

2020

# Syllabi

Community and Human Services  
(Graduate Courses)

**Rikkyo University**



Course Title	Seminar for master's thesis 1		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH6620	Language	Japanese

#### Course Objectives

In preparation for writing a master's thesis, students will develop a research theme and clarify the necessary research methods.

#### Course Contents

For the first 6 months after enrollment, you will learn fundamental research methods, how to select a research theme and receive personalized advice about research topics in the Basic seminar for master's thesis run by the head of the master's program. After completing this, Research Instruction 1 begins in your first-year fall semester where you will choose an advisor. From then on until completion of your second year, you will progress in stages each semester through Research Instruction 2 and Research Instruction 3. While learning how to plan the basic framework for writing your master's thesis and how to logically structure your thesis, with the fundamental literature and advance research review for your research theme as background, you will advance through the process from setting your research theme to completion. Research Instruction 1 is a subject for your first-year fall semester where you will mainly receive instruction on selecting your research theme and how to select your research methods.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD112&syllabuslink=1>

Course Title	Basic seminar for master's thesis		
Instructor	Fujii Atsushi/Kuga Atsuki/Harada Koki/Sano Nobuko/Kato Haruyasu/Sugiura Katsumi/Nagakura Masumi/Yuzawa Naomi/Iimura Fumie/Kinoshita Takenori/Nishida Keiko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH6620	Language	Japanese

#### Course Objectives

It is an Introduction Phase subject aimed at deciding your research theme and selecting your academic advisor. You will learn the fundamentals of performing research, such as how to prepare a résumé, search materials, prepare a thesis, select a theme, and approach research.

#### Course Contents

During this course, you will have not decided on an official academic supervisor during the spring semester of your first year. During this period you will mainly be studying fundamental research methods with the head of the master's program. In addition, by attending omnibus lectures by the faculty in each research field, you will learn the problems being faced and the research approaches of the faculty in each field.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougic=VD200&syllabuslink=1>

Course Title	Studies in community development and social policy 1		
Instructor	Kinoshita Takenori		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5110	Language	Japanese

#### Course Objectives

After understanding the current poverty issues, think about the measures for combatting poverty focusing on the social welfare system.

#### Course Contents

While using a textbook about poverty issues, we discuss how to comprehend poverty issues and in what ways they should be addressed, focusing in particular on the public assistance and the support programs for low-income people, and we will discuss the state of those measures from a wide range of viewpoints, both theoretically and using examples from overseas.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD301&syllabuslink=1>

Course Title	Studies in community development and social policy 2		
Instructor	Suzuki Yayoi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5110	Language	Japanese

#### Course Objectives

Economic growth-oriented aid and development led by developed countries and international organizations has caused numerous social and environmental issues on a global scale. While the development model has its place, society needs to adopt measures to move away from the current economic growth-oriented paradigm and move toward social development theory that considered a people-centered approach and promote well-being.

In this class, you will study issues related to "the significance of social development" that have emerged from critical review of large-scale development and aid by developed countries and international organizations through the previous studies and discussion. You will also learn about the components of civil society, and the role it plays in promoting social development.

#### Course Contents

Developed countries among the OECD (Organization for Economic Co-operation and Development) and international organizations have allowed economic growth in developing countries by modernizing industries and introducing modern technologies. What are the influences of aid and large-scale development on the poor living in rural areas? You will examine issues through previous studies on "the significance of social development" and "the role of civil society" that have come to be recognized as having large impacts. In this class, you are expected to prepare thoroughly, actively participate and to take part in discussion.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbsbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD302&syllabuslink=1>

Course Title	Studies in community development and social policy 3		
Instructor	Sakaguchi Takeshi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5110	Language	Japanese

#### Course Objectives

Understanding the major theoretical traditions, comprehending and comparing strengths and weaknesses of each of them, and then establishing the theoretical perspective for own research.

#### Course Contents

Reading intensively the important literature of community studies and discussing the features of several theory and methods of them and application potentiality for student's research. The texts will be about urban sociology, regional sociology and cultural anthropology. The order and distribution of the texts we will be reading will be discussed with students.

In the last half of this class, students need to write the term paper on literature review and discussion.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD303&syllabuslink=1>

Course Title	Studies in community development and social policy 4		
Instructor	Harada Koki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5110	Language	Japanese

#### Course Objectives

In this class, we will observe the relationship between local governing concepts/bodies and community/non-profit organizations through a survey of contemporary problems facing Japanese local government initiatives and organizations.

#### Course Contents

Although the trend in recent years of decentralization and the privatization of public services in advanced industrial nations has its origins in cost-cutting by governments facing large financial burdens, a variety of actors have stepped in to provide solutions to support regions and communities affected by these changes. This can be called a form of governance and it is a current and worldwide trend. In Japan as well, this trend is having a big impact on the environment governing bodies find themselves, and coupled with the large-scale municipality mergers, there is a growing interest in the community as the fundamental unit of governance and the non-profit sector as the main supplier of services.

In this class, the aim is to learn the fundamental concepts surrounding local government and non-profit organizations using changes such as those mentioned above as the groundwork.

The first half of this class will consist of critical reading of the base text and academic papers (including English papers as required). In the second half, each student will present on a problem they are interested in, and then the whole class will discuss the issue.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD304&syllabuslink=1>

Course Title	Studies in community development and social policy 5		
Instructor	Fujii Atsushi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5110	Language	Japanese

#### Course Objectives

We will learn from British community development theory and case studies of Japanese and English social enterprises, within the context of deepening problems of societal exclusion how to revitalize communities and whether empowerment is possible.

#### Course Contents

Today, social enterprises are the focus of attention as the main vehicle of social inclusion as a means of solving social exclusion problems. However, social enterprises are not simply “businesses that solve social problems”; at their foundation is an inclusive economics whose foundation is civic society. While looking at case studies of such social enterprises in Great Britain and Japan, we will examine the methods they employ for community empowerment and the contemporary issues they face.

#### Others

※Please refer to the “Syllabus & Class Schedule Search System” for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD305&syllabuslink=1>

Course Title	Studies in community development and social policy 7		
Instructor	Kitajima Kenichi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5110	Language	Japanese

#### Course Objectives

Social constructionism questions the idea that reality already exists before us, and that theory and knowledge explain it, and sees reality as something we make up through discourse. According to it, there is no objective and universal knowledge or theory. We'll reconsider the epistemological basis and theory of Solidarity Economy through scrutiny of Social Constructionism

#### Course Contents

In recent years, the exchange between researchers in field of solidarity economy between Europe and South America has questioned euro-centralism and has emphasized the pluralism of thought. To deepen the understanding of Solidarity Economy by examining Social Constructionism, which has advocated a fundamental review of ontology and epistemology underlying social science, which has shaped Western thought.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD307&syllabuslink=1>

Course Title	Studies in social work 1		
Instructor	Sugiyama Akinobu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5210	Language	Japanese

#### Course Objectives

Our aim is to deepen understanding about cooperation at medical, well-being and care-giving institutions.

#### Course Contents

Continuing on from problems introduced in the lectures, students will make reports on real-life practice and/or related information. We will then debate and examine based on these reports. Students with no practical experience will receive pointers on information collection.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD321&syllabuslink=1>

Course Title	Studies in social work 2		
Instructor	Nishida Keiko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5210	Language	Japanese

#### Course Objectives

- (1) Students have an interest in the various issues regarding local welfare.
- (2) Students can grasp from multiple angles the background, causes and meanings of various phenomena surrounding local welfare.
- (3) Students can construct approaches for dealing with the issues of local welfare.

#### Course Contents

Students will select a theme regarding the state and issues of local welfare, and we will deepen our understanding of the theme through discussion following a report and problems raised by the student. We will discuss the future shape of local welfare by understanding what local welfare is, the state of developments in the state-of-the-art, and the direction of practice at the local level, in policy and in research.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD322&syllabuslink=1>

Course Title	Studies in social work 3		
Instructor	Goto Hiroshi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5210	Language	Japanese

#### Course Objectives

- Understanding the notions of poverty
- Deepening investigation into the state of self-reliance support for the needy people.
- Clarify own research question from previous studies

#### Course Contents

In this class, we will deepen our understanding of self-reliance support for the needy people from the point of view of social work through lectures, reading of the literature and academic papers, and presentations by students, and discuss the state of such support programs.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD323&syllabuslink=1>

Course Title	Studies in social work 4		
Instructor	Iimura Fumie		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5210	Language	Japanese

#### Course Objectives

Although social welfare programs are presented as for the benefit of recipients, what exactly is expected of organizations that provide welfare services? The aim is to deepen our understanding of the issues around the new state of organizations and training the staff that make up the core of such organizations through lectures from the viewpoint of welfare management and tying that to the individual student research topics.

#### Course Contents

Originally, the management functions of organizations that provided social welfare services were not given sufficient consideration and were in an incomplete state. But in today's world where the efficient distribution of limited resources and a high-quality service is demanded, the expectations on welfare management are high. We will take a close look at the current condition of organizations and the issues they must conquer and then debate the direction these organizations should take in the future.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD324&syllabuslink=1>

Course Title	Studies in social work 5		
Instructor	Shibata Hideaki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5210	Language	Japanese

#### Course Objectives

Esther Duflo was awarded the Nobel Prize in Economics in 2019. Her research focuses on microeconomics issues in developing countries, including household behavior, education, access to finance, health, and policy evaluation. We would like to study the way to solve poverty on her thesis.

#### Course Contents

Students of this course should read *Wisdom to conquer poverty* and present the summary of this book. And then all student discuss about the way to conquer poverty.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD325&syllabuslink=1>

Course Title	Studies in social work 6		
Instructor	Matsuyama Makoto		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5210	Language	Japanese

#### Course Objectives

Understanding a representative theory of social work practically. We will have a discussion about your own research theme and applying the theory of social work.

#### Course Contents

Students will give a presentation on a theory from among representative theories on social work that they think will contribute to their own research topic. Further, we will consider how the theory can be practically applied and how it can be used in research.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD326&syllabuslink=1>

Course Title	Studies in social work 7		
Instructor	Yuzawa Naomi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5210	Language	Japanese

#### Course Objectives

We solve the women's problem based on gender discrimination, and examine future prospects from the perspective of "social welfare and gender", while clarifying the changes in roles and functions of social welfare.

#### Course Contents

We try to understand the analytical concept of gender. The emphasis will be on cultivating the ability to understand social welfare issues, especially women's welfare issues.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD327&syllabuslink=1>

Course Title	Studies in social work 8		
Instructor	Nagakura Masumi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5210	Language	Japanese

#### Course Objectives

Along with acquiring practical skills for care management, you will gain the skills for identifying their effects and the current issues.

#### Course Contents

You will understand care management theory as a method of social work. Furthermore, through researching case studies you will learn support methods and identify the effects and the issues around implementation of care management.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD328&syllabuslink=1>

Course Title	Studies in social work 9		
Instructor	Hirano Masaaki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5210	Language	Japanese

#### Course Objectives

We will examine the current state of poverty in this country, which today is worsening and expanding, and the structures borne of it, and consider how the public assistance system should address it and what form it should take.

#### Course Contents

The number of people receiving public assistance has exceeded two million, and the total cost of the program exceeds three trillion yen. Against this background, major changes to poverty countermeasures are planned from the December 2013 Act for Revising Public Assistance and enactment of the Act for Support for Self-Reliance of the Needy to the June 2018 Acts for Revising Public Assistance and Act for Revising Support for Self-Reliance of the Needy. We will identify the state of poverty in this country and examine how the recent direction of the system is addressing that state, and then take an in-depth look at the issues of implementing support for the disadvantaged.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD329&syllabuslink=1>

Course Title	Studies in humanities and welfare 1		
Instructor	Kuga Atsuki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5310	Language	Japanese

#### Course Objectives

After learning the basic concepts of bioethics, environmental ethics and major issues, the students examine each major issues from the viewpoint of sustainable living. Discuss with each student's research theme.

#### Course Contents

After studying the basic concepts of bioethics, environmental ethics, major issues in Japanese, the students read papers related to both of them in English. After that, we discuss materials (in Japanese and English) on practices on sustainable living and discuss key points of bioethics and environmental ethics.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD351&syllabuslink=1>

Course Title	Studies in humanities and welfare 2		
Instructor	Gon Anri		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5310	Language	Japanese

#### Course Objectives

Deepen our understanding of "the public" which will also be added to the high-school curriculum. Learn about the modern public philosophies of liberalism, communitarianism and libertarianism. Learn the details of the historical development of the public in Japan.

#### Course Contents

Rather than specific policies of welfare, we will examine the principles and themes of liberty, equality, justice and publicness that sit at its core. With this starting point, class will proceed with a critical reading and discussion of Michael Sandel's Justice: What's the Right Thing to Do? We will then read my work, The Public and will deepen our understanding of the historic development of "the public" in Japan. The order and distribution of the texts we will be reading will be discussed with students.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD352&syllabuslink=1>

Course Title	Social research seminar 1		
Instructor	Sawaguchi Keiichi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH6120	Language	Japanese

#### Course Objectives

After learning the important points of debate for methods of social research in modern society, our aim is to understand the methods for collecting data through surveys and the basic tabulation and verification techniques and how to wield them for the purpose of writing a thesis using quantitative data.

#### Course Contents

You will learn the points to be aware of when carrying out social research in modern society, assuming at least a rudimentary understanding of social research methodology. You will cultivate the fundamental ability to collect and analyze data from sample surveys and to write a report. Concrete topics include using inferencing (averaging, distribution) and verification (chi-squared tests, t-tests, distribution analysis, no-correlation tests, distribution analysis), and you will deepen your understanding of the techniques of metrical analysis. You can also learn how to use a statistics software package by taking seminars on using such software (SPSS). The class is carried out in seminar-fashion, where students will use the statistics package software to analyze the training data distributed to them by the faculty.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD371&syllabuslink=1>

Course Title	Social research seminar 2		
Instructor	Sawaguchi Keiichi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH6120	Language	Japanese

#### Course Objectives

The aim is to thoroughly learn several important multivariate analysis techniques that are necessary for reading and writing academic papers. You will understand the methods for drawing out knowledge from the fundamental multivariate analysis methods and present it in an academic paper.

#### Course Contents

After reviewing your knowledge about basic data processing, totaling methods, and testing methods, you will learn about the current methods for multivariate analysis. Using data for training, you will set your own analysis problems and then perform a hypothetical verification analysis as if you were writing an academic paper. In this seminar, each student will proceed with a practical analysis using the SPSS statistical software package and report on the results. This course is intended to be certified as a certification course for specialized social researcher (I). Students who are not proficient in social research or statistics can take this course while self-studying from approved textbooks, so this will not be a barrier to taking this course.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD372&syllabuslink=1>

Course Title	Social research seminar 3		
Instructor	Amada Jousuke		
Semester	Spring Others	Credit	2 Credits
Course Number	CMH6120	Language	Japanese

#### Course Objectives

Along with learning qualitative research methods for social research, you will also learn practical abilities and techniques through a basic understanding of various concrete qualitative survey methods.

#### Course Contents

At the same time as learning qualitative data analysis methods (content analysis, discourse analysis, etc.) for newspaper and magazine articles, film, broadcast, music and so on, you will also learn practical abilities and techniques through basic knowledge of concrete qualitative survey methods (interviewing, participant observation, document analysis, fieldwork, life history, conversation analysis, etc.).

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD373&syllabuslink=1>

Course Title	Course 2		
Instructor	Satou Shinichi		
Semester	Spring Others	Credit	2 Credits
Course Number	CMH6910	Language	Japanese

#### Course Objectives

Consider the psychological issues in the super-aged society such as low-birthrate/aging population, isolation and loneliness of older adults, and cognitive diseases and the effects of aging on cognitive functions.

#### Course Contents

The following topics will be raised about the aging population:

1. Overview of psychology of older adults: An overview of the psychology of older adults, the state of the aging population in our country and foreign countries, and the issues of old age
2. Isolation and loneliness in old age
3. Understanding the effects on cognitive functions due to aging and the psychology of cognitive diseases

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD392&syllabuslink=1>

Course Title	Course 3		
Instructor	Takahashi Takashi		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH6910	Language	Japanese

#### Course Objectives

We will deepen our understanding through critical readings of the social safety net, particularly the guaranteed medical system through the aspects of economic growth, aging, and disparity using Asia for material.

#### Course Contents

First, students will select an area after determining their field of interest. In addition, through critical reading of texts you will understand the analytical framework for economic growth, aging, systematization, and disparity. Then, through in-class reports by students on specific countries/regions and issues as well as discussions, you will understand the opportunities for systematization and its development and issues.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD393&syllabuslink=1>

Course Title	Course 4		
Instructor	Shimada Hirosuke		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH6910	Language	Japanese

#### Course Objectives

Learn about the issues of QOL of children with disabilities and acceptance of obstacles to supporting that, understanding disabilities, career planning support (including job-hunting support), lifelong learning, and leisure time support, and deepen your understanding of the state of lifelong development support.

#### Course Contents

As individual factors, a feeling of self empowerment and acceptance of disabilities are keys to improving QOL. As environmental factors, acceptance of disabilities by those around you and society promotion are issues, and the linking the areas of care, medicine, labor, legislation, etc. is also indispensable. You will learn about these topics through reading the academic literature and audio-visual course materials.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD394&syllabuslink=1>

Course Title	Studies in Sports Wellness 1		
Instructor	Matsuo Tetsuya		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

The Olympics and Paralympics are social phenomena that reflect the economic, political, and social conditions of the times. In this course, while reading and discussing literature on the Olympic and Paralympic Games from various angles, the significance and meaning of the Olympic and Paralympic Games, the role they have played, and the possibilities and challenges of the Games will be studied.

#### Course Contents

In this course, students will read and review literature related to the Olympics and Paralympics from the viewpoints of "commercialism", "sports and politics", "race", "media", and "nationalism". Each time a theme is set, the student decides on the person in charge, and after carefully reading the specified documents, a resume is created and presented. Based on each presentation, the meaning and role of the Olympics and Paralympics, the future possibilities, and other issues will be discussed.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD451&syllabuslink=1>

Course Title	Studies in Sports Wellness 2		
Instructor	Nigorikawa Takashi		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

Understand what “wellness” is, and consider what it means for a person to be alive using the movie Gaia Symphony and the works of the photographer Michio Hoshino.

#### Course Contents

The movie Gaia Symphony is a documentary based the Gaia Theory, that is, the notion that the Earth is a single organism. This work, which weaves together beautiful imagery, music and pearls of wisdom is a bible for those who have a deep interest in environmental problems and the human spirit. The photographs and writings of Michio Hoshino provide important hints for thinking about environmental problems and the human spirit. In this class, we will discuss points such as what the relationship is between the natural environment and humans and the variety of ways to live, using these two resources.

#### Others

※Please refer to the “Syllabus & Class Schedule Search System” for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD452&syllabuslink=1>

Course Title	Studies in Sports Wellness 4		
Instructor	Ishiwata Takayuki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

Learn topics in sports physiology and neuroscience from papers in the academic literature in international journals and deepen your understanding of the working of physiology and neuroscience on performance and methods for improving this.

#### Course Contents

In this course, in addition to learning from textbooks and the literature on sports physiology and neuroscience in English, students will read an academic paper from an international journal of their choosing, present a summary, and then analyze and debate the contents thereof, with the purpose of supporting their main research activities.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD454&syllabuslink=1>

Course Title	Studies in Sports Wellness 5		
Instructor	Sano Nobuko		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

The goal is to learn the fundamentals for thinking about wellness from the perspective of gender, consider from the perspective of gender, topics such as health problems, health policy, and health education as seen from modern society, and develop your analytic skills.

#### Course Contents

Various problems surrounding wellness are evident in modern society, and those stemming from gender are not insignificant. For people to demand a higher level of wellness, various issues surrounding wellness need to be reevaluated from the perspective of gender. We will introduce new approaches to wellness through critical reading of the literature and debate.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD455&syllabuslink=1>

Course Title	Studies in Sports Wellness 6		
Instructor	Sugiura Katsumi		
Semester	Spring Semester 2	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

Gain an understanding of changes to nutritional demands that follow from metabolism during exercise based on the type, intensity, and length of exercise, and learn about the theory and application of nutrition education.

#### Course Contents

We will learn more deeply about the relationship between sports and nutrition through critical reading of college-level European/U.S. textbooks and research papers in English, and we will discuss the practical issues facing sports on the field and in the arena. We will also simultaneously explore the current state of research and dissemination of sports nutrition science overseas. Students should be familiar with the fundamentals of nutrition science and should be able to read English without much difficulty.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD456&syllabuslink=1>

Course Title	Studies in Sports Wellness 7		
Instructor	Kato Haruyasu		
Semester	Spring Semester 1	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

Sports medicine is not a field just practiced by medical practitioners such as doctors, but actually a very wide academic field that includes research into improving health and performance related to sports. The aim of this course is to learn about the various research problems and planning, using medical research as a base.

#### Course Contents

Students will select topics of their choice and then introduce related academic papers (English) in order to provide background explanation. Then, based on these topics, students will create a research theme for consideration and discuss it.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD457&syllabuslink=1>

Course Title	Studies in Sports Wellness 8		
Instructor	Oishi Kazuo		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

The aim of this class is to let students think about their research topics from the viewpoint of different fields, starting with psychology, to make new discoveries and uncover approaches with a broader mindset.

#### Course Contents

In specialized fields, the research methodology and frameworks are typically those that have been passed down within that field. However, it is not uncommon for new discoveries to be made or new ways of thinking to be uncovered when perspectives from other fields are introduced. In this course, students will learn through discussion how psychological phenomena relate to their research theme and the significance of that relationship. Course content will be tailored to meet student interests as necessary.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD458&syllabuslink=1>

Course Title	Studies in Sports Wellness 9		
Instructor	Tanaka Nobuyuki		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

The aim of this course is to confirm with several indexes to what extent physical exercise is meaningful to people with disabilities and people whose physical strength has degraded due to old age, employing a simple research-style seminar along with your fellow classmates.

#### Course Contents

We will consider what meaning physical exercise has for people who have a disability somewhere (including the elderly infirm) and what kind of exercise programs are in use. We will also consider research material, seminar style and hearing contributions from all students, concerning the current state and issues of sports, such as the Paralympics, for those with physical disabilities.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD459&syllabuslink=1>

Course Title	Studies in Sports Wellness 10		
Instructor	Yuki Wakako		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

Social awareness on the value of sport—in its broader sense of how we activate our mind and body—could have profound significance in our future. This course aims to cultivate a balanced view on what is the social value of sport, using current/historical case studies.

#### Course Contents

This course will evaluate the multifaceted 'value of sport' through practical case studies, using debate and presentations, beginning with the social legacies of 2020 Tokyo Olympic and Paralympic Games.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD460&syllabuslink=1>

Course Title	Studies in Sports Wellness 11		
Instructor	Yasumatsu Mikinobu		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

Learn about the current state of sports methodology research mainly through reading literature such as academic research in international journals and understand the contributions of sports methodology to sports wellness. In particular we will look at training and physical check methods for sports performance analysis and competition events to understand practical sports methodology research techniques.

#### Course Contents

In this course, students will read academic papers in international journals and present their contents and then interpret and discuss that content with the aim of supporting students' individual research activities.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD461&syllabuslink=1>

Course Title	Studies in Sports Wellness 12		
Instructor	Takahashi Yosio		
Semester	Spring Others	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

By acquiring basic knowledge in the field of sports wellness and reviewing previous research in this field, it is possible to understand typical theories and research approaches and analyze current issues in the field of sports wellness.

#### Course Contents

Introduces previous research in the field of sports wellness and explains typical theories and research approaches. In addition, each participant reviews and summarizes the research theme based on the lecture.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD462&syllabuslink=1>

Course Title	Studies in Sports Wellness 13		
Instructor	Kakuma Tsutomu		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

**Course Objectives****Course Contents****Others**

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD463&syllabuslink=1>

Course Title	Studies in Sports Wellness 14		
Instructor	Ishii Hideyuki		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

While learning research cases from the English academic literature in the biomechanics field, which is concerned with physical movements in sports and daily life, learn techniques for measuring and analyzing using biomechanics methodologies.

#### Course Contents

You will read research papers published in international academic journals on the biomechanics field and study about world-class research. In addition to lectures about research methods for biomechanics, you will use Excel and write programs to analyze body-movement data measured by a motion-capture system to learn about measurement and analysis methods using technology.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD464&syllabuslink=1>

Course Title	Studies in Sports Wellness 15		
Instructor	Leitner Katrin J.		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

This course will examine characteristics and issues of Japanese-style sport management from a comparison with foreign sport environment (sport organisations) and its management (methods). Students will deepen the understanding of basic theory in sport management and learn about its issues in an international context.

#### Course Contents

Using practical examples of management at various sport sites in Japan and mainly Western countries, this course tries to examine the current situation and issues of Japanese sport management from a global perspective. Furthermore, students will learn about international issues of sport management mainly through discussion accompanied by explanation about basic theoretical concepts of sport management. In addition, a part of class instruction will be conducted in English including reading & comprehension of English literature followed by discussion.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD465&syllabuslink=1>

Course Title	Studies in Sports Wellness 16		
Instructor	Yoshida Naruto		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH5410	Language	Japanese

#### Course Objectives

This course aims to study sports-related research methods from domestic and foreign papers, and to be able to use it in your own research activities by understanding the research methods.

#### Course Contents

Through this course, the students are expected to read the dissertation of the international journals and present the contents in order to support the student's voluntary research activities. In addition, the students will make presentations on their research so that they may improve their presentation skills. In addition, tour sports sites and explore research topics.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD466&syllabuslink=1>

Course Title	Seminar for master's thesis 2		
Instructor	Full Time Teacher		
Semester	Spring Semester	Credit	2 Credits
Course Number	CMH6620	Language	Japanese

#### Course Objectives

Gather pre-research materials and set down the framework of a thesis paper.

#### Course Contents

For the first 6 months after enrollment, you will learn fundamental research methods, how to select a theme and receive personalized advice about research topics in the Basic seminar for master's thesis run by the head of the master's program. After completing this, Research Instruction 1 begins in the first fall semester where you will choose an advisor. From then on until completion of your second year, you will progress in stages each semester through Research Instruction 2 and Research Instruction 3. While learning how to plan the basic framework for writing your master's thesis and how to logically structure your thesis, with the fundamental literature and advance research review for your research theme as background, you will advance through the process from setting your research theme to completion. Research Instruction 2 consists mainly of instruction in gathering advance material for research and setting the framework for your thesis.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD711&syllabuslink=1>

Course Title	Seminar for master's thesis 3		
Instructor	Full Time Teacher		
Semester	Fall Semester	Credit	2 Credits
Course Number	CMH6620	Language	Japanese

#### Course Objectives

Write your master's thesis.

#### Course Contents

For the first 6 months after enrollment, you will learn fundamental research methods, how to select a theme and receive personalized advice about research topics in the Basic seminar for master's thesis run by the head of the master's program. After completing this, Research Instruction 1 begins in the first fall semester where you will choose an advisor. From then on until completion of your second year, you will progress in stages each semester through Research Instruction 2 and Research Instruction 3. While learning how to plan the basic framework for writing your master's thesis and how to logically structure your thesis, with the fundamental literature and advance research review for your research theme as background, you will advance through the process from setting your research theme to completion. In Research Instruction 3, you will receive instruction about the actual writing of your thesis, building upon the knowledge acquired in Research Instruction 1 and 2.

#### Others

※Please refer to the "Syllabus & Class Schedule Search System" for details including course schedule, evaluations, textbooks and others.

<URL>

<https://sy.rikkyo.ac.jp/timetable/slbssbdr.do?clearAccessData=true&risyunen=2020&semekikn=1&kougicd=VD812&syllabuslink=1>

