the learning in related subjects, present what you have understood as social work assistance at the "Practice Report Meeting" and summarize it as a "Summary Report".

### Course Contents

This class is held in parallel with social work practice (240 hours). Throughout the year, pre-learning for the practical training, other preparations, guidance during the practical training, post-learning, preparation and reporting of debriefing sessions, and preparation of reports. Each period is based on "10 contents to be included in education".

In the pre-learning, through individual guidance and group guidance related to social work practice, students will learn concretely and practically how to create a practical training plan and the ethics, knowledge, and skills necessary for consultation assistance, and prepare for practical training.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

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Course Title	Psychiatric Social Work Practicum Guidance 2		
Instructor	Sugiyama Akinobu/Suzuki Aoi		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3320	Language	Japanese

## Course Objectives

.Reflecting on the learning gained through specific experiences and activities at Fieldwork in Mental Health Social Work, we aim for students to achieve an understanding that integrates practice with theory, with the following objectives.

(1) To understand the meaning of Fieldwork in Mental Health Social Work.

(2) To understand the solid knowledge and skills involved in social work practice, based on the experience of placement training.

(3) To gain the ability to deliver integrated support in social work practice.

### Course Contents

Preparative training will be provided on the knowledge, skills, values etc., required for Fieldwork in Mental Health Social Work (on-site training), with individual and group supervision provided throughout. After the training, students will present their impressions, experiences, thoughts and questions from their placements based on their training notes, deepening our learning through discussion with other students.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Work Practice		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	5 Credits
Course Number	CMB3310	Language	Japanese

## Course Objectives

1.Integrate the knowledge and skills of each subject necessary for social work practice and develop practical skills to provide support based on values and ethics as a social worker.

To understand the situation of people and communities in need of support, and to grasp the issues (needs) in their daily lives.
 To develop, implement, and evaluate support plans that utilize formal and informal social resources for people in need of support to address their daily living issues (needs).

4. To gain a practical understanding of the role that facilities and institutions play in the community.

5. To understand practically how to cooperate with multiple professions, organizations, and citizens in providing comprehensive and inclusive support, and the specific details of such cooperation.

## Course Contents

1. A total of 240 hours on field training will be provided at two or more facilities of different types.

2. During the field training, trainees learn the following topics under the guidance of a field supervisor.

(1)Basic communication and the formation of smooth relationships with users, family members, facilities, citizens, volunteers, etc.

OForming supportive relationships with users and their families, etc.

③Understanding the situation of users and the community, understanding their daily life issues (needs), and creating,

implementing, and evaluating support plans

(4)Advocacy for users and their families, etc.

5 Understanding of multidisciplinary cooperation and team approach in support

<sup>(6)</sup>Understanding of the role that the training site plays in the local community and specific outreach to the community

 ${oldsymbol {\Bbb O}}$ Understanding of the formation of cross-disciplinary and cross-industry relationships in the community and the utilization,

coordination, and development of social resources

(8) Practical management of facilities, businesses, institutions, organizations, etc. (Including understanding of team management and human resource management)

Professional ethics as a social worker, roles and responsibilities as a member of an organization, and understanding of regulations related to employment

<sup>(1)</sup>Understanding of skills required for social work practice (outreach, networking, coordination, negotiation, facilitation, presentation, and social action)

3. The social work practicum instructor will communicate and coordinate with the practicum student and field supervisor through round visits, etc., to understand the practicum student's practice situation and provide sufficient individualized guidance.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Psychiatric Social Work Seminar 2		
Instructor	Sugiyama Akinobu		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3320	Language	Japanese

## Course Objectives

Understanding the lives and challenges of people with mental disorders, while considering the relationship between knowledge of mental health and welfare support, and other skills related disciplines, the aim is to acquire practical knowledge of skills related to counseling support required by social workers, so as to establish a system based on principles.

#### Course Contents

This class is a requirement for the National Examination for Mental Health Social Workers, and students wishing to take "Fieldwork in Mental Health Social Work" should attend. In conjunction with practical training, by highlighting counseling support

case-studies with coordination and cooperation with medical care that provided integrated and inclusive counseling support, students will hypothesize on specific support situations, with classes developing in seminar format through individual and group guidance.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Social Work Seminar(Advance) 2		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMB3310	Language	Japanese

## Course Objectives

Integrate the courses taken up to this point, integrate the knowledge, skills, and values related to social work required of social workers, and learn them practically through exercises. Cultivate the ability to conceptualize, theorize, and systematize as professional assistive technology.

①Practically understand regional assessment and evaluation systems to solve problems based on regional characteristics and issues.

2To conduct case studies and case examinations to gain a deeper understanding of cases through practical training, and to

acquire a concrete understanding of the significance and methods of case studies.

③To systematically understand supervision to improve the quality of social work practice.

## Course Contents

• Understanding the knowledge, skills, and values of social work by studying in relation to the knowledge acquired in the previous courses.

•To gain insight into the self in pursuit of becoming a helping professional and to deepen self-awareness.

•To acquire practical knowledge of comprehensive and integrated support for the complex issues faced by people in need of support.

•To acquire techniques in specific social work situations and processes, using case studies and other examples as material.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Basic Seminar		
Instructor	Full Time Teacher		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1610	Language	Japanese

### Course Objectives

Think about and prepare for independent learning at university. Master basic learning skills. Understand the features and expertise of the department, and consider its future design.

#### Course Contents

An academic adviser (teacher) takes 20-25 people.

Each academic adviser develops their lectures to make the most of their expertise to achieve the above goals. Students are expected to participate and study for themselves in order to do the following.

1) To facilitate your start at Rikkyo University in university life, learn about the university, make friends and gain a sense of belonging.

2) Deepen your understanding of basic learning techniques (how to study independently, report writing, discussions, presentations, etc.) and learn to use the various functions of the university for yourself, such as the library and media center.3) After understanding the features of the faculties and departments, you will be able to plan your studies for the next four years and think about what you will do after graduation.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Introduction to Community Development		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1000	Language	Japanese

# Course Objectives

In this course, to understand its distinctive features, we shall learn various approaches to community development and policy.

### Course Contents

Faculty members of the Department of Community, who study different academic fields, will each deliver a lecture concerning the issue of community from the perspective of their respective fields. This course will be conducted in the omnibus format. Detailed information on lecture topics for each class will be provided during the first lesson.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Community and Human Services Studies		
Instructor	Kinoshita Takenori		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1000	Language	Japanese

# Course Objectives

Acquire the ability to approach how to overcome a society that emphasizes self-help from a multifaceted perspective and propose the ideal form of community welfare that is the opposite of self-help.

## Course Contents

How can we overcome a self-responsibility society that emphasizes self-help and prevents people from solidarity? At the other end of the spectrum, we will examine the ideal form of community welfare that promotes the creation of a socially inclusive society and community. In this lecture, I would like to use the textbook and incorporate student discussion.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Introductory Statistics		
Instructor	Maeda Kazuho		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1000	Language	Japanese

# Course Objectives

Students will acquire basic statistical literacy in order to properly understand the statistical data and information, gathering various public statistics and survey reports on issues of concern.

## Course Contents

(1) Accessing existing public statistics and survey reports, (2) Methods for compiling statistical information and analysis results into charts, (3) Basic knowledge and statistical concepts to analyze and interpret recorded statistical data appropriately, (4) Explanation of empirical research methods using social survey data.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Introductory Statistics		
Instructor	*		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH9110	Language	Japanese

# Course Objectives

Students will acquire basic statistical literacy in order to properly understand the statistical data and information, gathering various public statistics and survey reports on issues of concern.

## Course Contents

(1) Accessing existing public statistics and survey reports, (2) Methods for compiling statistical information and analysis results into charts, (3) Basic knowledge and statistical concepts to analyze and interpret recorded statistical data appropriately, (4) Explanation of empirical research methods using social survey data.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Introduction to Community Development		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1600	Language	Japanese

# Course Objectives

In this course, to understand its distinctive features, we shall learn various approaches to community development and policy.

### Course Contents

Faculty members of the Department of Community, who study different academic fields, will each deliver a lecture concerning the issue of community from the perspective of their respective fields. This course will be conducted in the omnibus format. Detailed information on lecture topics for each class will be provided during the first lesson.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Methods of Social Research		
Instructor	Atobe Chisato		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1600	Language	Japanese

### Course Objectives

• Acquire the basic knowledge related to the meaning, background, and methods of social research.

•Acquire the prerequisite knowledge for carrying out research in seminars and graduate research projects.

#### [Social Researcher]

This subject is equivalent to Social Researcher Certification Course A , and is an introductory part of the related subject. Taking this course with Research Methods 1, Course B will enable students to master the basics of social research.

### Course Contents

In this class, we explain the basic knowledge related to the meaning, background, and methods of social research to students who are looking to study social research in earnest in the future. We explain various social research methods, data collection and analysis processes, the history of social researches, and research ethics, taking actual examples of researches into account. At the same time, the objective of the course is for students to acquire the ability to interpret data from existing qualitative and quantitative surveys.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Methods of Social Research		
Instructor	Maeda Kazuho		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1600	Language	Japanese

### Course Objectives

• Acquire the basic knowledge related to the meaning, background, and methods of social research.

•Acquire the prerequisite knowledge for carrying out research in seminars and graduate research projects.

#### [Social Researcher]

This subject is equivalent to Social Researcher Certification Course A , and is an introductory part of the related subject. Taking this course with Research Methods 1, Course B will enable students to master the basics of social research.

### Course Contents

In this class, we explain the basic knowledge related to the meaning, background, and methods of social research to students who are looking to study social research in earnest in the future. We explain various social research methods, data collection and analysis processes, the history of social researches, and research ethics, taking actual examples of researches into account. At the same time, the objective of the course is for students to acquire the ability to interpret data from existing qualitative and quantitative surveys.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Field Study		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMC2010	Language	Japanese

## Course Objectives

Recognizing "community policy" as the solution to problems that impede the realization of "a better life" through community – based measures, characterized by the voluntary participation and collective efforts of residents (Sakata: 2014), the aim is to understand concrete solutions through papers, materials and field type learning.

## Course Contents

This seminar deepens practical experience through Field Study, combining learning from the classroom with field experience and practice, including learning through principles, documents and source materials. To be conducted according to the theme of each instructor, as listed in the materials separately distributed at the guidance held in the fall semester in the previous year.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Basic Seminar		
Instructor	Hatanaka Tohru		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1010	Language	Japanese

### Course Objectives

Think about and prepare for independent learning at university. Master basic learning skills. Understand the features and expertise of the department, and consider its future design.

#### Course Contents

An academic adviser (teacher) takes 20-25 people.

Each academic adviser develops their lectures to make the most of their expertise to achieve the above goals. Students are expected to participate and study for themselves in order to do the following.

1) To facilitate your start at Rikkyo University in university life, learn about the university, make friends and gain a sense of belonging.

2) Deepen your understanding of basic learning techniques (how to study independently, report writing, discussions, presentations, etc.) and learn to use the various functions of the university for yourself, such as the library and media center.3) After understanding the features of the faculties and departments, you will be able to plan your studies for the next four years and think about what you will do after graduation.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Falling Birth Rate and Aging Society		
Instructor	Guo Lijuan		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1300	Language	Japanese

# Course Objectives

In this lecture, we will approach various social issues in contemporary Japanese society, which is experiencing a super-aging and declining population, and view them from a sociological perspective. In doing so, we will also make comparisons with other countries and present the current state of Japanese society and problems with the current system.

### Course Contents

This lecture will discuss various themes related to contemporary Japanese society, such as marriage, women's employment and child rearing, diverse partnerships, assisted reproductive technology, and care issue. Through watching films, we will consider the background, current situation, and future course of the aging society with declining birthrates.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Family Policy		
Instructor	Guo Lijuan		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1200	Language	Japanese

### Course Objectives

In today's society, where disparities are widening, we will look at various social issues that involve the family, and consider new approaches and proposals for family policies that are not bound by the traditional understanding that the state is the only policy actor. In addition, I would like to present the issues of family policy in Japan by comparing them with policy trends in other countries. Through this lecture, we will cultivate the ability to gain insight into and interpret the nature of family issues, as well as the ability to propose new family policies.

### Course Contents

In this lecture, we will take up various themes related to the family, such as childcare, care, reproduction, foster care, partnership, and immigration, and through watching films, we will raise issues with Japan's current family policies and propose new family policies that open up the family.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	International Non-Governmental Organizations		
Instructor	Suzuki Yayoi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1300	Language	Japanese

# Course Objectives

In this class, through learning about achievements and challenges of international NGOs in the international development sector whose actors have been diversifying, you are expected to understand how you are related to the outside world and have your own ideas about how you are involved in the society.

#### Course Contents

Referring to various cases of activities by international NGOs, you will learn correlations between global issues and your life and consider how international cooperation by citizens can be and what roles international NGOs can paly, while SDGs are trumpeted as a call for universal action by all actors, including businesses. Each lecture more ore less has interactive communication and small group discussions will be held.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Theory of Modern Community		
Instructor	Sakaguchi Takeshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1300	Language	Japanese

# Course Objectives

1. Acquiring the basic knowledge about the community theory and the ability of analysis and explanation of multiple problems in the modern society.

2. Understanding the concept of community and the related concepts and acquiring theoretical basis for studying the community development.

## Course Contents

We will study the basic theory of community and discuss the issues of the modern community through the case studies of various problems about the city, region, welfare in the modern society.

First, we will learn the various theoretical perspectives about the concept of community from the classics of sociology. Second, we will discuss the problems about boundaries, belonging, inclusion and exclusion of community. Finally, we will consider the fundamental need of community as the way of live.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Theory of Civil Participation		
Instructor	Fujii Atsushi		
Semester	Spring Semester 2	Credit	2 Credits
Course Number	CMC1300	Language	Japanese

### Course Objectives

In modern society, poverty and social exclusion are widespread, and civic participation that underpins democracy is declining. Under these circumstances, there is a need to rebuild communities based on people's trust and solidarity, and to revive autonomy and democracy based on communities. In community development theory, based on the awareness of the above issues, students will learn about various ways of community development through the specific practices of civil society organizations such as NPOs.

### Course Contents

Community development means the process of creating communities and solving various social problems by citizens' participation and cooperation. Community development includes various dimensions. We will understand many aspects of community development while focusing on British community development theory, especially community organizing.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Local Autonomy		
Instructor	Harada Koki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1200	Language	Japanese

### Course Objectives

Understanding the basic structure of local administration, touching on the current situation and issues today's local governments face, while considering the concepts of local autonomy.

#### Course Contents

We are exposed to government services and regulations in various aspects of daily life. Moreover, in Japan, most are administered through local government. Why is that so? What is the problem? In each session, we will establish questions according to each theme, considering why there are systems, policies, and practices that are commonplace to us, and what is being asked. At this time, while conducting group discussions as appropriate, we will invite active mayors, members and administrative staff as guest speakers, deepening our understanding of the relationship between local government and its related policy trends, autonomy and democracy. Coupled with the current trend of reform called "Governance theory", in recent years, the role of government and the state of the community is being re-examined. Therefore, students will explore the realities of local autonomy, while watching foreign films in class.

#### Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Research Methods 1		
Instructor	Atobe Chisato		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1300	Language	Japanese

## Course Objectives

•Ability to ask questions, set hypotheses, plan and conduct surveys.

•Ability to create questionnaires, with consideration of question sentences and options.

•Ability to properly input and aggregate survey data.

#### [Social Researcher]

This subject is equivalent to Social Researcher Certification Course B. It is preferred for students to have already taken Methods of Social Research, Course A, or to be taking simultaneously.

# Course Contents

While acquiring the basics of social research, students will learn in a practical training format, the processes from planning and implementation of research, to data collection and analysis. In this class, the purpose is to acquire the related processes of social surveying, with one part of the lecture consisting of the basic methods of both hypothesis generation and hypothesis verification type survey types, and another part where small-scale survey practicals are conducted, inside the class / university.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	General Introduction to policy studies		
Instructor	Ito Shinsuke		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1200	Language	Japanese

# Course Objectives

The aim is to acquire the basics of knowledge and thinking necessary to understand policy.

### Course Contents

In the first half, we will explore the flow of policy from formation, to implementation and evaluation, considering the concrete analytical framework and theory necessary for policy analysis, and the current situation, including issues of policy (science). In the second half, we will explore public service theory and policy planning, before an explanation of individual policies.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Policy		
Instructor	Kinoshita Takenori		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1200	Language	Japanese

# Course Objectives

The goal of this class is to understand the representative theories and approaches to poverty, and to acquire a multifaceted perspective in order to understand the reality of poverty in modern society.

### Course Contents

After introducing various theories and approaches to poverty, we will consider what the poverty problem is, why poverty occurs, and how poverty should be dealt with. Based on that, we will consider what kind of poverty measures should be taken, focusing on public assistance and self-reliance support systems for the needy.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Organizational Management		
Instructor	Nakajima Tomohito		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1300	Language	Japanese

### Course Objectives

Obtaining the basic concepts and knowledge about "organizations", which are one of the basic components of a modern society. Furthermore, the acquired concepts and knowledge can be applied to consideration of various behaviors of specific actual organizations.

#### Course Contents

The class begins with a basic understanding of "organization", and identifies its actions, structures, and development mechanisms. The class covers a wide range of organizations, such as government and local governments and non-profit organizations (NPOs) in addition to companies that are for-profit organizations, and their characteristics are explained through the comparison of different organizations, such as for-profit and not-for-profits – promoting an understanding of the organization. Classes will take the form of lectures on the basic concepts and knowledge, as well as discussions between instructors and students, or in groups.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Culture and Community Formation		
Instructor	Miyairi Kyohei		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1100	Language	Japanese

# Course Objectives

This course aims for students to understand the role of cultural policy and its relationship with society, economy and politics, while confirming the meaning of "culture and art".

# Course Contents

COVID-19 has had a great influence on the area of "culture and art". Is "culture and art" unnecessary and unurgent? What does "culture and art" mean in the first place? In this class, we will consider the possibilities and limits of Japanese cultural policy in the post-COVID-19 era, in relation to the meaning of "culture and art" activities of amateurs.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Cultural Policy		
Instructor	Miyairi Kyohei		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC1100	Language	Japanese

# Course Objectives

This course aims for students to understand the role of cultural policy and its relationship with society, economy and politics, while confirming the meaning of "culture and art".

## Course Contents

COVID-19 has had a great influence on the area of "culture and art". Is "culture and art" unnecessary and unurgent? What does "culture and art" mean in the first place? In this class, we will consider the possibilities and limits of Japanese cultural policy in the post-COVID-19 era, in relation to the meaning of "culture and art" activities of amateurs.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Public Policy Science		
Instructor	Kambayashi Yoji		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

You will learn that local governments have an important role to play in labor policies to make people happy.

#### Course Contents

It is said that Japan society as a whole is becoming poorer, and "poverty" is accumulating at one pole, and disparities are widening. In order to eliminate this disparity, it is primarily necessary to expand the allocation policy by the national government, but local governments can also develop various disparity elimination policies through in-kind benefits such as employment and labor policies and welfare policies, through bidding reforms as the region's largest economic entity, or as employers employing non-regular public servants. In this class, we will take up employment and labor policies that local governments can take to eliminate disparities and poverty as the central theme. In that case, we will not only point out that there are issues, but also take up practical examples for solving problems in Japan and around the world.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Research Design		
Instructor	Atobe Chisato		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2000	Language	Japanese

## Course Objectives

•Ability to ask questions, set hypotheses, plan and conduct surveys.

•Ability to create questionnaires, with consideration of question sentences and options.

•Ability to properly input and aggregate survey data.

#### [Social Researcher]

This subject is equivalent to Social Researcher Certification Course B. It is preferred for students to have already taken Methods of Social Research, Course A, or to be taking simultaneously.

# Course Contents

While acquiring the basics of social research, students will learn in a practical training format, the processes from planning and implementation of research, to data collection and analysis. In this class, the purpose is to acquire the related processes of social surveying, with one part of the lecture consisting of the basic methods of both hypothesis generation and hypothesis verification type survey types, and another part where small-scale survey practicals are conducted, inside the class / university.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Welfare System		
Instructor	Osawa Yuma		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

# Course Objectives

Understanding the basic roles and mechanisms of the Japanese social welfare system, and explaining the problems and issues these systems face.

## Course Contents

we will understand the current situation and social situation of welfare problems in modern Japan. After that, we will learn about each social welfare system and consider its institutional issues and prospects. At that time, we will focus on "poverty" in particular.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Career Design		
Instructor	Kikuchi Hiroko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2000	Language	Japanese

# Course Objectives

Look at your present and create a vision for your future as learning the experiences of others.

# Course Contents

This class considers how university life and faculty and course studies are related to your own career through lectures, workshops and group sessions covering various ways of living and working with different guest speakers.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Health Policy		
Instructor	Yanagawa Naoko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

# Course Objectives

Students will obtain an overview of Japan's health promotion policy, centered on physical activity and exercise, and acquire the

basic ability to analyze and evaluate the policy process that supports the well-being of a healthy and wealthy people.

# Course Contents

Explaining the background and trends from real-life health issues, based on handouts. In addition, we will listen to voices from those within the health promotion in the field, deepen our understanding through related presentations and surveys on health promotion policies.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbook s and others.

<ur>

Course Title	Information Processing 1		
Instructor	Matsuo Takeshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2020	Language	Japanese

## Course Objectives

Acquire data processing skills that are useful not just for campus life, but also for welfare purposes or in society at large, using different document creation techniques, the internet, spreadsheets or elementary statistical processing. Also learn about basic typing skills and campus system mail and file management.

#### Course Contents

Divided into five broad categories to aid study and deeper understanding, and the acquisition of the required skills.

(1) Touch typing for keyboard input and faster typing;

(2) Understanding campus systems, files and folders;

(3) Using search engines and handling copyright;

(4) Creating reports and business documents in MS Word;

(5) Creating tables and using analytic functions in Excel.

Class attendance is required because training and instruction is involved.

Students who miss any classes will need to study and handle topics and themes on their own.

Check the campus mail for details.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Information Processing 2		
Instructor	Matsuo Takeshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2020	Language	Japanese

### Course Objectives

Learn about creation of slides and presentation techniques for conveying information to others, and about images and videos than can be used to express information. In addition, as smartphone usage becomes increasingly widespread, students will improve their understanding of the use of cloud and other internet services, as well as being aware of the use of images and videos which are easily accessible sources of information.

Course Contents

Divided into five broad categories to aid study and deeper understanding, and the acquisition of the required skills.

(1) Using the cloud and information sharing;

(2) Understanding and using copyright;

(3) Understanding and creating images as a way of expressing information;

(4) Understanding and shooting / editing video as a way of expressing information;

(5) Creating slides as the basis for presentation techniques.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Sports Policy		
Instructor	Saito Kenji		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

### Course Objectives

The goal of this course is to understand the basic system, policy system, current situation and issues of sports policy in Japan and other countries, and to acquire basic knowledge in sports policy. In addition, the purpose of this course is to think about sports policy from the perspectives of policy studies, public administration, and law, and to acquire basic knowledge for practical work for promoting and encouraging sports.

## Course Contents

In this course the basic knowledge of Japanese sports policy from the perspective of the policy process of policy making, policy implementation and policy evaluation will be explained. In addition, the policy system of sports policy, basic system and related projects and initiatives will be explained. Regarding specific policy issues related to sports policy, the implementation status and issues of sports policy in Japan and overseas will be explained.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	International Economics		
Instructor	Takahashi Kiyotaka		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

# Course Objectives

The aim of this class is to acquire the following abilities in the subject.

1) An understanding of the history, theories and systems of international cooperative assistance to address poverty, human rights, conflict and the environment.

2) The ability to understand the current state of development assistance, as well as analyze and consider from both policy and field perspectives.

3) Given the exacerbation of global issues and changes in the international political and economic situation, students will a cquire the ability to critically consider the role of development assistance, and suggest actions that citizens should take toward future development assistance.

4) To be able to make proposals and actions aimed at what citizens can do to solve global-scale problems, such as reviewing our lives, while critically considering the concept of "development" based on development assistance.

#### Course Contents

The history of international cooperation and international assistance begins in the post-war Cold War era, when the various development assistance theories were created, and by examining how and what development assistance (especially ODA) was conducted under changing international law, it will be possible to analyze the current situation from the perspective of fore ign policy and the effect of aid in the field. In addition, based on this, the purpose will be to critically examine the shape of future development assistance, and to cultivate the ability to act for concrete reform.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Local Public Finance		
Instructor	Hatanaka Tohru		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC1200	Language	Japanese

# Course Objectives

To understand the division of roles between the national and local governments in the fiscal system to maintain the welfare state system, and to be able to read data on the fiscal situation of local governments.

#### Course Contents

In order to implement social security systems, it is essential to have a fiscal system that secures costs and allocates them appropriately. Many of Japan's social security systems are implemented by local governments, and local fiscal systems have been formed to guarantee the national minimum.

In this class, we will explain the basic theories of public finance, the structure of Japan's local government finance system, and the fiscal system focusing on social security. Based on this understanding, students will learn how to analyze data on the actual situation and regional disparities in the implementation of social security and appropriate fiscal management in each local government through the preparation of report assignments.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Restoring Conflict and Deviation		
Instructor	Konagai Kayo		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

# Course Objectives

Acquiring the ability to understand the current situation, as well as response mechanism of several examples of deviant behavior and conflict in Japan and the world, thinking about means of "social justice" and "peace of the society", achieving the well-being of diverse people from different backgrounds, and getting knowledge and thinking ability on measures for social coexistence.

# Course Contents

Several examples of deviant behavior and conflict in Japan, and in the world will be examined to highlight the current situation and background. Students will also consider means of "social justice" and "peace of the society". In addition, the mechanisms

for repairing deviant behavior and conflicts, the results and limitations will be explored. Then, we will examine measures to achieve individual coexistence and social harmony. In addition, we will invite practitioners and experts from the field where appropriate, leaning from real-life situations.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Human Development in the Community		
Instructor	Komoda Reeya		
Semester	Spring Semester 1	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

# Course Objectives

This lecture aims to give students deeper understanding of how communities affect human development.

# Course Contents

Students learn diverse forms of communities through the course and explore the possibilities and limitations of the potential power of communities.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Ethnicity		
Instructor	Kurihara Miki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

# Course Objectives

To acquire the basic knowledge of ethnicity and its related concepts, and develop the ability to consider multiple problems in contemporary society from the view point of ethnicity.

#### Course Contents

This course learns about ethnic studies along with related concepts and social phenomena such as politics, consumption, media, and tourism, and explores approaches to ethnic problems in contemporary society through case studies and movies.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Leisure Life		
Instructor	Miyairi Kyohei		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

# Course Objectives

This course aims for students to understand the meaning of "leisure," while confirming the concept of "serious leisure."

# Course Contents

In this class, while understanding the concept of "serious leisure" that seriously tackles leisure, we will understand the meaning of "leisure" that we enjoy unconsciously on a daily basis.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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IC265

Course Title	Community Design		
Instructor	Musha Tadahiko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

# Course Objectives

- 1) To gain a bird's eye view of the academic and practical trends from modern urban planning to contemporary "machizukuri".
- 2) Understanding the differences in the background and mechanisms of "machizukuri" in each period and each case.
- 3) Based on the above understanding, apply this knowledge to our own practical activities for "machizukuri".

#### Course Contents

Although the concept of "machizukuri" first appeared in the 1970s, it is used in an extremely diverse range of meanings today. In this class, we will discuss dynamically why the concept of "machizukuri", including similar concepts such as urban planning and urban renewal, has become multifaceted, while relating it to changes in urban space and society. By introducing and explaining specific examples from various regions, we aim to recognize "machizukuri" as a realistic phenomenon and to apply it to practice as knowledge from the humanities and social sciences.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Community Business		
Instructor	Musha Tadahiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

## Course Objectives

1) Understanding the historical background and social significance of community businesses.

2) Deciphering the essential elements and conditions of community business from case studies.

3) Based on the case studies, developing a business plan for community business.

#### Course Contents

In recent years, "community businesses," which are established through face-to-face relationships, have been attracting attention as a method to solve public regional issues that cannot be adequately addressed by existing social and economic systems. In this class, students will learn about the historical background of the emergence of community business and its social significance, then gain a concrete understanding of how business works through several practical examples in rural and metropolitan areas, and finally, learn about community business interactively by drawing up their own business plans and receiving feedback.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Life Ethics		
Instructor	Maegawa Kenichi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

# Course Objectives

Examine the concept of inochi (life in general) from the perspectives of seimei (a measurable concept in biology, medicine, philosophy, and other fields), seikatsu (livelihood) and jinsei (human life), understand the problems surrounding modern living, and address them in one's own words.

# Course Contents

The College of Community and Human Services upholds a basic philosophy summed up in the motto "Vita dignitati (For the dignity of life)". While mainly referencing discussions of bioethics and environmental ethics, the students shall critically probe the current situation surrounding life in general and learn by looking at concrete, alternative proposals via class discussions.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Qualitative Research Method		
Instructor	Atobe Chisato		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

### Course Objectives

Understanding the characteristics and actual processes of various methods of qualitative research, and to acquire the ability to plan and conduct independent research.

- To acquire the necessary attitude and poise necessary to conduct qualitative surveys, and to be able to build relationships of trust in the location when conducting future fieldwork.

[Social Researcher]

This course is Methods of Social Research F. It is preferred, but not a requirement to have completed Subject A, "Methods of

Social Research". Students who have selected a qualitative research class in Subject G, "Practice in Social Research" must take this course.

# Course Contents

This class provides general knowledge about qualitative research to students who have already learned the basics of social research. In this lecture, we will explain the fundamentals of qualitative research, history, points of caution and ethics, as well as present various methods and their practical examples, focusing on observation, document analysis, and interviews. Through lectures, the aim is for students to acquire the ability to utilize qualitative research in future investigations and practice.

## Others

"Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Research Methods 2		
Instructor	Maeda Kazuho		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

# Course Objectives

Analyzing social survey data collected by sampling, students will acquire basic knowledge of inference statistics, necessary to summarize the results.

#### Course Contents

Explaining the various statistical methods needed to conduct quantitative research. Using spreadsheet software (Excel) and statistical software (SPSS), we will learn analysis of real data using a personal computer. This lecture will cover, (1) Statistical consideration of data, (2) Data handling and cleaning, (3) Visual representations of data, (4) Probability theory and statistical estimation theory, (5) Sampling theory, (6) Specific statistical methods.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Research Methods 2		
Instructor	Onohara Ayaka		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

# Course Objectives

Analyzing social survey data collected by sampling, students will acquire basic knowledge of inference statistics, necessary to summarize the results.

#### Course Contents

Explaining the various statistical methods needed to conduct quantitative research. Using spreadsheet software (Excel) and statistical software (SPSS), we will learn analysis of real data using a personal computer. This lecture will cover, (1) Statistical consideration of data, (2) Data handling and cleaning, (3) Visual representations of data, (4) Probability theory and statistical estimation theory, (5) Sampling theory, (6) Specific statistical methods.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sustainable welfare community		
Instructor	Sato Futoshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

### Course Objectives

Students will learn how to critically analyze topics and will reconfirm the concepts of sustainability and well-being. They will then obtain viewpoints and skills to be able to examine from community perspectives how these two concepts can materialize at the same time.

## Course Contents

Based on the Ecological Economics, we will reconfirm the two key concepts for the course; sustainability and well-being, to discuss contemporary social issues related to energy, climate change, and food system. The class will then learn from real-life examples the potentials and difficulties of materializing at the community levels afore-mentioned key concepts at the same time. Examples will be from areas such as lifestyle with agricultural activities, social and solidarity economy, and commons movements. We will also reflect on our stance toward the concepts.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Social Support		
Instructor	Ikeda Reiji		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

# Course Objectives

This class aims to develop students' understanding of how to solve complex social problems in Japan, through comparative analysis with international practice. In the second half of this class, special attention will be paid to Social Impact Bonds.

### Course Contents

International case and evidence will be shared by a lecturer. Participants will discuss the facilitators/barriers in implementing it in the context of Japan.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Leadership		
Instructor	Nakae Sumiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

# Course Objectives

Deepening our understanding of the role of leadership for individual perception and behavior, in association with groups and others, primarily through psychology research.

### Course Contents

We all belong to various groups such as schools, families and social circles. What kind of influence does these groups have on people's behavior, perspectives and ideas of things? And, what is the role of a leader in such a group situation? In this lecture, we will explain the role of leadership in the group, while tackling topics such as decision making and coordination.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Introduction to Bioethics Policy		
Instructor	Sato Futoshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

### Course Objectives

Students will learn how to critically analyze topics and will reconfirm the concepts of sustainability and well-being. They will then obtain viewpoints and skills to be able to examine from community perspectives how these two concepts can materialize at the same time.

## Course Contents

Based on the Ecological Economics, we will reconfirm the two key concepts for the course; sustainability and well-being, to discuss contemporary social issues related to energy, climate change, and food system. The class will then learn from real-life examples the potentials and difficulties of materializing at the community levels afore-mentioned key concepts at the same time. Examples will be from areas such as lifestyle with agricultural activities, social and solidarity e conomy, and commons movements. We will also reflect on our stance toward the concepts.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Sociology of Social Problems		
Instructor	Harada Shun		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

# Course Objectives

The goals of this course are to

(1) Deepen interest in and understanding of various sociological theories.

(2) Foster sensitivity to social problems and become able to consider familiar social problems sociologically.

#### Course Contents

"Social problem" is a name that covers a wide range of problems, and it can be said that all the subjects of sociology are social problems. There are social issues surrounding families, schools, and companies, as well as minority issues that arise in a society centered on the majority.

In order to clarify these social problems, theories such as functionalism, symbolic interactionism, constructionism, and narrative approach have been accumulated. This course, based on sociological theories about social problems, explains the process of constructing various problems in modern society for each theme and people's actions surrounding these problems. Through these, this course aims to cultivate the abilities necessary to consider familiar social issues sociologically.

#### Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Introduction for Humanservice Psychology		
Instructor	Kubota Miho		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

### Course Objectives

Tuning one's ears to the various thoughts the minds of humans in modern society hold. In addition, we aim to think about what it mean to live together.

The curriculum development policy during the formation period of "people, self & others, the world, life and living, deepens

understanding, with the aim of this course being the "cultivation of empathy with hardships and struggles of people in the field", acquiring a broad education in line with degree award policy.

#### Course Contents

Considering various welfare issues in Japan, not from theory, but from hearing the voices of the individuals, (including voices that are not usually heard). In each session, we will introduce case studies, reports, documentaries etc. on the theme, and where possible discuss one's feelings with the group.

Each voice may contain something that is somehow relevant to oneself, or a question about society. While thinking about these things, we might consider how people could find a way inside to live together.

# Others

"Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Regional Economics		
Instructor	Hatanaka Tohru		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

#### Course Objectives

To understand the concepts in economics for analyzing regional economic conditions. In addition, to consider what kind of policies will be required in the future to eliminate regional disparities and develop regional economies based on examples of regional economic growth policies.

#### Course Contents

In this class, we will consider what kind of policies are needed to develop the local economy. First, I will explain basic knowledge about the economy and the meaning of economic indicators such as economic growth rate, unemployment rate, and labor productivity. Then, I will explain the theories of regional economic development and decline, and regional policies that make use of these theories. Based on this understanding, students will learn how to analyze the economic situation and regional disparities in each region using data through the preparation of report assignments.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Public Administration		
Instructor	Maeda Takahiro		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

# Course Objectives

The main goal of this class is to acquire basic knowledge of public administration. Besides, the aim is for students to utilize such basic knowledge to gain the ability to analyze the issues facing the current Japanese administration.

#### Course Contents

This lecture introduces basic knowledge of public administration to those who are going to take the civil service examination. More specifically, this lecture will give an explanation of the systems and practical operation of Japanese administration, as well as concepts and theories that are useful for understanding these systems and procedures. Lectures are given in the lecture style. However, feedback is provided using the LMS.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	English for foreign studies and internships (CDSP)		
Instructor	Paydon Steven		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2403	Language	Others

# Course Objectives

This course introduces the Sustainable Development Goals (SDG), the aims of the SDG initiative, SDG policy and its effects on developing global welfare and well-being. Students will choose one specific SDG and focus on the policy that drives change behind that goal, and the effects SDG policy is having on improving global society and welfare. Students will then write a report and present their findings.

#### Course Contents

Students will develop their ability to conduct research, write a report, and present information in relation to the SDGs and social welfare policy in English.

Students will develop their English skills and be able to:

- research and discuss the history and policy at the heart of the SDGs.
- develop their research and report writing skills.
- present information in relation to the SDGs and social welfare
- develop their autonomy, creativity, critical thinking, and collaboration skills.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <ur>

Course Title	Community Development and Social Policy in English		
Instructor	Paydon Steven		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2401	Language	English

# Course Objectives

This course focuses on human rights. It begins by outlining the Universal Declaration of Human Rights, and looks at examples of rights violations. It then looks at the evolution and expansion of human rights, tracing the story from the issue of slavery to emerging views about LGBT and intergenerational rights. It further outlines the dimensions of the global human rights regime, based mainly on a series of focused treaties, UN bodies, international courts, and international NGOs. Then the course looks at the difficulties of measuring and comparing human rights records, using the case of women's rights and the insights it provides.

# Course Contents

Students will develop their English, autonomy, creativity, critical thinking, and collaboration skills. They will further develop their ability to:

- research and discuss the history and policy at the heart of the Universal Declaration of Human Rights.
- research and write a report.
- present information in relation to human rights.

### Others

"Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <ur>

Course Title	Policy Process		
Instructor	Fujii Seiichiro		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3200	Language	Japanese

# Course Objectives

The purpose of this lecture is to explain the basic knowledge of the overall Policy Process.

And another purpose of this lecture is to be able to observe and evaluate the actual Policy Process using basic knowledges.

#### Course Contents

If the policy process is viewed in a stepwise and linear manner, it proceeds as follows ; Agenda setting ightarrow policy proposal

formulation  $\rightarrow$  decision making  $\rightarrow$  implementation  $\rightarrow$  evaluation.

The purpose of this lecture is to analyze these various policy processes, to introduce the academic disputes and models developed in these processes, and to acquire basic knowledge about the overall Policy Process.

In this lecture, abstract topics will be explained. However, explanations will be given while connecting them to current concrete topics.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Community Welfare and Christian Communities		
Instructor	Kanai Yoshihiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

# Course Objectives

Learn from the Bible and Christian history that the practice of welfare is a fundamental intent of Christianity.

#### Course Contents

It can be said that Christianity is the source of community welfare. Therefore, we will study the establishment of Christianity and its subsequent development, focusing in particular on the writings of the Bible, and learn what role this religion has played in community welfare. Visual materials will also be used.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Falling Birth Rate and Aging Society		
Instructor	Guo Lijuan		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

# Course Objectives

In this lecture, we will approach various social issues in contemporary Japanese society, which is experiencing a super-aging and declining population, and view them from a sociological perspective. In doing so, we will also make comparisons with other countries and present the current state of Japanese society and problems with the current system.

#### Course Contents

This lecture will discuss various themes related to contemporary Japanese society, such as marriage, women's employment and child rearing, diverse partnerships, assisted reproductive technology, and care issue. Through watching films, we will consider the background, current situation, and future course of the aging society with declining birthrates.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Social Development		
Instructor	Yamazaki Masaru		
Semester	Spring Others	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

# Course Objectives

You will be able to analyze the effectiveness of current international aid and cooperation and discuss the solutions to achieve an inclusive society based on the concept of social development.

## Course Contents

While economic development causes global issues such as social gaps, conflicts on resources, environmental destructions, United Nations and NGOs emphasize social development to achieve the well-being of the people. This lecture will discuss the practical social development approaches to mitigate the negative impact of global issues and the role of NGOs in social development.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	International Non-Governmental Organizations		
Instructor	Hirano Masahito		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

# Course Objectives

In this class, through learning about achievements and challenges of international NGOs in the international development sector whose actors have been diversifying, you are expected to understand how you are related to the outside world and have your own ideas about how you are involved in the society.

#### Course Contents

Referring to various cases of activities by international NGOs, you will learn correlations between global issues and your life and consider how international cooperation by citizens can be and what roles international NGOs can paly, while SDGs are trumpeted as a call for universal action by all actors, including businesses. Each lecture more ore less has interactive communication and small group discussions will be held.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>URL>

Course Title	Theory of Modern Community		
Instructor	Sakaguchi Takeshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

# Course Objectives

1. Acquiring the basic knowledge about the community theory and the ability of analysis and explanation of multiple problems in the modern society.

2. Understanding the concept of community and the related concepts and acquiring theoretical basis for studying the community development.

### Course Contents

We will study the basic theory of community and discuss the issues of the modern community through the case studies of various problems about the city, region, welfare in the modern society.

First, we will learn the various theoretical perspectives about the concept of community from the classics of sociology. Second, we will discuss the problems about boundaries, belonging, inclusion and exclusion of community. Finally, we will consider the fundamental need of community as the way of live.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	International Welfare		
Instructor	Imano Taizo		
Semester	Spring Others	Credit	2 Credits
Course Number	CMC2300	Language	Japanese

# Course Objectives

In this class, students will have the opportunity to deepen their understanding of the important issues related to the international welfare not only from global perspectives but also from grass-roots people's perspectives. The students are expected to become able to explain by themselves about those critical issues of the international welfare.

## Course Contents

In this course, we will focus on the contemporary issues related to the international welfare, such as globalization, the activities of NGOs to improve the well-being of peoples, conflicts and colonialism, refugees and so on.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur><br/>l>

Course Title	Poverty and Inequality		
Instructor	Kinoshita Takenori		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

# Course Objectives

The goal of this class is to understand the representative theories and approaches to poverty, and to acquire a multifaceted perspective in order to understand the reality of poverty in modern society.

#### Course Contents

After introducing various theories and approaches to poverty, we will consider what the poverty problem is, why poverty occurs, and how poverty should be dealt with. Based on that, we will consider what kind of poverty measures should be taken, focusing on public assistance and self-reliance support systems for the needy.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Community Business		
Instructor	Musha Tadahiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

## Course Objectives

1) Understanding the historical background and social significance of community businesses.

2) Deciphering the essential elements and conditions of community business from case studies.

3) Based on the case studies, developing a business plan for community business.

#### Course Contents

In recent years, "community businesses," which are established through face-to-face relationships, have been attracting attention as a method to solve public regional issues that cannot be adequately addressed by existing social and economic systems. In this class, students will learn about the historical background of the emergence of community business and its social significance, then gain a concrete understanding of how business works through several practical examples in rural and metropolitan areas, and finally, learn about community business interactively by drawing up their own business plans and receiving feedback.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sustainable welfare community		
Instructor	Sato Futoshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

### Course Objectives

Students will learn how to critically analyze topics and will reconfirm the concepts of sustainability and well-being. They will then obtain viewpoints and skills to be able to examine from community perspectives how these two concepts can materialize at the same time.

#### Course Contents

Based on the Ecological Economics, we will reconfirm the two key concepts for the course; sustainability and well-being, to discuss contemporary social issues related to energy, climate change, and food system. The class will then learn from real-life examples the potentials and difficulties of materializing at the community levels afore-mentioned key concepts at the same time. Examples will be from areas such as lifestyle with agricultural activities, social and solidarity economy, and commons movements. We will also reflect on our stance toward the concepts.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sociology of Social Problems		
Instructor	Harada Shun		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

# Course Objectives

The goals of this course are to

(1) Deepen interest in and understanding of various sociological theories.

(2) Foster sensitivity to social problems and become able to consider familiar social problems sociologically.

#### Course Contents

"Social problem" is a name that covers a wide range of problems, and it can be said that all the subjects of sociology are social problems. There are social issues surrounding families, schools, and companies, as well as minority issues that arise in a society centered on the majority.

In order to clarify these social problems, theories such as functionalism, symbolic interactionism, constructionism, and narrative approach have been accumulated. This course, based on sociological theories about social problems, explains the process of constructing various problems in modern society for each theme and people's actions surrounding these problems. Through these, this course aims to cultivate the abilities necessary to consider familiar social issues sociologically.

#### Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Housing Policies		
Instructor	Kurihara Masashi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3200	Language	Japanese

### Course Objectives

(1) To learn the concepts and knowledges for considerations of the issues of "housing poor".

(2) To be able to discuss on housing isssues in basic social science based on the empirical data.

(3) To understanding the relative position of housing problem and housing policies in Japan from international, historical and comparative perspectives.

### Course Contents

Housing is one of the most essential needs for people. The policies for affordable housing is the foundation for protecting the living standards and welfare of all people and enabling our society livable and sustainable.

In this lecture, we will learn the perspectives for enabling discuss the housing problem and housing policies in Japan, through dealing with two major themes. First, I will focus on some housing problems in comtemporary Japan, with a particular focus on "housig poor". By using this issues as a starting point, we aim to understand the power of "category" and its problems which forms the housing policies and statistics of our society, and to learn the literacy to use and critique it adequately. Secoundly, through the comparative perspectives, we will study the relative position of housing policies in post–war Japan, to understand how the system of housing policies and its characteristics in Japan have been formed in relations to social structure and social change, perticularly the (trans)formation of welfare state.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <ur>

Course Title	Welfare Sociology		
Instructor	Harada Shun		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

# Course Objectives

The goals of this course are to

(1) Understand basic concepts in welfare sociology.

(2) Raise own awareness of the current and future status of welfare society, applying examples of various welfare issues.

#### Course Contents

In the modern society, where globalization, neoliberalism, declining birthrate and aging population, and personalization are advancing, various welfare issues have emerged, and it is becoming increasingly important to understand the relationship between welfare and society.

In the first half, this course introduces the concepts necessary to understand the welfare society through the theory of sociology. Then, in the second half, this course deals with and explains some important cases for understanding the significance and issues of welfare in modern society. Through these, this course aims to cultivate the abilities necessary to see the future welfare society.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Introduction to Regionology		
Instructor	Sakaguchi Takeshi/Harada Shun		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2100	Language	Japanese

Course Objectives

The goals of this course are to

(1) Deepen understanding and interest in the area around the Niiza Campus through dialogue with various guest speakers in Niiza.

(2) Learn the basic methods and tools to research regions and local communities.

(3) Cultivate the independence and research ability by conducting a survey on the area of interest and making presentations and discussions with students.

#### Course Contents

Regionology is the study of how a region is formed in the connection between time and space (Yamashita 2020). Based on the following two characteristics, this course aims to give mutual intellectual stimulation to teachers and students by approaching regional studies from various angles.

(1) Invitation to regional studies through dialogue with guest speakers: To learn about Niiza, where the Niiza Campus is located, from various angles, historical researcher familiar with Niiza and Musashino, staff of Niiza City Hall, priest of temple engaged in social activities, and representative of NPO working on support for the elderly and people with disabilities. The above eight guest speakers will have a dialogue with teachers and students.

(2) Attempt of regional studies by students: In parallel with (1), ask the students to research on a common theme, explore local issues and resources, and suggest a solution, with the advice of the teachers. Finally, a presentation will be held between the students and teachers.

Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Educational Policy		
Instructor	Hinaga Tatsuhiko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3200	Language	Japanese

# Course Objectives

The objective is to understand recent educational systems and policies, along with the backgrounds to these, and to become able to critically consider actual systems and policy recommendations.

### Course Contents

In this class, course takers will learn about the latest trends in education system reform and policies, and will cooperate as they think about solutions to the problems facing school education. For that reason, the course will not only conduct lectures but will also actively create opportunities for presentations and exchanges of ideas among course takers.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Introduction to Fieldwork		
Instructor	Sakaguchi Takeshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

Course Objectives

(1) Learn how to do fieldwork (especially observation methods) to acquire the ability to conduct appropriate research when visiting sites for seminars.

(2) Learning sites for semillars.

(2) Learn how to do preliminary research to acquire the ability to plan fieldwork.

## Course Contents

This class consists of the following three parts

(1) Learn the basic fieldwork techniques: observation methods and field note writing.

(2) Conduct a simple observation research on the campus to experience the process of field note writing, problem finding, and hypothesis generation.

(3) Invite fieldworkers as guests to discuss their actual experiences.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Public Space Design		
Instructor	Gon Anri		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

### Course Objectives

Learn the meaning and examples of creating public spaces as gathering places by using various resources in the town (closed schools, empty houses and stores, parks, public baths, shopping streets, streets, etc.) and the entire town. Learn the concept of town use, renovation, area renovation, town play and public design, the theory and history of space (use).

#### Course Contents

This class is taught by faculty members of the Department of Community Development.

Consider the possibilities of buildings, spaces, and places. Various resources in the town, sometimes regarded as negative resources (closed schools, vacant houses, vacant stores, parks that are rarely used), roads and waterfronts that you usually pass, and even the "whole town" can be used or renovated. So, is it possible to transform a mere building, space, place, or outside into a public space where people gather? Is it possible to tackle social problems by gradually changing the town, starting with familiar places and buildings? Through this interest, students learn about various examples and learn concepts and methods such as town development, town use, renovation, area renovation, town play, and public design. Through the above, you will learn that the town is full of possibilities and think about the design of public spaces.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Community Development		
Instructor	Fujii Atsushi		
Semester	Spring Semester 2	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

In modern society, poverty and social exclusion are widespread, and civic participation that underpins democracy is declining. Under these circumstances, there is a need to rebuild communities based on people's trust and solidarity, and to revive autonomy and democracy based on communities. In community development theory, based on the awareness of the above issues, students will learn about various ways of community development through the specific practices of civil society organizations such as NPOs.

### Course Contents

Community development means the process of creating communities and solving various social problems by citizens' participation and cooperation. Community development includes various dimensions. We will understand many aspects of community development while focusing on British community development theory, especially community organizing.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Local Autonomy		
Instructor	Harada Koki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

### Course Objectives

Understanding the basic structure of local administration, touching on the current situation and issues today's local governments face, while considering the concepts of local autonomy.

#### Course Contents

We are exposed to government services and regulations in various aspects of daily life. Moreover, in Japan, most are administered through local government. Why is that so? What is the problem? In each session, we will establish questions according to each theme, considering why there are systems, policies, and practices that are commonplace to us, and what is being asked. At this time, while conducting group discussions as appropriate, we will invite active mayors, members and administrative staff as guest speakers, deepening our understanding of the relationship between local government and its related policy trends, autonomy and democracy. Coupled with the current trend of reform called "Governance theory", in recent years, the role of government and the state of the community is being re-examined. Therefore, students will explore the realities of local autonomy, while watching foreign films in class.

#### Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Welfare Sociology		
Instructor	Harada Shun		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

## Course Objectives

The goals of this course are to

(1) Understand basic concepts in welfare sociology.

(2) Raise own awareness of the current and future status of welfare society, applying examples of various welfare issues.

#### Course Contents

In the modern society, where globalization, neoliberalism, declining birthrate and aging population, and personalization are advancing, various welfare issues have emerged, and it is becoming increasingly important to understand the relationship between welfare and society.

In the first half, this course introduces the concepts necessary to understand the welfare society through the theory of sociology. Then, in the second half, this course deals with and explains some important cases for understanding the significance and issues of welfare in modern society. Through these, this course aims to cultivate the abilities necessary to see the future welfare society.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	General Introduction to policy studies		
Instructor	Ito Shinsuke		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

The aim is to acquire the basics of knowledge and thinking necessary to understand policy.

### Course Contents

In the first half, we will explore the flow of policy from formation, to implementation and evaluation, considering the concrete analytical framework and theory necessary for policy analysis, and the current situation, including issues of policy (science). In the second half, we will explore public service theory and policy planning, before an explanation of individual policies.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Organizational Management		
Instructor	Nakajima Tomohito		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

Obtaining the basic concepts and knowledge about "organizations", which are one of the basic components of a modern society. Furthermore, the acquired concepts and knowledge can be applied to consideration of various behaviors of specific actual organizations.

#### Course Contents

The class begins with a basic understanding of "organization", and identifies its actions, structures, and development mechanisms. The class covers a wide range of organizations, such as government and local governments and non-profit organizations (NPOs) in addition to companies that are for-profit organizations, and their characteristics are explained through the comparison of different organizations, such as for-profit and not-for-profits – promoting an understanding of the organization. Classes will take the form of lectures on the basic concepts and knowledge, as well as discussions between instructors and students, or in groups.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Local Government Policy		
Instructor	Ito Shinsuke		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC3200	Language	Japanese

## Course Objectives

The aim is for students to acquire the ability to present their own views on Local Government Policy problems and issues, gaining the basics of knowledge and thinking necessary for Local Government Policy understanding.

#### Course Contents

In the first half, students will learn the workings and thought underpinning policy, examining the basic theory and concepts regarding its making, implementation and evaluation. In the second half, lectures will develop to allow students to grasp more dynamically the actual state of local government policy, using concrete examples. The policy areas and case studies we will tackle will be decided by the tutor, but based on students' opinions.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Human Development in the Community		
Instructor	Komoda Reeya		
Semester	Spring Semester 1	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

This lecture aims to give students deeper understanding of how communities affect human development.

## Course Contents

Students learn diverse forms of communities through the course and explore the possibilities and limitations of the potential power of communities.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Disaster Psychology		
Instructor	Shimizu Yutaka		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

## Course Objectives

We will provide an overview of the research on human psychology and behavior during and after disasters, deepening knowledge while gaining the ability to respond in a basic simulation to cope in the event of a disaster.

## Course Contents

We will start with the difference between image and reality, detailing the kind of problems anticipated to occur regarding hum an psychology and behavior at times of disaster. In addition, students will consider what actions can be taken to prevent the occurrence of problems.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Volunteerism and NPO		
Instructor	Fujii Atsushi		
Semester	Fall Semester 1	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

This course aims for comprehensive understanding of volunteers, NPOs, and cooperatives as civil society players, including their definitions, organizational forms, development processes in Japan, social functions, underlying systems, and management characteristics.

#### Course Contents

First, regarding volunteers, we will understand the meaning and role of volunteers from the example of disaster relief volunteers at the time of the Great Hanshin-Awaji Earthquake. Secondly, we will consider NPOs and co-operatives as civil society organizations and the legal system that underpins them. Thirdly, we will focus on their role in creating new communities, and discuss "citizen expertise" as a way of problem solving based on community creation. Fourthly, we will consider the characteristics of management of NPOs and cooperatives, including missions, fundraising, volunteer management, and methods of evaluating social value. And I recommend that participants also take Social Solidarity Economy in the second quarter of the fall semester.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Youth Policy		
Instructor	Hamada Eriko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

The aim of this course is to understand the lives of young people in advanced industrialized countries and develop effective and socially just youth policies.

### Course Contents

Young people in advanced industrialized countries face a wide range of risks, such as labor market insecurity and social exclusion across a range of domains. This course will first analyze the social problems that youth face and then consider how they can be solved through social policies.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Japanese Modern History		
Instructor	Tatemoto Hiroyuki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

To deepen understanding of the historical flow of social movements in modern and contemporary Japan and the movements of the times behind them.

#### Course Contents

The purpose of this lecture is to deepen students' understanding of the history of social movements in modern and contemporary Japan and their background social conditions by dividing the lecture into sections at regular intervals. While presenting source documents and literature as necessary, we will endeavor to clarify the impact of social movements on modern and contemporary Japanese society and the people who lived in it.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Law in Local Community		
Instructor	Kemmochi Mai		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

The goal of this course is to understand basic knowledge of law and how law can approach the issues faced by communities, especially for the students majoring in Policy Studies.

### Course Contents

This course introduces how law functions in solving the issues faced by communities, using real examples, and lectures on basic knowledge of law, including types of law, guarantees of fundamental human rights under the Constitution, and the court system.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Economics in Local Community		
Instructor	Hatanaka Tohru		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

To understand the concepts in economics for analyzing regional economic conditions. In addition, to consider what kind of policies will be required in the future to eliminate regional disparities and develop regional economies based on examples of regional economic growth policies.

#### Course Contents

In this class, we will consider what kind of policies are needed to develop the local economy. First, I will explain basic knowledge about the economy and the meaning of economic indicators such as economic growth rate, unemployment rate, and labor productivity. Then, I will explain the theories of regional economic development and decline, and regional policies that make use of these theories. Based on this understanding, students will learn how to analyze the economic situation and regional disparities in each region using data through the preparation of report assignments.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Multicultural Society		
Instructor	Suzuki Eriko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

## Course Objectives

Understanding the meaning of "to be multicultural", from changes in areas such as labor, education and the local community. In addition, we will consider what kind of awareness and actions are required in a multicultural society.

## Course Contents

Using videos and statistical data, we will introduce Japan's current multicultural situation, exploring specifics, deepening our understanding of the multicultural society and Japan. In addition, we will refer to case-studies in other countries, and consider what kind of awareness and actions are necessary in a multicultural society, while studying what is happening in practice in each region.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Politics in Local Community		
Instructor	Fujii Seiichiro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

The purpose of this lecture is to understand contemporary political phenomena and issues, be able to explain their causal nexus, and be able to make judgments and criticisms about them.

#### Course Contents

The image that comes to mind when most people think of the word "politics" is not always a positive one. However, "politics" is an essential activity in human group formation, and the "politics" performed by local, national, and global governments all exist as an extension of this activity. In other words, our daily life itself is part of "politics". Therefore, people are not immune from

the activity of "politics".

With this point as a premise, this lecture will illustrate the background of political phenomena and political issues observed from local fields and explain basic knowledge about politics.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Labor and Employment in Local Community		
Instructor	Kambayashi Yoji		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2200	Language	Japanese

## Course Objectives

Labor is not a commodity. Labor should be decent work. In class, students will think about what is necessary to enrich the work in the community.

#### Course Contents

Labor is an activity in which each person plays a social role. It is also important as an activity to gain a place where you can live your own life. The purpose of labor policy is to ensure that each person could play a role and play an active role in the community without violating his or her dignity. The problem is that the modern society in which we live is not like that. What kind of obstacles exist and what should I do. While unraveling specific cases we will acquire the wisdom to live.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Helping Approach for Family		
Instructor	Kanno Kei		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3100	Language	Japanese

## Course Objectives

Family problems are becoming more diverse, and more difficult to tackle. The aim of this lecture is to deepen the understanding of actual, practical methods of family support, while touching on the problems of in modern society surrounding the family.

## Course Contents

Based on the experience of family support counselors in child welfare institution and educational settings, we will examine casestudies, acquiring knowledge useful for practice. Tackling the mental problems of children and families, developmental disorders and mental illness. Aiming for content that encourages self-directed awareness through VTR viewing etc.

#### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Work and Welfare		
Instructor	Hamada Eriko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3200	Language	Japanese

## Course Objectives

The objective of this course is to understand the inter-relationship between labor policies and social welfare policies and the basic structure of welfare states, thus understanding the basic mechanism of social protection system in advanced industrialized democracies.

#### Course Contents

As global market competition accelerates and "new" social risks arise, there is a growing demand and expectation to update the social security system to meet basic needs of the people. However, global economy along with fiscal austerity undermines the state capacity to prevent poverty. Under such circumstances, how do advanced industrialized democracies respond to various risks and needs of its people? The course will aim to answer this question by comparing welfare states and social policy in advanced industrialized democracies, paying attention to the political actors and dynamism behind policy change, as well as the socio-economic context of each nations. By the end of the course, students are expected to be able to explain the emergence, expansion, and restructuring of the welfare state.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Public Private Partnerships		
Instructor	Harada Koki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC3200	Language	Japanese

## Course Objectives

Partnerships have attracted attention in recent years while outsourcing public services drastically. The purpose of this lecture is to understand the concept and real situations of partnerships through Japan and the UK case studies based on public administration and political science.

#### Course Contents

Although the trend in recent years of decentralization and the privatization of public services in advanced industrial nations has its origins in cost-cutting by governments facing large financial burdens, a variety of actors have stepped in to provide solutions to support regions and communities affected by these changes. This can be called a form of governance and it is a current and worldwide trend. In Japan as well, this trend is having a big impact on the environment governing bodies find themselves, and coupled with the large-scale municipality mergers, there is a growing interest in the community as the fundamental unit of governance and the non-profit sector as the main supplier of services.

In this class, the aim is to learn the fundamental concepts surrounding local government and non-profit organizations using changes such as those mentioned above as the groundwork.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Volunteerism and Social Work		
Instructor	Fujii Atsushi		
Semester	Fall Semester 1	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

## Course Objectives

This course aims for comprehensive understanding of volunteers, NPOs, and cooperatives as civil society players, including their definitions, organizational forms, development processes in Japan, social functions, underlying systems, and management characteristics.

### Course Contents

First, regarding volunteers, we will understand the meaning and role of volunteers from the example of disaster relief volunteers at the time of the Great Hanshin-Awaji Earthquake. Secondly, we will consider NPOs and co-operatives as civil society organizations and the legal system that underpins them. Thirdly, we will focus on their role in creating new communities, and discuss "citizen expertise" as a way of problem solving based on community creation. Fourthly, we will consider the characteristics of management of NPOs and cooperatives, including missions, fundraising, volunteer management, and methods of evaluating social value. And I recommend that participants also take Social Solidarity Economy in the second quarter of the fall semester.

#### Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Study of NPO's		
Instructor	Fujii Atsushi		
Semester	Fall Semester 2	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

## Course Objectives

Poverty and social exclusion are spreading in contemporary global capitalism. As an alternative economic model, Social Solidarity Economy based on various types of solidarity is becoming popular internationally today. In this course we will learn about the current situations and possibilities of Social Solidarity Economy and the social enterprises that make up it.

## Course Contents

In this course, at first we will consider the meaning and the actual situations of social enterprises, especially work integration social enterprises (WISE), and discuss the main two social enterprise thories in America and Europe. Secondly we will understand the meaning and possibilities of Social Solidarity Economy, while considering some practical examples in United Kingdom, Italy, South Korea, and Japan.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	General Philosophy		
Instructor	Gon Anri		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3100	Language	Japanese

## Course Objectives

To deepen understanding of "the public". To gain knowledge of the variations of Public Philosophy. To gain knowledge of the postwar history of the public in Japan. To learn how to think philosophically, and in a principled manner about coexistence with others.

#### Course Contents

A subject called "public studies" was offered in social studies in the high-school curriculum. It may be possible to create a new subject from the present situation and demands of society, but "the public" will be what? Also, in recent years, the academic field of "Public Philosophy", which differs from conventional philosophy has attracted attention, but why? What are its features? In this lecture, we will consider "the public" as an area of coexistence with others, examining the principles and history of the public, and of Public Philosophy.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Sports for the Disabled		
Instructor	Tanaka Nobuyuki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

## Course Objectives

The aim is for students to acquire the ability to introduce sports and activities to people in the community with disabilities.

#### Course Contents

In addition to introducing the outline of disabilities in sport (history, measures, disabilities, tournaments, rules etc.), the class will progress by examining the significance of sports for people with disabilities (positive exercise), as well as the possibilities. Lectures are planned to progress while introducing videos and actual tools.

Note that class information will be posted in Notice on Blackboard. Students should check this after 8:00PM the evening before the class for information as well as the class materials required.

\* As important guidance for all is shown in "Learning outside of class" and "Text and others", students must check before registering for this class.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Global Society and Local Communities		
Instructor	Musulin Ilja		
Semester	Spring Semester Credit 2 Credits		
Course Number	CMC2201	Language	English

## Course Objectives

The main objective of this course is to raise awareness among students about various political, economic and social issues from all around the world, and encourage them to think about such problems from different viewpoints.

Another objective is to, through the study of important English terms from the fields of economics and political science and brief debates, enable students to improve their ability to discuss international issues.

## Course Contents

While looking at how increased globalization of recent years has affected communities around the world, we shall examine the relationship between global conditions and changes on one hand, and various problems in local communities (such as conflict, poverty, economic disparity or environmental destruction) on the other.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Practice of Sports for the Disabled		
Instructor	Horie Wataru		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

## Course Objectives

Understanding the meaning and philosophy of sports for the disabled, and learn about various disabilities. Comprehension of the rules, techniques and teaching methods of sports for the disabled. Developing the ability to create sports.

#### Course Contents

Lecture on understanding disability, exploring the relationship between disabled people and sports. Learning through practice about devices used by the disabled in sports, and the rules. In addition, students will learn how to introduce sports, and how to teach sports tailored to their disabilities.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Practice of Sports for the Disabled		
Instructor	Horie Wataru		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

## Course Objectives

Understanding the meaning and philosophy of sports for the disabled, and learn about various disabilities. Comprehension of the rules, techniques and teaching methods of sports for the disabled. Developing the ability to create sports.

#### Course Contents

Lecture on understanding disability, exploring the relationship between disabled people and sports. Learning through practice about devices used by the disabled in sports, and the rules. In addition, students will learn how to introduce sports, and how to teach sports tailored to their disabilities.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Methodologies for Data Analysis		
Instructor	Maeda Kazuho		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC3300	Language	Japanese

## Course Objectives

Understanding the basic Multivariate Analysis methods used in quantitative and qualitative research in the field of social sciences, to be able to carry out a series of processes to actually analyze data using statistical software to compile the analysis results.

#### Course Contents

This class consists of two parts – the lecture and seminars using statistical software SPSS. In the lecture, we will explain the statistical concepts and basic knowledge necessary to perform statistical methodology, suitable to the purpose of the analysis. In the seminar, students will carry-out data handling from social research data, analyzing and interpreting the results.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Law 1		
Instructor	Ono Yoshinori		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

# Course Objectives

## (1) Purpose of class

The purpose of this lecture is to understand the essence of the Japanese Constitutional Law. Students will learn the necessary essence of the Constitution. Specifically, the aim is for the class to progress explaining the various constitutional issues, constitutional precedents, and various theories for students to understand. In addition, we will consider the development of educated university students, as well as measures for the teacher recruitment exam.

(2) Acquiring the ability to learn.

Acquisition and understanding of systematic knowledge related to the Japanese Constitutional Law (knowledge and understanding).

(3) Class objectives

The goal of this class is gaining essential knowledge of the Japanese Constitutional Law. For this, we need to understand the origins of the Constitution, and how it is enacted. In addition, what is "consensus" in interpreting the statute, and how would one interpret "correctly" to arrive at a final answer on "what is constitutional law" or "what is the Japanese Constitutional Law"? Furthermore, the aim is for students to express their own words regarding this question.

#### Course Contents

The class overview is, firstly, the historical development of the constitution (constitutional history, history of enactment, including the legislative process etc.), secondly, we examine Japanese Constitutional Law focusing on its three major principles: sovereignty of the people, pacifism, and respect for basic human rights, and thirdly, we will consider what influence the Japanese Constitutional Law has had on Japanese society in reality.

In addition, in the course of classes, tutors will keep language simple and maintain interactive dialogues.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others

## <URI >

(URL)

Course Title	Law 2		
Instructor	Ono Yoshinori		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

# Course Objectives

## (1) Purpose of class

The aim of this class is to understand the essence of law and legislature. Students will learn the necessary elements for understanding the essence of law and legislature. Specifically, class will progress outlining the various fields of law, while mixing legal issues, judicial precedents and theories for the purpose of student understanding. In addition, we will consider the development of educated university students, as well as measures for the teacher recruitment exam. (2) Acquiring the ability to learn.

Gaining systematic knowledge of law and legislature (knowledge and understanding).

#### (3) Class objectives

The goal of this class is gaining essential knowledge of law. In addition, students will cultivate the ability to find what the legal issue is when conflict occurs in daily life. For this, we need to understand the origins of law, and how it is enacted. In addition, what is "consensus" in interpreting the statute, and how would one interpret "correctly" to arrive at a final answer on "what is

law" or "what is study of law"? Furthermore, the aim is for students to express their own words regarding this question and acquire fundamental skills to independently proceed their study of law as needed in the future as well as to foster the legal concepts and perspectives.

### Course Contents

The law is in fact familiar to us (details explored in class). Furthermore, this subject is an essential part of the introductory stage for studying criminal, civil and commercial law. This class is for students to understand the kind of influence law and legislation has in the real world.

The class will progress in according to the following "Class Plan", and so please refer to this: In this class, as well as examining domestic laws such as public law (constitutional, penal and administrative law etc.), we will deepen our understanding of the whole of law, also outlining private law and social law (Labor Law, Social Security Law etc.) in addition to international law. In addition, in the course of classes, tutors will keep language simple and maintain interactive dialogues.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Political Science		
Instructor	Dendo Shinichiro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

The aim of this lecture is to gain a better understanding of current politics by learning and considering the basics of political science.

# Course Contents

In this lecture, we will review the basics of political science to understand current politics. In addition, Japanese history and politics are good case studies, so I will refer to them.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Economics		
Instructor	Ishii Yuko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

The aim is to read and understand the current situation and issues in the globalizing international economy.

### Course Contents

Now that the world is globalizing, it is very important to deepen our understanding of the international economy. Therefore, we will examine the basic theory of international economics, the actual situation, institutional frameworks, and various issues, focusing mainly on trade and investment, deepening our understanding of the globalizing economy.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sociology 1		
Instructor	Irie Kimiyasu		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

Acquiring a comprehensive view of society. Grasping the image of sociology.

(In addition, it is preferable that "Sociology 1" and "Sociology 2" are taken in order so that lectures can advance progressively.

## Course Contents

While introducing the basic concepts and thinking methods of sociology, we will gain perspectives to grasp contemporary society. "Society" has not always been as it is now, and a history exists. We will consider modern society based on such changes in "society".

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Sociology 2		
Instructor	Irie Kimiyasu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

In order to grasp modern society, we will examine what kind of sociology, social thought, and social philosophical perspectives are needed.

(Note, it is preferred for students to take "Sociology 1" in advance of "Sociology 2, as the lectures progress building on each other.)

## Course Contents

Lectures will progress, providing the opportunity to grasp "modern society" from the various angles necessary, using relatively new sociology and socio-philosophical methodologies. We will read and understand "contemporary society" in consideration of politics, social movements, dynamism, diversity of values, social structures, and their changes in society. In particular, we will focus on points such as "violence" and "power", attempting to trace back to so-called abstract social philosophy.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur></

Course Title	Psychology 1		
Instructor	Kondo Ikuyo		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

### Course Objectives

Humans are said to be social animals. We interact with others in various groups and organizations, such as family, friends, in school and in company relationships. And so, in order to get along with others better, which perspectives help us to understand people? In this class, we will introduce "development", "social" and "clinical" approaches from the fields of psychology, with the aim of cultivating the ability to objectively understand humans.

## Course Contents

Psychology is the study that aims to understand human behavior and the psychological processes behind it. In these lectures, we will discuss human developmental processes (interpersonal relationships, personality formation, cognitive development etc.), factors affecting relationships with others and groups, as well as approaches to interpersonal support, and study how to understand and relate to others.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Psychology 2		
Instructor	Shiraishi Satoko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

The aim is to acquire basic knowledge of psychology, such as personality and understanding and supporting psychological problems, so that these can be of practical use in daily life.

## Course Contents

Learn psychology's view of the personality, that is, "who and how a person is", through the various theories in a variety of fields

of psychology. As well as deepening understanding of the various aspects of personality development, and personality bias. In addition, you'll study about familiar psychological problems, together with understanding and support from the findings of clinical psychology.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Introduction to Lifelong Education 1		
Instructor	Sato Akiko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

# Course Objectives

•To discuss the principle, history, theory, and system related to lifelong learning and to be able to understand those basic matters.

Based on the above, we will study the concept and the role of social education/lifelong learning in modern society.

## Course Contents

During the course, we will explain basic matters related to the principle, history, theory, and system of lifelong learning. Also, lectures will be given using specific examples of people's diverse educational and learning activities, and the facilities and organizations that support them. In addition, the students will be required to research cases of lifelong learning and social education, and present their reports.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

<sup>•</sup>Students will be able to associate and understand lifelong learning and social education into their daily lives.

Course Title	Introduction to Lifelong Education 2		
Instructor	Sato Akiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

•To understand the learning needs, including their social background, that arise from each life stage and social roles.

·To understand various aspects of people's diverse educational and learning activities from various angles.

•Based on the above, we will consider the significance, issues, and possibilities of lifelong learning and social education in modern society.

## Course Contents

Based on the basic learning in Introduction to Lifelong Education I, we will examine lifelong learning from a practical point of view. In modern society, various learning needs arise depending on each life stage and social role. Lectures will be given using specific examples of actual educational/learning activities aimed at problem solving, and in addition, explanation of it's social background will be given. This course mainly deals with issues related to "children", "youth", and "child-rearing". Also, students will be required to conduct research on social issues that the students themselves are interested in from the perspective of lifelong learning and social education, and make a mid-term presentation and report.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Study of Policy and Practice for Lifelong Learning 1		
Instructor	Horikawa Shuhei		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

In this class, we will focus on the "learners" who receive lifelong learning support, and develop the ability to relativize and recognize the problems of various learners. Classes are recommended for the purpose of learning the principles of establishment and development of various activities (social movement / education / learning activities) by these students. The goal is to be able to explain various theories related to lifelong learning while being aware of the diverse characteristics of learners and participatory learning / facilitation techniques.

### Course Contents

The outline of this class is as follows. Allows you to think about the problems faced by different learners. We will systematically explain the transition of various activities for the acquisition of human rights, and explain the development of various activities.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Study of Policy and Practice for Lifelong Learning 2		
Instructor	Horikawa Shuhei		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

This class focuses on the "educators" and "learning supporters" who are involved in lifelong learning support, and aims to develop the ability to select effective learning support approaches for diverse learners. The goal is to be able to create learning programs that lead to problem-solving and revitalization of the region, while being aware of the diverse characteristics of learners and participatory learning / facilitation techniques.

## Course Contents

The outline of this class is as follows. We will systematically explain the transition of the learning support approach and the advantages / disadvantages of the approach itself, and explain these activities. Discrimination against race / ethnicity, gender, and social education facilities, and contemporary issues such as international trends in human development and discrimination will be examined by showing concrete cases. Conduct a case study based on the learning support approach that you actually learned in class.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Adult and Community Education Management 1		
Instructor	Yonezawa Tomohide		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

This course aims to revitalize community and social education administration and to deliver the knowledge and skills required to link learning outcomes to joint community and school problem solving activities. Students will also learn social education administration, imbibe knowledge of management strategies in cooperation with various stakeholders, actually evaluate local public relations strategies, promote social education by forming regional networks, and apply management strategies for social education facilities.

Students will be expected to understand the diversity of areas wherein emergent "social educators" can play active roles.

Thus, the objectives of this course are as follows:

• to make students understand the role of social education administration and the possibility of regional revitalization from a management perspective

• to help students apprehend the structure of a social education plan and comprehend the basics of the plan

•to facilitate students to recognize and analyze local needs and learning tasks

· to raise awareness of social education administration in residents and local governments

## Course Contents

The course will incorporate the following points:

- (1) What is social education administration and how is it related to regional revitalization?
- 2 The structure of the "plan" that forms the basis of administrative measures
- ③ Regional situation analysis and grasp of learning issues
- (4) Broad strategic public relations

Since social education is a practical initiative, participatory learning will be encouraged through activities such as workshops and group discussions. (The deployment method may change depending on the number of participants.) While it is commendable to desire to operate an NPO in the future, a grasp of the basics of management is pivotal to independence. Essentially, students must understand how government works. Learners seeking positions as civil servants or teachers instead of being employed in private organizations after graduation are encouraged to take this course.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <ure>

Course Title	Adult and Community Education Management 2		
Instructor	Yonezawa Tomohide		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMC2500	Language	Japanese

## Course Objectives

This course aims to revitalize community and social education administration and to deliver the knowledge and skills required to link learning outcomes to joint community and school problem solving activities. Students will also learn social education administration, imbibe knowledge of management strategies in cooperation with various stakeholders, actually evaluate local public relations strategies, promote social education by forming regional networks, and apply management strategies for social education facilities.

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Thus, the objectives of this course are as follows:

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• to help students apprehend the structure of a social education plan and comprehend the basics of the plan

•to facilitate students to recognize and analyze local needs and learning tasks

• to raise awareness of social education administration in residents and local governments

## Course Contents

This course highlights the following ideas:

 ${f 1}$  What authority is needed to foster local human resources and how they can be nurtured through social education

2 Regional network formation as a learning outcome

③Formation of regional networks centered on the cooperation between the region and its schools

(4)Different forms and management mechanisms in social education facilities

(5)A system generating operational funds for NPOs

Since social education is a practical initiative, participatory learning will be encouraged through activities such as workshops and group discussions. (The deployment method may change depending on the number of participants.)

While it is commendable to desire to operate an NPO in the future, a grasp of the basics of management is pivotal to independence. Essentially, students must understand how government works. Learners seeking positions as civil servants or teachers instead of being employed in private organizations after graduation are encouraged to take this course.

Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URI >

Course Title	Internship		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMC3010	Language	Japanese

# Course Objectives

Through practical training (employment) experience, this course aims to deepen the understanding and interest in social problems, and to help students in their future career path selection.

#### Course Contents

From the previous to the current year, students choose their on-site training placement settings based on their major fields of interest or future career hopes, aiming to acquire basic understanding and necessary knowledge through prior training and the spring semester seminar format. In principle, on-site training will be conducted during the summer vacation. The flow of classes is as follows.

[Previous academic year]

Choose 1 of the following placement destinations (fields): government-related, NPO-related, social work-related, company-related, sports-related, or overseas-related. Selection schedule varies by field.

[Current academic year]

1. Guidance.

2. Follow-up learning (in principle every two week).

(1) Seminar on self-expression & manners, (2) Basic understanding of placement location, (3) Gaining systematic and specialist field knowledge related to placement location.

3. On-site training (in principle about 10 days).

4. Follow-up study (in principle every week).

(1) Reflection on on-site training, (2) Presentation, (3) Final report.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Community Study		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMC3010	Language	Japanese

## Course Objectives

Taking up "community-based activities" and considering specific examples, we will consider the role and significance of the activities launched by the initiatives of citizens and residents in the future of local and international communities. It is an opportunity to share and discuss topics in-depth with fellow students, under the guidance of qualified teachers with extensive knowledge and experience. We hope for students to discover the joy of learning that university offers.

## Course Contents

In each seminar, under the supervision of the instructor, a small groups of students aiming to acquire advanced, specialized knowledge, will set themselves study tasks, fieldwork, read detailed source materials and present the results.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Practice in Social Research		
Instructor	Maeda Kazuho		
Semester	Full Year	Credit	4 Credits
Course Number	CMC3020	Language	Japanese

## Course Objectives

Conducting quantitative social research on contemporary themes related to people's lives such as community, social welfare, family, school and work. By experiencing a series of processes such as setting of research topics and hypothesis, producing questionnaires, sampling, distribution and collection of questionnaires, data input and management, statistical analysis using statistical software, and preparation of reports, students will be able to plan, conduct and analyze quantitative social surveys.

## Course Contents

Sessions 1 to 7: Survey design (survey topic, survey target, setting of hypothesis, previous studies, and learning of social survey methods).

Sessions 8 to 12: Preparation of questionnaire (question item and question wording, questionnaire production, and pre-surveys). Sessions 13 to 19: Distribution and collection of questionnaires, data entry and data management.

Sessions 20 to 24: Data analysis (basic aggregation and multivariate analysis).

Sessions 25 to 28: Report preparation.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Practice in Social Research		
Instructor	Atobe Chisato		
Semester	Full Year	Credit	4 Credits
Course Number	CMC3020	Language	Japanese

## Course Objectives

• Learning a series of processes ranging from planning of qualitative research, to implementation, data analysis, and production of reports.

•In particular, interview techniques, document analysis (utilization of existing materials), and observation methods are acquired.

#### [Social Researcher]

This subject is equivalent to Social Researcher Certification Course G. Check course requirements carefully for the enrollment conditions. Note, it is preferred for students to have taken Course F "Qualitative Research Method" or to take simultaneously.

#### Course Contents

The class is based on the general theme of "Multiple problems in the modern community", with specific research themes to be decided through discussion with students. In addition, students will learn the process of theme related study, from setting the research topic and designing surveys, to conducting research surveys, managing and analyzing data and producing reports. Specifically, we will proceed according to the following schedule.

Spring semester: Orientation, deciding research themes, pre-study, setting survey topics, and design of surveys.

Summer vacation: Conducting preliminary survey

Fall semester: Conduct surveys, organize and analyze data, and prepare reports.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

#### <url>

Course Title	Practice in Social Research		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMC3020	Language	Japanese

## Course Objectives

Conducting quantitative social research on contemporary themes related to people's lives such as community, social welfare, family, school and work. By experiencing a series of processes such as setting of research topics and hypothesis, producing questionnaires, sampling, distribution and collection of questionnaires, data input and management, statistical analysis using statistical software, and preparation of reports, students will be able to plan, conduct and analyze quantitative social surveys.

## Course Contents

Sessions 1 to 7: Survey design (survey topic, survey target, setting of hypothesis, previous studies, and learning of social survey methods).

Sessions 8 to 12: Preparation of questionnaire (question item and question wording, questionnaire production, and pre-surveys). Sessions 13 to 19: Distribution and collection of questionnaires, data entry and data management.

Sessions 20 to 24: Data analysis (basic aggregation and multivariate analysis).

Sessions 25 to 28: Report preparation.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Seminar on Graduation Research		
Instructor	Full Time Teacher		
Semester	Full Year Others	Credit	2 Credits
Course Number	CMC4010	Language	Japanese

# Course Objectives

Students will receive instruction and assistance on writing and production of their graduation research project from tutors up to completion.

## Course Contents

The class format is set in accordance with the above-mentioned goals, tutors will take into consideration the situation of students. In principle, they may be conducted regularly / collectively each week, or may be individually through personal instruction. The class content will also follow the situation, and change each time. Details of tutors are published in guidance material distributed the previous year.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Introduction to Sports Wellness		
Instructor	Full Time Teacher		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD1900	Language	Japanese

# Course Objectives

In considering the well-being of individuals and society as a whole, learn how health and sports are involved from a variety of perspectives.

## Course Contents

Wellness involves a more pluralistic view of health beyond the framework of health itself, incorporating the meaning of life as well as mental and physical health. In this lecture, instructors with different specializations in wellness and sports give lectures in an omnibus format based on their own points of view.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Exercise Technique Seminar 1		
Instructor	Kurosawa Sayaka		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD1050	Language	Japanese

## Course Objectives

The goal of this class is to learn how to move and control the body, which is the basis of exercise, by practicing and learning the exercise methods of fitness training.

#### Course Contents

In this class, the students will learn how to carry out the exercise and how to assemble the content of the exercise according to the participant and purpose of the exercise. By practicing exercise through the basic movements of gymnastics and dance, the students will learn how to move and control their own body.

This class will focus on the following three points.

1. Exercise to improve physical flexibility and skillful movements

2. Exercise to improve muscle strength

3. Endurance training

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Exercise Technique Seminar 2		
Instructor	Shioda Toru		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD1090	Language	Japanese

## Course Objectives

Through practicing basic skills in athletics, understand the running, jumping and throwing movements that form the basis of various sports and learn about the most efficient movements and motions.

## Course Contents

Understand the characteristics of different athletics events and practice running, jumping and throwing drills to learn about and understand how to exercise efficiently. In addition, learn how to use and handle different types of equipment, and the rules for their use. Students are instructed on the management of safety for athletics competitions.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur><br/>l>

Course Title	Workshop in Sports Wellness 1		
Instructor	Full Time Teacher		
Semester	Spring Semester	Credit	2 Credits
Course Number		Language	*

## Course Objectives

Learn about different teachers' areas of specialization in sports and wellness in small-size seminars. In addition to lectures by teachers, the course features independent investigation by students including discussions, practical training and presentations.

### Course Contents

There are 4 classes in this discipline, and students are divided into groups of approximately 27 per class by automatic registration. Under the guidance of several teachers during the semester, students will study several different areas of sports wellness, consider the essence of these, and learn independently about research processes such as planning, execution, summarizing and reporting on research results. In some cases, there will be opportunities for fieldwork and practical learning outside the classroom at times which do not interfere with course studies overall.

1: Discussing about adapted sports (Horie)

2: Athlete monitoring for prevention of sports injuries (Takegami)

3: Creating physical fitness profiles for training (Shioda)

4: Experiencing and learning the biodiversity within Niiza campus (Kiji)

#### Others

 $\% Please \ refer \ to \ the \ "Syllabus \ \& \ Class \ Schedule \ Search \ System" \ for \ details \ including \ course \ schedule, \ evaluations, \ textbooks \ Schedule \ Search \ System" \ for \ details \ including \ course \ schedule, \ evaluations, \ textbooks \ Schedule \ Search \ System" \ for \ details \ including \ course \ schedule, \ evaluations, \ textbooks \ Schedule \ Search \ System" \ Schedule \ Sch$ 

and others.

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Course Title	Basic Seminar		
Instructor	Full Time Teacher		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD1900	Language	Japanese

## Course Objectives

Think about and prepare for independent learning at university. Master basic learning skills. Understand the features and expertise of the department, and consider its future design.

#### Course Contents

An academic adviser (teacher) takes 10-15 people.

Each academic adviser develops their lectures to make the most of their expertise to achieve the above goals. Students are expected to participate and study for themselves in order to do the following.

1) To facilitate your start at Rikkyo University in university life, learn about the university, make friends and gain a sense of belonging.

2) Deepen your understanding of basic learning techniques (how to study independently, report writing, discussions, presentations, etc.) and learn to use the various functions of the university for yourself, such as the library and media center.3) After understanding the features of the faculties and departments, you will be able to plan your studies for the next four years and think about what you will do after graduation.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Workshop in Sports Wellness 2		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	2 Credits
Course Number		Language	*

## Course Objectives

Learn about different teachers' areas of specialization in sports and wellness in small-size seminars. In addition to lectures by teachers, the course features independent investigation by students including discussions, practical training and presentations.

### Course Contents

There are 4 classes in this discipline, and students are divided into groups of approximately 27 per class by automatic registration. Under the guidance of several teachers during the semester, students will study several different are as of sports wellness, consider the essence of these, and learn independently about research processes such as planning, execution, summarizing and reporting on research results. In some cases, there will be opportunities for fieldwork and practical learning outside the classroom at times which do not interfere with course studies overall.

1: Motion analysis for sports (Ishii)

- 2: Considerations of sportsmanship (Nakamura)
- 3: Considering physical training for ball games (Yasumatsu)

4: Thinking about the future of sports promotion in Japan (Matsuo)

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

<ure>

Course Title	Workshop in Sports Wellness A		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1900	Language	Japanese

## Course Objectives

Learn about different teachers' areas of specialization in sports and wellness in small-size seminars. In addition to lectures by teachers, the course features independent investigation by students including discussions, practical training and presentations.

#### Course Contents

There are 7 classes in this discipline, and students are divided into groups of approximately 33 per class by automatic registration. Under the guidance of several teachers during the semester, students will study several different areas of sports wellness, consider the essence of these, and learn independently about research processes such as planning, execution, summarizing and reporting on research results. In some cases, there will be opportunities for fieldwork and practical learning outside the classroom at times which do not interfere with course studies overall.

1: Considering the management of sport from a global perspective (Leitner)

2: Considering sports and physical education from the perspective of gender (Sano)

3: Exploring psychological traits from the perspectives of exercise/sport motivations and goal orientations (Kawabata)

4: Sports and Data Science (Kobayashi)

5: Microscopic observation of living cells and blood cells (Hattori)

6: Considering a desirable sports environment from the perspective of sports norms (Muramoto)

7: Physical fitness measurement in various sports (Kawahara)

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Workshop in Sports Wellness B		
Instructor	Full Time Teacher		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD2900	Language	Japanese

## Course Objectives

Learn about different teachers' areas of specialization in sports and wellness in small-size seminars. In addition to lectures by teachers, the course features independent investigation by students including discussions, practical training and presentations.

### Course Contents

There are 4 classes in this discipline, and students are divided into groups of approximately 27 per class by automatic registration. Under the guidance of several teachers during the semester, students will study several different areas of sports wellness, consider the essence of these, and learn independently about research processes such as planning, execution, summarizing and reporting on research results. In some cases, there will be opportunities for fieldwork and practical learning outside the classroom at times which do not interfere with course studies overall.

1: Discussing about adapted sports (Horie)

2: Athlete monitoring for prevention of sports injuries (Takegami)

3: Creating physical fitness profiles for training (Shioda)

4: Experiencing and learning the biodiversity within Niiza campus (Kiji)

#### Others

 $\% Please \ refer \ to \ the \ "Syllabus \ \& \ Class \ Schedule \ Search \ System" \ for \ details \ including \ course \ schedule, \ evaluations, \ textbooks \ Schedule \ Search \ System" \ for \ details \ including \ course \ schedule, \ evaluations, \ textbooks \ Schedule \ Search \ System" \ for \ details \ including \ course \ schedule, \ evaluations, \ textbooks \ Schedule \ Search \ System" \ Schedule \ Sch$ 

and others.

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Course Title	Workshop in Sports Wellness C		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2900	Language	Japanese

## Course Objectives

Learn about different teachers' areas of specialization in sports and wellness in small-size seminars. In addition to lectures by teachers, the course features independent investigation by students including discussions, practical training and presentations.

### Course Contents

There are 4 classes in this discipline, and students are divided into groups of approximately 27 per class by automatic registration. Under the guidance of several teachers during the semester, students will study several different areas of sports wellness, consider the essence of these, and learn independently about research processes such as planning, execution, summarizing and reporting on research results. In some cases, there will be opportunities for fieldwork and practical learning outside the classroom at times which do not interfere with course studies overall.

1: Motion analysis for sports (Ishii)

- 2: Considerations of sportsmanship (Nakamura)
- 3: Considering physical training for ball games (Yasumatsu)

4: Thinking about the future of sports promotion in Japan (Matsuo)

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks

and others.

<ure>

Course Title	Wellness Science		
Instructor	Sugiura Katsumi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1110	Language	Japanese

# Course Objectives

Understand the five areas of wellness (body, mind, emotion, environment, sense of values); explore what human happiness means from different perspectives; master a way of thinking that respects individual values.

## Course Contents

Gain a basic knowledge of exercise, nutrition, rest, smoking, alcohol, stress, the desire to be thin, obesity in relation to lifestylerelated diseases and infectious diseases. Understand and discuss ways of life and attitudes on a holistic and personal scale, adopting a broad perspective that links health with the environment and society, according to a framework of study, work, marriage, family, aging, and death.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Exercise Prescription and Therapy		
Instructor	Kawai Kentaro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1150	Language	Japanese

## Course Objectives

The goal of this course is to provide students with the theory and basic knowledge of exercise prescription and exercise therapy, and to enable them to develop exercise programs for health promotion for people with special conditions (lifestyle-related diseases, elderly, orthopedic diseases, etc.) and for the general public. The students will also be able to develop exercise programs for recovery from injury, rehabilitation, and performance improvement for athletes.

## Course Contents

Exercise prescription is to specify the frequency (F: frequency), intensity (I: intensity), duration (T: time or duration), and type of exercise (T: type of exercise) to improve health-related physical fitness (FITT principle). In order to prescribe safe and effective exercise, students learn specific methods of exercise prescription and therapy that match the individual's situation, and then actually create and examine an exercise program.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Physiology		
Instructor	Maruyama Yusuke		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD1210	Language	Japanese

## Course Objectives

Learn the workings of biological phenomena and their biological functions. Understand the functional system of the organs in our body and their workings. In particular, understand the functions of human organs as related to health and exercise, and acquire a knowledge of the practical application of physiology as the basis of "exercise physiology."

## Course Contents

Physiology is the science of the functions of living organisms. Lectures will be given on our physiological responses during exercise, according to our bodies' complex and delicate framework of biological systems, such as respiration, circulation,

digestion and absorption, excretion and metabolism and functional systems such as blood and bodily fluids, nerves, endocrines, muscles and bones. As students start learning about exercise, they will acquire a basic knowledge of living organisms.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Exercise Physiology		
Instructor	Yasumatsu Mikinobu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1290	Language	Japanese

## Course Objectives

Understand our physiological functions during exercise, and learn about the various physical changes and adaptations that occur with exercise. The goal is to acquire knowledge that can be used when we practice our own exercise and sports activities and that can also be used in instructional roles in future.

#### Course Contents

Based on the basic knowledge of Physiology acquired in the spring semester, the lectures will explain the functional systems of the body during exercise, the reaction of our organs and the specific physical changes that occur in relation to training. In addition, because the environments in which exercise and sports activities are performed may differ (temperature, oxygen concentration, water, etc.), the lectures also describe the physical adaptation that occurs in response to these.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Cardiovascular Examinations and First-Aid		
Instructor	Kato Haruyasu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1190	Language	Japanese

## Course Objectives

Currently, if an elderly person suffers from cardiovascular or respiratory disease, an exercise stress test may be performed as a medical check. Acquire knowledge and the ability to think critically about exercise tests. In addition, learn emergency resuscitation and surgical procedures for responding to accidents that may arise at sports venues.

#### Course Contents

This class is about qualifying as a Health Fitness Programmer. It will help students to acquire the specialist knowledge required for gaining the necessary qualifications. For this reason, the course involves assignments that need to be done outside class. Therefore this class is suited to students who are keen to acquire specialist knowledge. In addition, for practical skills, students take a practical examination to test their knowledge of first aid treatment. The aim of this class is for students to understand basic electrocardiogram and exercise stress tests and to be able to carry out basic life support treatment (BLS) on their own.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Introduction to Care Work		
Instructor	Tanaka Yumiko		
Semester	Spring Others	Credit	2 Credits
Course Number	CMD1990	Language	Japanese

# Course Objectives

1) Students can understand care, long-term care insurance services and circumstances of them for the elderly.

2) Based on knowledge learned in class , they can develop the ability to imagine, think and express one's opinion.

## Course Contents

1) Using case studies and source documents as teaching materials, students will learn care, long-term care insurance services and circumstances of them for the elderly.

2) Students will promote better understanding about questions by expressing one's opinion.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Sports Science		
Instructor	Yasumatsu Mikinobu		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD1210	Language	Japanese

## Course Objectives

To learn about the various research fields that explore sport scientifically and understand that information and experimental results observed using scientific methods are more reliable than biased judgements and ambiguous ideas about sport. Acquire accurate knowledge in order to be able to be an 'interpreter' who appropriately conveys the 'research' results of sports science to the 'field', such as coaching and the press.

## Course Contents

An important criterion for the scientific contribution to sport is whether or not performance has improved. Performance is affected by body fat, muscle strength, power, endurance, environmental conditions, psychological state and nutritional status. Results from game analysis and social research studies have also been used. In this section, sports science is lectured comprehensively with the use of films, photographs and diagrams, focusing on examples of the contributions of sports science.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Exercise Technique		
Instructor	Takahashi Kentaro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1410	Language	Japanese

# Course Objectives

Develop a methodological basis for teaching sports and exercise through understanding the mechanism of physical movement from basic sciences, such as anatomy, exercise physiology and kinematics.

### Course Contents

This course will give an introduction to the basics of movement, including the structure and function of the human body, the historical background leading to the construction of mechanical regulations and theory. Further, including instruction methods, lectures will be given on rational sport movement assuming the concept of movement as the basis of sports movement and specific sporting events.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Exercise Technique Seminar 3		
Instructor	Yasumatsu Mikinobu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1010	Language	Japanese

## Course Objectives

The course aims to deepen students' understanding of football technical, tactical and physical elements on the assumption they will give coaching and instruction in future, and to improve students' coaching skills.

## Course Contents

The course is developed through a combination of lectures, practice and coaching practice by students.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Exercise Technique Seminar 4		
Instructor	Gotou Mitsumasa		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1010	Language	Japanese

## Course Objectives

The objective is to understand the rules and etiquette of tennis, to be able to play a rally with over 20 strokes, to understand how to manage tennis classes during junior high school and high school health and PE lessons, and to be able to coach beginners.

## Course Contents

Tennis is a model sport that can be played by men and women of all ages. In this class, students deepen their communication with teammates while learning the fundamental techniques and understanding the rules, history and competitive characteristics of tennis. Learn the grounding knowledge to be able to practice tennis throughout your life.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Anatomy		
Instructor	Takegami Ayaka		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD1110	Language	Japanese

# Course Objectives

Learn about the anatomy of the musculoskeletal system, and gain the necessary knowledge of sports injuries and the training required to prevent these.

#### Course Contents

Learn about the structure and function of bones and muscle through histology, and study microanatomy to learn about movement and connection in relation to bone and muscle. It is an important basic knowledge for evaluation of sports injuries, first aid, rehabilitation, preventive training. Classes will be given on histology and anatomy so that students can gain an understanding from the perspective of sports injuries and training to prevent their occurrence.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Exercise Technique Seminar 7		
Instructor	Kitamura Mai		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1010	Language	Japanese

## Course Objectives

Learn about the characteristics of basketball, master basic techniques through practicing, and learn specialist practice techniques and tactics, as well as game management and teaching methods.

## Course Contents

This class involves a large number of drills and mini-games to acquire basic personal skills and aims to help students improve their skills through understanding group techniques and tactics further. Specialized knowledge and practice techniques for competitive events will be given and students will learn about rules and refereeing. This will be summarized in practice lessons.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Exercise Technique Seminar 8		
Instructor	Takahashi Kentaro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD1010	Language	Japanese

# Course Objectives

Students will learn about the etiquette of kendo and the basic moves.

## Course Contents

Students will learn about the etiquette of kendo, and will study "Kendo kata" and "Basic skills and practice with a wooden sword."

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Exercise Technique Seminar 9		
Instructor	Adachi Satoru		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD1050	Language	Japanese

# Course Objectives

"Swimming and water exercises" are also known as lifetime sports. The course aims to help students understand the mechanical and physiological effects of placing the body in the unique environment of water, and aims to help them improve motor skills and build exercise programs as well as to exercise safely and give instruction. Students will be assessed based on their approach of considering problems that arise in swimming, thinking about solving these for oneself, class comprehension, proficiency in motor skills and logical program composition.

#### Course Contents

Focusing on exercising in water, students will learn about the body's physiological responses to exercising in an aquatic

environment, and the differences between exercising on land and in water and the characteristics of water. Through taking up water exercises on a phased basis, students will learn about various water exercises including walking and stretching in water and four modern swimming strokes. In the first class, students will undertake a health checkup for swimming and will fill out a survey and be assessed on their swimming ability. Certain adjustments will be made in the exercises according to students' swimming ability. Evaluation of motor skills (swimming proficiency) is a standard that can be satisfactorily achieved by attending all classes.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Adapted Sports		
Instructor	Tanaka Nobuyuki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD2340	Language	Japanese

### Course Objectives

In order to develop a wide range of ideas regarding sports activities and instruction, the objective of the course is for people who find exercise challenging (such as adults and children with disabilities or elderly people) to understand the importance of being physically active, such as playing sport, and also how to practice these.

#### Course Contents

The course introduces content that can deepen students' understanding of adapted sports (in summary).

First, the class will cover the basics for understanding a subject's situation (age, disability, etc.), providing examples of active physical exercise, and drawing up an instruction program of them.

Note that class information will be posted in Notice on Blackboard. Students should check this after 8:00PM the evening before the class for information as well as the class materials required.

## Others

XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Trainer Seminar		
Instructor	Goseki Shinji		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2120	Language	Japanese

## Course Objectives

This course helps participants to understand the role and importance of the sports and exercises in modern society and acquire the fundamental knowledges and skills which make their lifestyles healthy.

### Course Contents

This course includes the lectures and skill practices which contain about the fundamental knowledges and skills of keeping and enhancing one's health regardless of age or sex and the conditioning ways of the performance and injury prevention which are taping, stretching, icing, and first aid.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Clinical Sports Medicine		
Instructor	Kato Haruyasu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2150	Language	Japanese

## Course Objectives

A knowledge of sports medicine is essential for high quality sports instruction. To that end, students learn basic knowledge on sports ailments and injuries.

#### Course Contents

A brief overview is given of the medicines needed to understand sports injuries, disorders and ailments. Along with general knowledge of health matters, lectures cover areas such as diagnosis and assessment of severity, emergency treatment, treatment policies and methods of prevention in relation to internal ailments and orthopedic sports disorders. In addition, various topics related to sports medicine are introduced.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Illnesses of Lifestyle Choices		
Instructor	Dohi Michiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2150	Language	Japanese

## Course Objectives

To understanding lifestyle-related diseases and to learn about the importance of exercise for lifestyle-related diseases

# Course Contents

To understand the definition, causes, prevention and social impact of lifestyle-related diseases, and then consider how exercise affects lifestyle-related diseases, with reference to the literature in the general population and athletes.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Culture and the Body		
Instructor	Nakajima Tetsuya		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2700	Language	Japanese

## Course Objectives

We cannot exist apart from our own body. The body, like the mind, is formed by a variety of influences from education and environment. The body that is formed in this way also influences our mind and society. In this class, we will take the term "body culture" to mean "the activity that forms the body" and learn what it entails.

### Course Contents

In this lecture, we will discuss the following two topics.

- (1) How did modern sport, a physical culture originating in UK, become established and globalized?
- (2) How was Asian physical culture rediscovered with the spread of modern sport?

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sports Policy		
Instructor	Saito Kenji		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD2700	Language	Japanese

#### Course Objectives

The goal of this course is to understand the basic system, policy system, current situation and issues of sports policy in Japan and other countries, and to acquire basic knowledge in sports policy. In addition, the purpose of this course is to think about sports policy from the perspectives of policy studies, public administration, and law, and to acquire basic knowledge for practical work for promoting and encouraging sports.

### Course Contents

In this course the basic knowledge of Japanese sports policy from the perspective of the policy process of policy making, policy implementation and policy evaluation will be explained. In addition, the policy system of sports policy, basic system and related projects and initiatives will be explained. Regarding specific policy issues related to sports policy, the implementation status and issues of sports policy in Japan and overseas will be explained.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Health Policy		
Instructor	Yanagawa Naoko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD2700	Language	Japanese

## Course Objectives

Students will obtain an overview of Japan's health promotion policy, centered on physical activity and exercise, and acquire the

basic ability to analyze and evaluate the policy process that supports the well-being of a healthy and wealthy people.

## Course Contents

Explaining the background and trends from real-life health issues, based on handouts. In addition, we will listen to voices from those within the health promotion in the field, deepen our understanding through related presentations and surveys on health promotion policies.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sports Coaching		
Instructor	Shioda Toru		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2400	Language	Japanese

## Course Objectives

Consider what coaching players and athletes means and involves. Also, gain a thorough knowledge of how to best adjust athletes' condition and how to implement this, and understand the effects of training to help them maximize their performance and best utilize this for competition.

#### Course Contents

Players' and athletes' coaches need to implement appropriate training according to the physical strength and skills of the

athletes and their practice environment. It is also the role of coaching to educate athletes in goal setting and mental resilience. To this end, the lectures introduce a range of theories and practical methods, including approach to coaching, training theories and methods of conditioning.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Sports Sociology		
Instructor	Matsuo Tetsuya		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2790	Language	Japanese

## Course Objectives

The course covers a sociological review of sports and related issues, and a consideration of theoretical and practical issues concerning sports and modern society and potential solutions.

#### Course Contents

Sports is both a culture and a social phenomenon. The popularization and development of sport has both positive and negative connotations. In this class, sports are regarded as a social phenomena. Students consider the process of formation, development and change in sport, investigate the distortions and conflicts which arise from its advance and popularization, and explore potential solutions.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Theory of Strength and Conditioning		
Instructor	Takegami Ayaka		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2490	Language	Japanese

## Course Objectives

Develop the necessary theory and practical skills required to create a scientifically-based conditioning (muscle training) plan.

# Course Contents

The importance of conditioning and training in competitive sports and the maintenance of health is attracting attention. In this lecture, the theory for planning safe and effective conditioning and training will be suggested and discussed.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sports and Exercise Nutrition		
Instructor	Sugiura Katsumi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD2190	Language	Japanese

## Course Objectives

Review nutrition and learn the basics of sports nutrition in terms of exercise physiology and training science, while learning about practicing nutrition guidance for exercise practitioners.

### Course Contents

Review daily meals in relation to exercise, learning that choosing appropriate food requires an understanding of nutrient levels. Students are taught how to devise and make proposals about nutrient intake according to changes in their level of physical activity and the metabolism when exercising, based on looking into and discussing useful aspects of nutrition guidance cases for athletes.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sport Psychology		
Instructor	Endo Shintaro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2690	Language	Japanese

## Course Objectives

The acquisition of psychological knowledge and skills is an important way for athletes to improve their performance. Sports and physical exercise can have various benefits such as improvements in psychological state and levels of fitness and wellness, even for those who are not engaged in competitive activity. The aim of this course is for students to acquire a basic knowledge of psychological skills and to be able to apply these to improving their competitive capabilities and their levels of well-being in daily life.

#### Course Contents

For athletes, improving the balance between the respective elements of the mind, the body and technique is essential for improving competitive ability. It is not uncommon, especially in top athletes, for psychological knowledge and strategy to be the difference between winning and losing. For non-competitors, sports and physical activity also have an important role to play not only in physical aspects such as the improvement of physical strength and prevention of lifestyle-related diseases, but also, more recently in the cognitive function and psychosocial aspects. In the first half of this course, students will learn about mental skills, psychology, and wellbeing in their daily lives; in the second half they will learn how these relate to sports activities and the meaning of life.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Statistical Evaluation		
Instructor	Kawahara Fusako		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2220	Language	Japanese

# Course Objectives

Students will gain experience in measurement and evaluation skills aimed at aiding improvement in people's health and athletes ability to compete.

### Course Contents

Students will learn the purpose and significance of assessing physical fitness. They will acquire practical skills for measuring physical strength from training in various measurements. Furthermore, students will acquire techniques enabling them to summarize results from simple numerical sequences into information that can be used for exercise and sports instruction, through training in analysis of measurement data using a PC.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Exercise Technique Seminar 5		
Instructor	Kiji Masahiko/Mizuguchi Kiyoshi/Nigorikawa Takashi		
Semester	Winter Session	Credit	2 Credits
Course Number	CMD1010	Language	Japanese

## Course Objectives

The objective is to help them to be able to ski down any type of slope depending on their ability. In addition, students will also learn about ski instruction.

### Course Contents

Skiing is a popular sport that anyone can enjoy. It is the perfect sport to learn as a lifetime sport. In addition to instruction on ski technology at the ski area, students will have their skiing performance analyzed on video to help them improve their technique. Furthermore, students will learn the techniques of ski instruction on the assumption that they will become ski instructors in future.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Exercise Technique Seminar 6		
Instructor	Kiji Masahiko/Nigorikawa Takashi		
Semester	Summer Session	Credit	2 Credits
Course Number	CMD1060	Language	Japanese

## Course Objectives

Experience various outdoor activities in rich natural surroundings and at the same consider environmental issues.

#### Course Contents

Okutadami still remains one of Japan's leading unexplored natural environments. Here, students can experience the rich natural environment through canoeing, trekking, and observing the forests, rivers and stars. Based on that, they will discuss and learn about prospects for the natural environment of Japan in future.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Leisure Life		
Instructor	Miyairi Kyohei		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2700	Language	Japanese

## Course Objectives

This course aims for students to understand the meaning of "leisure," while confirming the concept of "serious leisure."

## Course Contents

In this class, while understanding the concept of "serious leisure" that seriously tackles leisure, we will understand the meaning of "leisure" that we enjoy unconsciously on a daily basis.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	English for foreign studies and internships (SW)		
Instructor	Akimoto Shigeharu		
Semester	Spring Others	Credit	2 Credits
Course Number	CMD2903	Language	Others

### Course Objectives

The objectives of this course are:

(i) to acquire the general and practical English language skills required for study abroad and internships.

(ii) to acquire sports-specific English language skills.

(iii) to acquire knowledge regarding diversity and the future of sport.

(iv) to develop leadership skills for the realisation of an inclusive society.

(v) to cultivate problem-solving skills while building teamwork.

#### Course Contents

This class is designed for students who are considering studying or taking an internship abroad, under the theme of 'Diversity and the Future of Sport'. However, students who are not currently interested in studying or doing an internship abroad but are interested in the course content are also welcome, as well as students who are not confident in their English language skills. Of the four English skills (Reading, Listening, Writing and Speaking), greater emphasis will be placed on the output skills (Writing and Speaking), which are often neglected in compulsory education, with the aim of acquiring practical English language skills. The specific content of the classes includes basic knowledge and basic practices related to sports in general, and various issues related to diversity in sports, which are considered through lectures and discussions, as well as deepening understanding through practical activities. The class will end with a final group presentation of a new sport that each team has created, a nd which everyone will be able to try out.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sport Management and Sport Business in English		
Instructor	Sugiyama Masahiro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2901	Language	English

Course Objectives

1. The student will understand key issues in sport management and development.

2. The student will be familiar with a range of theoretical perspectives for analysing sport management and development.

3. The student will understand the historical background of sport management and development.

4. The student will be able to explain the basic structure of the sport industry and the role of stakeholders in relation to sport management and development.

#### Course Contents

Sport management is the field of business dealing with sports and recreation. And sport development consists of the

development of sport (creating pathways for participation and talent development) and sport for development (using sport as a tool to achieve outcomes beyond sport). The aim of this course is to introduce students to the field of sport management and development, and provide a basic overview of the complex nature of the sport industry.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including cours e schedule, evaluations, textbooks and others.

<ur>

Course Title	Community Sports		
Instructor	Mizukami Hiroshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3790	Language	Japanese

## Course Objectives

In this course, students will gain an understanding of Japanese sports culture from a global perspective and acquire basic knowledge of community sports theory in order to cultivate "advanced knowledge and abilities that contribute to the improvement of wellness for all people and the building of a wellness society, as well as a rich sense of humanity.

#### Course Contents

In this lecture, students will deepen their understanding of community sports issues after the 2020 Olympics in Tokyo from multiple perspectives, including political, economic, social, educational, and welfare perspectives. Slide presentations and videos related to the lecture theme will be used in each lecture. Students are required to submit a reaction paper for each lecture. Inclass tests will be given at the middle and end of each lecture.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Wellness Promotion		
Instructor	Sano Nobuko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3120	Language	Japanese

## Course Objectives

Aspects of wellness promotion are considered according to age. At the same time, the course examines what can be done to encourage further promotion from a gender perspective.

#### Course Contents

At present, approaching the topic from the viewpoint of gender is indispensable for considering the improvement of well-being. This class aims to assess what instructors should focus on for Men and Women and those who do not identify with a gender to make them more comfortable with the idea of exercising and playing sports, a necessity for improving our health. A range of discussions are held in class.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Recreation Assistance		
Instructor	Shimizu Kazumi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3530	Language	Japanese

## Course Objectives

This course introduces the basic understanding and social position of recreation.

It also improves Q.O.L. in our own life and development of the quality of skill for interpersonal support at work in future.

### Course Contents

Q.O.L can be improved by placing the idea of "recreation" in our lives. The aim of this course is to help students acquire an understanding of the principles of "Recreation" between enjoyment of dairy life and social challenges. Classes involve about contemporary social issues, the social environment surrounding them, how to support recreation in relationships, and support skill.

Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Infant Health/Mental Health		
Instructor	Ohara Sayaka		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3110	Language	Japanese

## Course Objectives

Students learn the knowledge and techniques necessary to maintain and improve mental health, and apply these so they can acquire actual problem-solving ability.

### Course Contents

These issues are considered in a group forum by all the students, using cases and audiovisual materials incorporating definitions and goals of mental health in terms of the life cycle, and a basic knowledge of mental disorders and developmental disorders.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Recreation Assistance Seminar		
Instructor	Muramoto Sotaro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3530	Language	Japanese

## Course Objectives

Understanding the social meaning of recreation and ideal means of assistance.

To be able to devise and assist recreation activities that is appropriate to the subject and environment while experiencing recreation oneself.

#### Course Contents

In this class, students will actually enjoy recreation, and after gaining a theoretical understanding of program construction and development, they will consider and practice methods of applying and assisting recreation according to the subject and environment.

Based on experience, students will learn how recreation can be arranged to help build mental vitality, which is the purpose of recreation.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Universal Sports Assistance Technique		
Instructor	Muramoto Sotaro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3580	Language	Japanese

## Course Objectives

The purpose of this course is to understand the modern meaning and concept of universal sports, and to study the arrangement and support methods for specific sports universalization.

### Course Contents

In modern society, it is important for all people to enjoy sports according to the individual physical and mental state, and interests. Students will study sports arrangements and support methods aimed at maximizing the fun and enjoyment of sport and making it universally enjoyable for all, focusing on new sports events.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Health and Exercise Guidance Seminar		
Instructor	Kurosawa Sayaka		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3120	Language	Japanese

## Course Objectives

The goal of this class is to acquire basic knowledge and skills for safe and effective exercise instruction by practicing exercise and sports for the promotion of health and mastering instructional methods.

#### Course Contents

In this class, the students will learn how to perform exercise and how to organize an exercise instruction program according to the characteristics, physical condition, and the goal of the target population.

In groups, the students will develop exercise instruction programs for their target population. The students will acquire practical instruction methods through group instruction of the programs.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Mental Management		
Instructor	Endo Shintaro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3610	Language	Japanese

## Course Objectives

Understand basic knowledge related to stress response and cognitive behavioral theory. Learn about mindsets to ensure stress does not arise, and acquire the ability to cope successfully with stressful situations.

#### Course Contents

In general, health and wellness levels will vary among individuals even in similar environment as perceptions of stress vary. Also, changing one's sense of values such as one's view of life, can lead to significant changes internally. In this course, students will acquire basic skills in mental management and learn tips for a better way of life from the ideas of positive psychology and the wisdom of our predecessors.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Sports for the Disabled		
Instructor	Tanaka Nobuyuki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3380	Language	Japanese

### Course Objectives

The aim is for students to acquire the ability to introduce sports and activities to people in the community with disabilities.

#### Course Contents

In addition to introducing the outline of disabilities in sport (history, measures, disabilities, tournaments, rules etc.), the class will progress by examining the significance of sports for people with disabilities (positive exercise), as well as the possibilities. Lectures are planned to progress while introducing videos and actual tools.

Note that class information will be posted in Notice on Blackboard. Students should check this after 8:00PM the evening before the class for information as well as the class materials required.

\* As important guidance for all is shown in "Learning outside of class" and "Text and others", students must check before registering for this class.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Practice of Sports for the Disabled		
Instructor	Horie Wataru		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3340	Language	Japanese

## Course Objectives

Understanding the meaning and philosophy of sports for the disabled, and learn about various disabilities. Comprehension of the rules, techniques and teaching methods of sports for the disabled. Developing the ability to create sports.

#### Course Contents

Lecture on understanding disability, exploring the relationship between disabled people and sports. Learning through practice about devices used by the disabled in sports, and the rules. In addition, students will learn how to introduce sports, and how to teach sports tailored to their disabilities.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Instructor	Horie Wataru		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3340	Language	Japanese

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#### Others

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<URL>

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Course Number	CMD3340	Language	Japanese

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#### Course Contents

Lecture on understanding disability, exploring the relationship between disabled people and sports. Learning through practice about devices used by the disabled in sports, and the rules. In addition, students will learn how to introduce sports, and how to teach sports tailored to their disabilities.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Rehabilitation		
Instructor	Ohashi Sachiko		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3190	Language	Japanese

## Course Objectives

With the progress of medical care, social and economic change, along with people's sense of values, the concept of

rehabilitation has changed. Rehabilitation is required not only to support the physically disabled, but also to support the lives of children with developmental disabilities, mental disorders and elderly people with dementia. Understand the principles and practices of rehabilitation that modern society requires.

## Course Contents

An overview of the concepts, history, and processes of rehabilitation, providing an introduction to the subject. The focus of the lecture will be the practice of medical rehabilitation for various specific diseases and disorders.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Sports Business		
Instructor	Nakamura Akihiro		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3800	Language	Japanese

## Course Objectives

Students will gain a structured understanding of the sports business from the perspective of the "business side," rather than just enjoying it from the customer's point of view. They will be able to make accurate judgments about the thinking, skills, and careers required of people in the sports business.

### Course Contents

We will identify structural characteristics, historical background, current issues, and future prospects through our exploration of the business of sport. We will introduce the thinking, skills, and career paths required of "human resources" active in the world of sports business.

### Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, tex tbooks and others.

<ur>

Course Title	Sports Journalism		
Instructor	Chida Zen		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3800	Language	Japanese

### Course Objectives

To think how should be SPORTS JOURNALISM, my lecture would introduce temporal situation around SPORTS and JOURNALISM, with examples from fresh news. Let's get to be a "GOOD WATCHER / OBSERVER" on sports.

#### Course Contents

Lecturer was an interpreter to Head coach IVICA OSIM of Japan's National Football Team, and also is a journalist on the international issues including nationalism, territorial conflict especially in former Yugoslavia. From a point of view of journalist, I would like to show situation of journalism and media, not only of sports but also socio-political fields. Questions welcome!

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Exercise Analysis Seminar		
Instructor	Ishii Hideyuki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3200	Language	Japanese

## Course Objectives

Students will acquire skills in measuring and analyzing physical movements in sports and daily life using biomechanics.

#### Course Contents

Students will learn about using measuring equipment and analysis software in relation to common physical movements concerning the improvement of sports performance, the prevention of injury and disability, and the promotion and maintenance of health. In addition, they will interpret the results of the analysis using biomechanics.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sports Coaching Seminar		
Instructor	Shioda Toru		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3400	Language	Japanese

### Course Objectives

Mock classes are conducted in small groups to help students understand, think about, and come up with solutions in relation to key points that arise when teaching non-specialty events as well as students' own specialty event.

### Course Contents

The main points to be aware of in sports coaching differ in terms of areas of focus and wording used, depending on whether you are addressing a whole team or correcting individual techniques. In this lecture, a task will be set for each group and mock instruction will be given for solving the task. After that, there will be a group discussion and a class presentation so that everyone can share instruction points and solutions. Physical activity is involved so students should bring a change of clothes.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ure>

Course Title	Sports and Ethics		
Instructor	Muramoto Sotaro		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3710	Language	Japanese

## Course Objectives

Sports are regarded as a universal human culture in the Basic Law of Sports. Today, when people have more opportunities to engage in sports on a daily basis, the way of thinking about sports has become more diverse.

This class aims to deepen students' understanding of sports by studying ethical issues that arise in sports.

#### Course Contents

In this course, students will learn about ethical issues related to sports, in which the criteria for judgment may differ from one individual to another, while taking into account the ideas of other students.

In principle, one topic will be studied in two classes, with the first class providing an explanation of the issues and the thinking behind the issues, while the second class will proceed with group discussions based on the students' learning.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Biomechanics		
Instructor	Ishii Hideyuki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3250	Language	Japanese

# Course Objectives

Acquire basic knowledge to understand the mechanism of physical movement in sports and daily life through biomechanics.

#### Course Contents

Lectures will cover the basics of mechanics for biomechanical interpretation of body movements, biomechanics in all types of sports actions, analytical methods and research examples. Writing materials are distributed in class and problems (including calculations) are tackled. In addition, students watch videos suited to particular topics to deepen their understanding.

# Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Sports Management Seminar		
Instructor	Kitajima Shinya		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3803	Language	Others

# Course Objectives

In this class, students will learn the purpose, theory, and practical areas of sport management, and aim for the following points.

1. Understand and explain the basic theory of sport management.

 $\ensuremath{\text{2.Be}}$  able to give an example of contemporary sports issues and express your thoughts.

3. Understand the basic knowledge of sport management methods.

### Course Contents

What is the significance and value of sports in the 2020 Tokyo Olympics and COVID-19 pandemic? With such rapid changes in society, the way we are involved in sports such as doing, spectating, and supporting is also changing. Therefore, in order to reconsider the value of sports, the perspective of developing sports as a culture is required. Therefore, in this class, we will lecture on the issues and management methods of modern sport in various practical areas of sports management.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Special Topics in Sports Coaching			
Instructor	Leitner Katrin J./Zetterlund Yoko K./Imaizumi Morinao/Yamaguchi Kaori/Hoshino			
Instructor	Ichiro			
Semester	Fall Others	Credit	2 Credits	
Course Number	CMD3400 Language Japanese			

### **Course Objectives**

This course aims to deepen the understanding of coaching concepts in high performance sports using examples of coaching practiced in high-level competitive sports of various disciplines.

#### Course Contents

Instructors, who have substantial experience of actually coaching elite sport athletes, will give lectures on coaching methods and their underlying ideas in their specialized disciplines. This course will also introduce the current state of coaching in foreign countries and consider the perspectives necessary for coaches and the role of coaching to support athletes in order to maximize their performance.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<url>

Course Title	Public Health		
Instructor	Kurosawa Sayaka		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3210	Language	Japanese

# Course Objectives

Understand methods and social systems to improve physical and mental health. Understand the basic ideas for contributing more people, including yourself, to lead healthier and happier lives.

### Course Contents

In this class, the students will learn about the social systems and practical methods aimed at improving the "health" of "public". In addition, the students will learn about the research that is the scientific evidence of the social system and practice methods.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	International Society and Sport		
Instructor	Nosaka Kaoru		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD2901	Language	English

# Course Objectives

In this course, you will develop knowledge and an understanding of sport from global, cultural, and social perspectives. You will also build skills to analyse and discuss social factors influencing sport and sport affecting societies in English.

#### Course Contents

Sport is affected by and affects society. In other words, the functions of the sport in society change as society changes. Under this, we need to understand what and how social factors affect sport and vice versa. In this course, you will learn those factors by analysing and discussing the current topics in sports in different countries. You will also engage in learning by undertaking group research and group oral presentations in Japanese and English.

## Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<ur>

Course Title	Internship		
Instructor	Full Time Teacher		
Semester	Full Year	Credit	4 Credits
Course Number	CMD3970	Language	Japanese

# Course Objectives

Through practical training (employment) experience, this course aims to deepen the understanding and interest in social problems, and to help students in their future career path selection.

#### Course Contents

From the previous to the current year, students choose their on-site training placement settings based on their major fields of interest or future career hopes, aiming to acquire basic understanding and necessary knowledge through prior training and the spring semester seminar format. In principle, on-site training will be conducted during the summer vacation. The flow of classes is as follows.

[Previous academic year]

Choose 1 of the following placement destinations (fields): government-related, NPO-related, social work-related, company-related, sports-related, or overseas-related. Selection schedule varies by field.

[Current academic year]

1. Guidance.

2. Follow-up learning (in principle every two week).

(1) Seminar on self-expression & manners, (2) Basic understanding of placement location, (3) Gaining systematic and specialist field knowledge related to placement location.

3. On-site training (in principle about 10 days).

4. Follow-up study (in principle every week).

(1) Reflection on on-site training, (2) Presentation, (3) Final report.

# Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

Course Title	Seminar 1		
Instructor	Full Time Teacher		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMD3900	Language	Japanese

#### Course Objectives

The aim of the course is for students to acquire advanced expertise through working in small groups under the guidance of an instructor, setting topics and themes independently for themselves, conducting fieldwork, creating a research plan based on thorough reading of related literature and materials, and then presenting and discussing the results.

#### Course Contents

Advanced Research Seminar provides an opportunity to share and discuss topics in-depth with fellow students, under the guidance of qualified teachers with extensive knowledge and experience. This is an elective course because of its emphasis on spontaneity and self-motivation.

In the field of health exercise, students improve their scientific knowledge and ability and develop an extensive knowledge of sports and welfare, as these relate to health and exercise, in order to improve wellness through sport and exercise. In the field of sports performance, students improve their scientific knowledge and ability of sports science to help enhance human adaptability and contribute to the creation of an advanced sports culture. In addition, in the field of sports culture, students improve their knowledge and ability to contribute to the creation of a sports culture and the evolution of sports science as well as the development of a welfare society through sports.

The contents of the course are published in last year's course guidance material. Please note that parts of the course may change in response to international events.

### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others

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Course Title	Seminar 2		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMD3900	Language	Japanese

### Course Objectives

The aim of the course is for students to acquire advanced expertise, through working in small groups under the guidance of an instructor, setting topics and themes independently for themselves following the research plan created in Advanced Research Seminar 1, conducting fieldwork, reading related literature and materials thoroughly, and then presenting and discussing the results.

# Course Contents

Advanced Research Seminar provides an opportunity to share and discuss topics in-depth with fellow students, under the guidance of qualified teachers with extensive knowledge and experience. This is an elective course because of its emphasis on spontaneity and self-motivation.

In the field of health exercise, students improve their scientific knowledge and ability and develop an extensive knowledge of sports and welfare, as these relate to health and exercise, in order to improve wellness through sport and exercise. In the field of sports performance, students improve their scientific knowledge and ability of sports science to help enhance human adaptability and contribute to the creation of an advanced sports culture. In addition, in the field of sports culture, students improve their knowledge and ability to contribute to the creation of a sports culture and the evolution of sports science as well as the development of a welfare society through sports.

The contents of the course are published in last year's course guidance material. Please note that parts of the course may change in response to international events.

#### Others

%Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar on Graduation Research		
Instructor	Full Time Teacher		
Semester	Full Year Others	Credit	2 Credits
Course Number		Language	*

# Course Objectives

Students will receive instruction and assistance on writing and production of their graduation research project from tutors up to completion.

## Course Contents

The class format is set in accordance with the above-mentioned goals, tutors will take into consideration the situation of students. In principle, they may be conducted regularly / collectively each week, or may be individually through personal instruction. The class content will also follow the situation, and change each time. Details of tutors are published in guidance material distributed the previous year.

# Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar on Graduation Research		
Instructor	Full Time Teacher		
Semester	Full Year Others	Credit	2 Credits
Course Number		Language	*

# Course Objectives

Students will receive instruction and assistance on writing and production of their graduation research project from tutors up to completion.

## Course Contents

The class format is set in accordance with the above-mentioned goals, tutors will take into consideration the situation of students. In principle, they may be conducted regularly / collectively each week, or may be individually through personal instruction. The class content will also follow the situation, and change each time. Details of tutors are published in guidance material distributed the previous year.

# Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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Course Title	Seminar on Graduation Research		
Instructor	Full Time Teacher		
Semester	Full Year Others	Credit	2 Credits
Course Number	CMD4900	Language	Japanese

# Course Objectives

Students will receive instruction and assistance on writing and production of their graduation research project from tutors up to completion.

### Course Contents

The class format is set in accordance with the above-mentioned goals, tutors will take into consideration the situation of students. In principle, they may be conducted regularly / collectively each week, or may be individually through personal instruction. The class content will also follow the situation, and change each time. Details of tutors are published in guidance material distributed the previous year.

## Others

"XPlease refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

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